

Specialty Medication Prior Authorization Cover Sheet

(This cover sheet should be submitted along with a Pharmacy Prior Authorization Medication Fax Request Form. Please refer to www.uhccommunityplan.com for medication fax request forms.)

Patient Information

Patient's Name: _____

Insurance ID: _____ Date of Birth: _____ Height: _____ Weight: _____

Address: _____ Apartment #: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Alternate Phone: _____ Sex: Male Female

Provider Information

Provider's Name: _____ Provider ID Number: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Suite Number: _____ Building Number: _____

Phone Number: _____ Fax number: _____

Provider's Specialty: _____

Medication Information

Medication: _____ Quantity: _____ ICD10 Code: _____

Directions: _____ Diagnosis: _____ Refills: _____

Physician Signature:** _____ **DAW (Initial here):** _____

*Physician Signature**:* By signing above, the physician is providing the specialty pharmacy with a prescription that can be used to facilitate the dispensing and/or coordination of delivery for the requested medication.

Medication Instructions

Has the patient been instructed on how to **Self-Administer**? Yes No

Is this medication a **New Start**? Yes No

If **NO** please provide the following: Initiation Date: / / Date of Last Dose: / /

****Please attach any pertinent clinical information that would pertain to support stated diagnosis. Additional clinical information may be needed depending on your patients plan, including medication(s) previously tried and failed**

Delivery Instructions

Note: Delivery coordination requires a **"Physician Signature"** above and complete **"Provider Information"** and **"Patient Information"**

Note: All necessary ancillary supplies are provided free of charge to the patient at the time of delivery

Ship to: Physician's Office Patient's Address Date medication is needed: / /

Medication Administered: Home Health Self Administered LTC Physician's Office

Human Growth Hormone, Growth Stimulating Products PRIOR AUTHORIZATION REQUEST FORM

Please complete this entire form and fax it to: **866-940-7328**. If you have questions, please call **800-310-6826**.
This form contains multiple pages. Please complete all pages to avoid a delay in our decision.
Allow at least 24 hours for review.

Section A – Member Information

First Name:	Last Name:	Member ID:
Address:		
City:	State:	ZIP Code:
Phone:	DOB:	Allergies:
Primary Insurance:	Policy #:	Group #:

Is the requested medication New or Continuation of Therapy? If continuation, list start date: _____
 Is this patient currently hospitalized? Yes No If recently discharged, list discharge date: _____

Section B - Physician Information

First Name:	Last Name:	M.D./D.O.
Address:	City:	State: ZIP code:
Phone:	Fax:	NPI #: Specialty:
Office Contact Name / Fax attention to:		

Section C - Medical Information

Medication:	Strength:
Directions for use:	Quantity:
Diagnosis (Please be specific & provide as much information as possible):	ICD-10 CODE:

Is this member pregnant? Yes No If yes, what is this member's due date? _____

Section D – Previous Medication Trials

Medications	Strength	Directions	Dates of Therapy	Reason for failure / discontinuation

Section E – Additional information and Explanation of why preferred medications would not meet the patient's needs: Please refer to the patient's PDL for a list of preferred alternatives

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Clinical and Drug Specific Information

All Requests including Growth Failure Associated with Chronic Renal Insufficiency AND Prader-Willi

- What is the indication for this medication? (check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> Pediatric growth hormone deficiency
<input type="checkbox"/> Growth failure in children small for gestational age (SGA)
<input type="checkbox"/> Noonan syndrome
<input type="checkbox"/> Transition phase adolescent patient
<input type="checkbox"/> Severe primary IGF-1 deficiency
<input type="checkbox"/> Pediatric growth failure with short-stature homeobox (SHOX) gene deficiency
<input type="checkbox"/> Human Immunodeficiency Virus (HIV)-associated wasting syndrome or cachexia | <input type="checkbox"/> Prader-Willi syndrome
<input type="checkbox"/> Turner syndrome (gonadal dysgenesis)
<input type="checkbox"/> Adult growth hormone deficiency
<input type="checkbox"/> Short bowel syndrome
<input type="checkbox"/> Growth hormone gene deletion
<input type="checkbox"/> Pediatric growth failure associated with chronic renal insufficiency

