

UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2025 P 1324-7
Program	Prior Authorization – Notification
Medication	Palforzia [Peanut ( <i>Arachis hypogaea</i> ) Allergen Powder-dnfp]
P&T Approval Date	8/2020, 8/2021, 3/2022, 3/2023, 3/2024, 3/2025, 4/2025
Effective Date	7/1/2025

**1. Background:**

Palforzia [Peanut (*Arachis hypogaea*) Allergen Powder-dnfp] is an oral immunotherapy indicated for the mitigation of allergic reactions, including anaphylaxis, that may occur with accidental exposure to peanuts. Palforzia is approved for use in patients with a confirmed diagnosis of peanut allergy. Initial dose escalation may be administered to patients aged 1 through 17 years. Up-dosing and maintenance may be continued in patients 1 year of age and older. Palforzia is to be used in conjunction with a peanut-avoidant diet.

**2. Coverage Criteria<sup>a</sup>:****A. Initial Authorization****1. Palforzia** will be approved based on the following criteria:**a.** Diagnosis of peanut allergy as documented by **both** of the following:

- (1) A serum peanut-specific IgE level of greater than or equal to 0.35 kUA/L
- (2) A mean wheal diameter that is at least 3mm larger than the negative control on skin-prick testing for peanut

- AND -

**b. One** of the following**(1) Both** of the following

- (a) Patient is 1 to 17 years of age
- (b) Patient is in the initial dose escalation phase therapy

-OR-

**(2) Both** of the following:

- (a) Patient is 1 year of age and older
- (b) Patient is in the up-dosing or maintenance phase of therapy

-AND-

c. Used in conjunction with a peanut-avoidant diet

**Authorization will be issued for 12 months.**

## **B. Reauthorization**

1. **Palforzia** will be approved based on the following criteria:

a. Documentation of positive clinical response to Palforzia therapy

**-AND-**

b. Used in conjunction with a peanut-avoidant diet

**Authorization will be issued for 12 months.**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

## **3. Additional Clinical Programs:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Prior Authorization-Medical Necessity may apply
- Supply limits may apply

## **4. References:**

1. The PALISADE Group of Clinical Investigators. AR101 Oral Immunotherapy for Peanut Allergy. *N Engl J Med.* 379(21):1991-2001.
2. Palforzia [prescribing information]. Bridgewater, NJ: Aimmune Therapeutics, Inc.; July 2024.

Program	Prior Authorization – Notification – Palforzia
<b>Change Control</b>	
8/2020	New program.
8/2021	Annual review. No changes.
3/2022	No changes.
3/2023	Annual review. Added mandate language.
3/2024	Annual review. Updated references.
3/2025	Annual review. No changes.
4/2025	Updated age range based on update to prescribing information.