

Specialty Medication Prior Authorization Cover Sheet

(This cover sheet should be submitted along with a Pharmacy Prior Authorization Medication Fax Request Form. Please refer to www.uhccommunityplan.com for medication fax request forms.)

Patient Information

Patient's Name: _____

Insurance ID: _____ Date of Birth: _____ Height: _____ Weight: _____

Address: _____ Apartment #: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ Alternate Phone: _____ Sex: Male Female

Provider Information

Provider's Name: _____ Provider ID Number: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Suite Number: _____ Building Number: _____

Phone Number: _____ Fax number: _____

Provider's Specialty: _____

Medication Information

Medication: _____ Quantity: _____ ICD10 Code: _____

Directions: _____ Diagnosis: _____ Refills: _____

Physician Signature**: _____ DAW (Initial here): _____

*Physician Signature***: By signing above, the physician is providing the specialty pharmacy with a prescription that can be used to facilitate the dispensing and/or coordination of delivery for the requested medication.

Medication Instructions

Has the patient been instructed on how to **Self-Administer**? Yes No

Is this medication a **New Start**? Yes No

If **NO** please provide the following: Initiation Date: / / Date of Last Dose: / /

****Please attach any pertinent clinical information that would pertain to support stated diagnosis. Additional clinical information may be needed depending on your patients plan, including medication(s) previously tried and failed**

Delivery Instructions

Note: Delivery coordination requires a **"Physician Signature"** above and complete **"Provider Information"** and **"Patient Information"**

Note: All necessary ancillary supplies are provided free of charge to the patient at the time of delivery

Ship to: Physician's Office Patient's Address Date medication is needed: / /

Medication Administered: Home Health Self Administered LTC Physician's Office

**Human Growth Hormone,
Growth Stimulating Products
PRIOR AUTHORIZATION REQUEST FORM**

Please complete this entire form and fax it to: **866-940-7328**. If you have questions, please call **800-310-6826**.
This form contains multiple pages. Please complete all pages to avoid a delay in our decision.
Allow at least 24 hours for review.

Section A – Member Information

First Name:	Last Name:	Member ID:
Address:		
City:	State:	ZIP Code:
Phone:	DOB:	Allergies:
Primary Insurance:	Policy #:	Group #:

Is the requested medication New or Continuation of Therapy? If continuation, list start date: _____
 Is this patient currently hospitalized? Yes No If recently discharged, list discharge date: _____

Section B - Physician Information

First Name:	Last Name:			M.D./D.O.
Address:		City:	State:	ZIP code:
Phone:	Fax:	NPI #:	Specialty:	
Office Contact Name / Fax attention to:				

Section C - Medical Information

Medication:	Strength:
Directions for use:	Quality:
Diagnosis (Please be specific & provide as much information as possible):	ICD-10 CODE:

Is this member pregnant? Yes No If yes, what is this member's due date? _____

Section D – Previous Medication Trials

Medication Name	Strength	Directions	Dates of Therapy	Reason for failure / discontinuation

**Section E – Additional information and Explanation of why preferred medications would not meet the patient's needs:
Please refer to the patient's PDL for a list of preferred alternatives**

**Human Growth Hormone,
Growth Stimulating Products
PRIOR AUTHORIZATION REQUEST FORM**

Member First name:	Member Last name:	Member DOB:
--------------------	-------------------	-------------

Clinical and Drug Specific Information

All Requests including Growth Failure Associated with Chronic Insufficiency AND Prader-Willi

- What is the indication for this medication? (check all that apply)

<input type="checkbox"/> Pediatric growth hormone deficiency	<input type="checkbox"/> Prader-Willi syndrome
<input type="checkbox"/> Growth failure in children small for gestational age (SGA)	<input type="checkbox"/> Turner syndrome (gonadal dysgenesis)
<input type="checkbox"/> Noonan syndrome	<input type="checkbox"/> Adult growth hormone deficiency
<input type="checkbox"/> Transition phase adolescent patient	<input type="checkbox"/> Short bowel syndrome
<input type="checkbox"/> Severe primary IGF-1 deficiency	<input type="checkbox"/> Growth hormone gene deletion
<input type="checkbox"/> Pediatric growth failure with short-stature homeobox (SHOX) gene deficiency	<input type="checkbox"/> Pediatric growth failure associated with chronic renal insufficiency
<input type="checkbox"/> Human Immunodeficiency Virus (HIV)-associated wasting syndrome or cachexia	<input type="checkbox"/> Other, List: _____
- If applicable, is the patient Tanner Stage 3 or greater? Yes No
- Has the patient been evaluated by one of the following: Endocrinologist Nephrologist N/A
- Does the request include a current growth chart and results of all required diagnostic testing? Yes No (please attach documentation)
- What is the patient's bone age? _____ Date of Bone Age Study: _____
- Does the patient have open epiphyses? Yes No
- If the requested medication is non-preferred, is there a reason or special circumstance that the patient must be treated with a non-preferred medication? Yes No
If yes, explain: _____