<input type="checkbox"/> Other, List: _____ |
|--|---|

- If applicable, is the patient Tanner Stage 3 or greater? Yes No

- Has the patient been evaluated by one of the following: Endocrinologist Nephrologist N/A

- Does the request include a current growth chart and results of all required diagnostic testing? Yes No
(please attach documentation)

- What is the patient's bone age? _____ **Date of Bone Age Study:** _____

- Does the patient have open epiphyses? Yes No

- If the requested medication is non-preferred, is there a reason or special circumstance that the patient must be treated with a non-preferred medication? Yes No

If yes, explain: _____

(Refer to the Reauthorization Section for Continuation of Care Requests)

Requests for Pediatric Growth Hormone Deficiency (GHD)

- Is the infant <4 months of age with growth deficiency? Yes No

- Is there a diagnosis of panhypopituitarism? Yes No

- Is there a history of neonatal hypoglycemia associated with pituitary disease? Yes No

- Is the patient's projected height (as determined by extrapolating pre-treatment growth trajectory along current channel to the 18-20 year mark) >2.0 standard deviations [SD] below midparental height utilizing age and gender growth charts related to height? Yes No

- Is the patient's height >2.25 SD below population mean (below the 1.2 percentile for age and gender) utilizing age and gender growth charts related to height? Yes No

- Does the patient have growth velocity >2 SD below mean for age and gender? Yes No

- Does the patient have delayed skeletal maturation of >2 SD below mean for age and gender (e.g. delayed >2 years compared with chronological age)? Yes No

- Is there submission of medical records (e.g., chart notes, laboratory values) documenting the patient has undergone any of the following provocative growth hormone (GH) stimulation tests: Yes No
(check all that apply)

- Arginine Clonidine Glucagon Insulin Levodopa Growth hormone releasing hormone

- List two Growth Hormone response values: _____ mcg/L _____ mcg/L

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- Is one of the following below the age and gender adjusted normal range as provided by the physician's lab:
- Insulin-like growth factor 1 (IGF-1/somatomedin-C)
 - Insulin growth factor binding protein-3 (IGFBP-3)

Requests for Growth Failure in Children Small for Gestational Age (SGA)

- Is there demonstration of catch up growth failure in the first 24 months of life using a 0-36 month growth chart? Yes No
- Is one of the following below 3rd percentile for gestational age (more than 2 SD below population mean): Yes No (check which applies)
- Birth weight Birth length
- Does the patient's height remain \leq 3rd percentile (more than 2 SD below population mean)? Yes No
 If yes, list height: _____ Date: _____

Requests for Turner Syndrome & Noonan Syndrome

- Is the patient's height below the fifth percentile on growth charts for age and gender? Yes No
 If yes, list height: _____ Date: _____

Requests for Short Stature Homeobox (SHOX) Gene Deficiency

- Is the diagnosis confirmed by genetic testing? Yes No

Requests for Adult Growth Hormone Deficiency

- Are there clinical records supporting a diagnosis of childhood-onset growth hormone deficiency? Yes No
- Are there clinical records documenting that hormone deficiency is a result of hypothalamic-pituitary disease from organic or known causes? Yes No
 If yes, list cause: _____

- Is there submission of medical records (e.g., chart notes, laboratory values) documenting the patient has undergone one of the following GH stimulation tests to confirm adult GH deficiency: Yes No

- | | |
|---|---|
| <input type="checkbox"/> Insulin tolerance test (ITT) | <input type="checkbox"/> Arginine & GHRH (GHRH+ARG) |
| <input type="checkbox"/> Glucagon | <input type="checkbox"/> Arginine (ARG) |
| <input type="checkbox"/> Macrilen (macimorelin) | |

