

UnitedHealthcare Pharmacy
Clinical Pharmacy Programs

Program Number	2025 P 2139-10
Program	Prior Authorization/Medical Necessity
Medication	Symdeko® (tezacaftor/ivacaftor)
P&T Approval Date	2/2018, 2/2019, 8/2019, 8/2020, 8/2021, 8/2022, 6/2023, 6/2024, 6/2025
Effective Date	9/1/2025

1. Background:

Symdeko is a combination of tezacaftor and ivacaftor, indicated for the treatment of patients with cystic fibrosis (CF) age 6 years and older who are homozygous for the F508del mutation or who have at least one mutation in the cystic fibrosis transmembrane conductance regulator (CFTR) gene that is responsive to tezacaftor/ivacaftor based on *in vitro* data and/or clinical evidence.

If the patient's genotype is unknown, an FDA-cleared CF mutation test should be used to detect the presence of a CFTR mutation followed by verification with bi-directional sequencing when recommended by the mutation test instructions for use.

Members will be required to meet the coverage criteria below.

2. Coverage Criteria^a:

A. Initial Authorization

1. **Symdeko** will be approved based upon **all** of the following criteria:

a. Diagnosis of cystic fibrosis (CF)

-AND-

b. Submission of laboratory results documenting **one** of the following:

(1) The patient is homozygous for the F508del mutation in the CFTR gene.

-OR-

(2) The patient has at least **one** of the following mutations in the CFTR gene that is responsive to Symdeko[^]:

[^]List of CFTR gene mutations responsive to Symdeko. A complete up to date list of responsive mutations can be referenced in the Symdeko Prescribing Information.

546insCTA	E92K	G576A	L346P	R117G	S589N
711+3A→G *	E116K	G576A; R668C †	L967S	R117H	S737F

2789+5G→ A*	E193K	G622D	L997F	R117L	S912L
3272- 26A→G*	E403D	G970D	L1324P	R117P	S945L *
3849+10kbC →T *	E588V	G1069R	L1335P	R170H	S977F*
A120T	E822K	G1244E	L1480P	R258G	S1159F
A234D	E831X	G1249R	M152V	R334L	S1159P
A349V	F191V	G1349D	M265R	R334Q	S1251N
A455E *	F311del	H939R	M952I	R347H *	S1255P
A554E	F311L	H1054D	M952T	R347L	T338I
A1006E	F508C	H1375P	P5L	R347P	T1036N
A1067T	F508C; S1251N †	I148T	P67L *	R352Q *	T1053I
D110E	F508del ‡	I175V	P205S	R352W	V201M
D110H *	F575Y	I336K	Q98R	R553Q	V232D
D192G	F1016S	I601F	Q237E	R668C	V562I
D443Y	F1052V	I618T	Q237H	R751L	V754M
D443Y; G576A; R668C †	F1074L	I807M	Q359R	R792G	V1153E
D579G *	F1099L	I980K	Q1291R	R933G	V1240G
D614G	G126D	I1027T	R31L	R1066H	V1293G
D836Y	G178E	I1139V	R74Q	R1070Q	W1282R
D924N	G178R	I1269N	R74W	R1070W *	Y109N
D979V	G194R	I1366N	R74W; D1270N †	R1162L	Y161S
D1152H *	G194V	K1060T	R74W; V201M †	R1283M	Y1014C

D1270N	G314E	L15P	R74W; V201M; D1270N †	R1283S	Y1032C
E56K	G551D	L206W *	R75Q	S549N	
E60K	G551S	L320V	R117C *	S549R	

* Clinical data for these mutations in Clinical Studies.
† Complex/compound mutations where a single allele of the CFTR gene has multiple mutations; these exist independent of the presence of mutations on the other allele.

-AND-

c. Prescribed by or in consultation with a provider who specializes in the treatment of CF

Authorization will be issued for 12 months.

B. Reauthorization

1. **Symdeko** will be approved based on the following criterion:

a. Documentation of positive clinical response to Symdeko therapy (e.g., improved lung function, stable lung function)

Authorization will be issued for 12 months.

^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

4. References:

1. Symdeko [Package Insert]. Boston, MA: Vertex Pharmaceuticals, Inc.; August 2023.

Program	Prior Authorization/Medical Necessity – Symdeko (tezacaftor/ivacaftor)
Change Control	
2/2018	New program
3/2018	Administrative change to correct typo.
2/2019	Annual review. No changes to coverage criteria.

8/2019	Updated coverage criteria according to label. Updated background and reference.
8/2020	Annual review with no changes to coverage criteria. Updated reference.
8/2021	Annual review. Updated with most recent approved mutation table. Decreased re-authorization to 12 months. Updated reference.
8/2022	Annual review. Removed age criteria. Updated reference.
6/2023	Updated prescriber requirement and simplified reauthorization criteria.
6/2024	Annual review. Updated initial authorization approval duration to 12 months. Simplified reauthorization criteria. Updated reference.
6/2025	Annual review. No changes to coverage criteria. Added notation in the CFTR gene mutations table.