

UnitedHealthcare Pharmacy
Clinical Pharmacy Programs

Program Number	2021 P 1230-5
Program	Prior Authorization/Notification
Medication	Tremfya [®] (guselkumab)
P&T Approval Date	9/2017, 9/2018, 9/2019, 9/2020, 9/2021
Effective Date	12/1/2021; Oxford only: N/A

1. Background:

Tremfya (guselkumab) is an interleukin-23 blocker indicated for the treatment of adult patients with moderate-to-severe plaque psoriasis who are candidates for systemic therapy or phototherapy. Tremfya is also indicated for the treatment of adult patients with active psoriatic arthritis.

2. Coverage Criteria:

A. Plaque Psoriasis

1. Initial Authorization

a. Tremfya will be approved based on **both** of the following criteria:

(1) Diagnosis of moderate to severe plaque psoriasis

-AND-

(2) Patient is not receiving Tremfya in combination with **any** of the following:

- (a) Biologic DMARD [e.g., Enbrel (etanercept), Humira (adalimumab), Cimzia (certolizumab), Simponi (golimumab)]
- (b) Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
- (c) Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

Authorization will be issued for 12 months.

2. Reauthorization

a. Tremfya will be approved based on **both** of the following criteria:

(1) Documentation of positive clinical response to Tremfya therapy

-AND-

(2) Patient is not receiving Tremfya in combination with **any** of the following:

- (a) Biologic DMARD [e.g., Enbrel (etanercept), Humira (adalimumab), Cimzia (certolizumab), Simponi (golimumab)]
- (b) Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
- (c) Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

Authorization will be issued for 12 months.

B. Psoriatic Arthritis

1. Initial Authorization

a. Tremfya will be approved based on **both** of the following criteria:

(1) Diagnosis of active psoriatic arthritis

-AND-

(2) Patient is not receiving Tremfya in combination with **any** of the following:

- (a) Biologic DMARD [e.g., Enbrel (etanercept), Humira (adalimumab), Cimzia (certolizumab), Simponi (golimumab)]
- (b) Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
- (c) Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

Authorization will be issued for 12 months.

2. Reauthorization

a. Tremfya will be approved based on **both** of the following criteria:

(1) Documentation of positive clinical response to Tremfya therapy

-AND-

(2) Patient is not receiving Tremfya in combination with **any** of the following:

- (a) Biologic DMARD [e.g., Enbrel (etanercept), Humira (adalimumab), Cimzia (certolizumab), Simponi (golimumab)]
- (b) Janus kinase inhibitor [e.g., Xeljanz (tofacitinib)]
- (c) Phosphodiesterase 4 (PDE4) inhibitor [e.g. Otezla (apremilast)]

Authorization will be issued for 12 months.

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits, Step Therapy, and/or Medical Necessity may be in place.

4. Reference:

1. Tremfya [package insert]. Horsham, PA: Janssen Biotech Inc.; July 2020.

Program	Prior Authorization/Notification - Tremfya (guselkumab)
Change Control	
9/2017	New program
9/2018	Annual review. No changes.
9/2019	Annual review. No changes.
9/2020	Annual review. Changed psoriasis reauthorization duration to 12 months. Added review criteria for psoriatic arthritis. Updated background and reference.
9/2021	Annual review with no change to coverage criteria.