- Did the test result in one of the following peak GH values: Yes No

- | | |
|---|--|
| <input type="checkbox"/> ITT \leq 5 μ g/L | <input type="checkbox"/> Glucagon \leq 3 μ g/L |
| <input type="checkbox"/> GHRH+ARG | <input type="checkbox"/> ARG \leq 0.4 μ g/L |
| - If patient BMI < 25kg/m ² : \leq 11 μ g/L | <input type="checkbox"/> Macimorelin < 2.8 ng/mL 30, 45, 60, and 90 minutes following macimorelin administration |
| - If patient BMI \geq 25kg/m ² and <30kg/m ² : \leq 8 μ g/L | |
| - If patient BMI \geq 30kg/m ² : \leq 4 μ g/L | |

If yes, list test and result (and BMI if applicable): _____

- Is there submission of medical records (e.g., chart notes, laboratory values) documenting deficiency of any of the following anterior pituitary hormones: Yes No (check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Prolactin | <input type="checkbox"/> Adrenocorticotrophic hormone (ACTH) |
| <input type="checkbox"/> Thyroid stimulating hormone (TSH) | <input type="checkbox"/> Follicle-stimulating hormone/luteinizing hormone (FSH/LH) |

- Is IGF-1/Somatomedin-C level below the age and gender adjusted normal range as provided by the physician's lab? Yes No If yes, list IGF-1/Somatomedin-C level and date: _____

- Will this be used in combination with aromatase inhibitors? Yes No

- Will this be used in combination with androgens? Yes No

Requests for Transition Phase Adolescent Patient

- Has the patient attained expected adult height? Yes No

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- Is there submission of medical records (e.g., chart notes, laboratory values) documenting high risk of Growth Hormone deficiency due to GH deficiency in childhood from one of the following: Yes No
 - Embryopathic/congenital defects
 - Genetic mutations
 - Irreversible structural hypothalamic-pituitary disease
 - Panhypopituitarism
 - Deficiency of three of the following anterior pituitary hormones:
 - ACTH TSH Prolactin FSH/LH
- Is IGF-1/Somatomedin-C level below the age and gender adjusted normal range as provided by the physician's lab? Yes No
- Has the patient undergone one of the following GH stimulation tests after discontinuation of GH therapy for at least 1 month? Yes No (check which apply) Test Date: _____
 - ITT GHRH+ARG ARG Glucagon
- Did the test result in one of the following peak GH values:
 - ITT $\leq 5\mu\text{g/L}$ Glucagon $\leq 3\mu\text{g/L}$
 - GHRH+ARG
 - If patient BMI $< 25\text{kg/m}^2$: $\leq 11\mu\text{g/L}$
 - If patient BMI $\geq 25\text{kg/m}^2$ and $< 30\text{kg/m}^2$: $\leq 8\mu\text{g/L}$
 - If patient BMI $\geq 30\text{kg/m}^2$: $\leq 4\mu\text{g/L}$
 - ARG $\leq 0.4\mu\text{g/L}$
- Is the patient at low risk of severe GH deficiency (e.g. due to isolated and/or idiopathic GH deficiency)? Yes No

Requests for HIV-Associated Cachexia

- Is there documentation of one of the following: Yes No (check which apply)
 - Unintentional weight loss $>10\%$ over the last 12 months Unintentional weight loss of $>7.5\%$ over the last 6 months
 - Loss of 5% body cell mass (BCM) within 6 months Body mass index (BMI) $< 20 \text{ kg/m}^2$
- List patient's BMI: _____ kg/m^2 & BCM: _____ %
- Has a nutritional evaluation has been completed since onset of wasting first occurred? Yes No
Date of Evaluation: _____
- Has the patient had weight loss as a result of other underlying treatable conditions? Yes No
- Has the patient's anti-retroviral therapy been optimized to decrease the viral load? Yes No

Requests for Short Bowel Syndrome

- Is the patient currently receiving specialized nutritional support? Yes No
- Has the patient previously received 4 weeks of treatment with Zorbitive? Yes No

Requests for Severe Primary IGF-1 Deficiency/Growth Hormone Gene Deletion

- Is there documentation of all of the following: Yes No (check which apply)
 - Height standard deviation score ≤ -3.0
 - Basal IGF-1 standard deviation score ≤ -3.0
 - Normal or elevated growth hormone levels
 - Open epiphyses on the last bone radiograph
- List Height: _____ Date: _____
- Will the patient be treated with concurrent growth hormone therapy? Yes No
- Does the patient have all of the following: Yes No (check which apply)
 - The patient has developed neutralizing antibodies to growth hormone
 - Open epiphyses on the last bone radiograph

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Reauthorization Requests

Reauthorization Requests for PEDIATRIC GROWTH HORMONE DEFICIENCY, GROWTH FAILURE ASSOCIATED WITH CHRONIC RENAL INSUFFICIENCY, AND PRADER –WILLI:

- Was there a height increase of at least 2 cm/year over the previous year of treatment as documented by **both** of the following: Yes No
 - Previous height and date obtained: _____
 - Current height and date obtained: _____

- Is there submission of medical records (e.g., chart notes, laboratory values) documenting calculated height (growth) velocity over the past 12 months? Yes No
List height (growth) velocity: _____

- Was expected adult height **not** attained, with documentation of expected adult height goal (e.g. genetic potential)? Yes No If yes, list expected adult height goal: _____

- Is there evidence of positive response to therapy (e.g. increase in total lean body mass, decrease in fat mass)? Yes No
If yes, list response: _____

Reauthorization Requests for GROWTH FAILURE IN CHILDREN SMALL FOR GESTATIONAL AGE (SGA)/TURNER SYNDROME/NOONAN SYNDROME/SHORT STATURE HOMEBOX GENE DEFICIENCY (SHOX):

- Was there a height increase of at least 2 cm/year over the previous year of treatment as documented by **both** of the following: Yes No
 - Previous height and date obtained: _____
 - Current height and date obtained: _____

- Was expected adult height **not** attained, with documentation of expected adult height goal (e.g. genetic potential)? Yes No If yes, list expected adult height goal: _____

Reauthorization Requests for ADULT GROWTH HORMONE DEFICIENCY:

- Is there documentation within the past 12 months of an IGF-1/Somatomedin C level? Yes No
If yes, list level and date: _____

- Does the patient have a diagnosis of panhypopituitarism?

- Will this be used in combination with aromatase inhibitors?

- Will this be used in combination with androgens?

Reauthorization Requests for TRANSITION PHASE ADOLESCENT PATIENT:

- Is there documentation of a positive response to therapy (e.g. increase in total lean body mass, exercise capacity, or IGF-1 and IGFBP-3 levels)? Yes No

Reauthorization Requests for HIV-ASSOCIATED CACHEXIA:

- Is there evidence of positive response to therapy (i.e., greater than or equal to 2% increase in body weight and/or BCM)? Yes No

- Has **one** of the following targets or goals **not** been achieved? Yes No (check which apply)
 - Weight BCM BMI

Reauthorization Requests for SEVERE PRIMARY IGF-1 DEFICIENCY/GROWTH HORMONE GENE DELETION:

- Was there a height increase of at least 2 cm/year over the previous year of treatment as documented by **both** of the following: Yes No
 - Previous height and date obtained: _____
 - Current height and date obtained: _____

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Reauthorization Requests for SEVERE PRIMARY IGF-1 DEFICIENCY/GROWTH HORMONE GENE DELETION: (cont'd)

- Was expected adult height not attained, with documentation of expected adult height goal (e.g. genetic potential)? Yes No

If yes, list expected adult height goal: _____

Physician Signature: _____ **Date:** _____

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