**** (Refer to the Reauthorization Section for Continuation of Care Requests) ****

Requests for Pediatric Growth Hormone Deficiency

- Is the infant <4 months of age with growth deficiency? Yes No
- Is there a diagnosis of panhypopituitarism? Yes No
- Is there a history of neonatal hypoglycemia associated with pituitary disease? Yes No
- Is the patient's projected height (as determined by extrapolating pre-treatment growth trajectory along current channel to the 18-20 year mark) >2.0 standard deviations [SD] below midparental height utilizing age and gender growth charts related to height? Yes No
- Is the patient's height >2.25 SD below population mean (below the 1.2 percentile for age and gender) utilizing age and gender growth charts related to height? Yes No
- Does the patient have growth velocity >2 SD below mean for age and gender? Yes No
- Does the patient have delayed skeletal maturation of >2 SD below mean for age and gender (e.g. delayed >2 years compared with chronological age)? Yes No
- Is there submission of medical records (e.g., chart notes, laboratory values) documenting the patient has undergone any of the following provocative growth hormone (GH) stimulation tests: Yes No (check all that apply)

<input type="checkbox"/> Arginine	<input type="checkbox"/> Clonidine	<input type="checkbox"/> Glucagon	<input type="checkbox"/> Insulin	<input type="checkbox"/> Levodopa	<input type="checkbox"/> Growth hormone releasing hormone
-----------------------------------	------------------------------------	-----------------------------------	----------------------------------	-----------------------------------	---
- List two Growth Hormone response values: _____ mcg/L _____ mcg/L
- Is one of the following below the age and gender adjusted normal range as provided by the physician's lab:
 - Insulin-like growth factor 1 (IGF-1/somatomedin-C)
 - Insulin growth factor binding protein-3 (IGFBP-3)

**** (Refer to the Reauthorization Section for Continuation of Care Requests) ****

Human Growth Hormone, Growth Stimulating Products PRIOR AUTHORIZATION REQUEST FORM

Member First name:	Member Last name:	Member DOB:
--------------------	-------------------	-------------

Requests for Growth Failure in Children Small for Gestational Age (SGA)

- Is there demonstration of catch up growth failure in the first 24 months of life using a 0-36 month growth chart?
 Yes No
 - Is one of the following below 3rd percentile for gestational age (more than 2 SD below population mean):
 Yes No (check which applies)
 Birth weight Birth length
 - Does the patient's height remain \leq 3rd percentile (more than 2 SD below population mean)? Yes No
If yes, list height: _____ Date: _____
- **(Refer to the Reauthorization Section for Continuation of Care Requests)**

Requests for Turner Syndrome & Noonan Syndrome

- Is the patient's height below the fifth percentile on growth charts for age and gender? Yes No
If yes, list height: _____ Date: _____
- **(Refer to the Reauthorization Section for Continuation of Care Requests)**

Requests for Short Stature Homeobox (SHOX) Gene Deficiency

- Is the diagnosis confirmed by genetic testing? Yes No
- **(Refer to the Reauthorization Section for Continuation of Care Requests)**

Requests for Adult Growth Hormone Deficiency

- Are there clinical records supporting a diagnosis of childhood-onset growth hormone deficiency? Yes No
 - Are there clinical records documenting that hormone deficiency is a result of hypothalamic-pituitary disease from organic or known causes? Yes No
If yes, list cause: _____
 - Is there submission of medical records (e.g., chart notes, laboratory values) documenting the patient has undergone one of the following GH stimulation tests to confirm adult GH deficiency: Yes No
 - Insulin tolerance test (ITT) Arginine & GHRH (GHRH+ARG)
 - Glucagon Arginine (ARG)
 - Macrilen (macimorelin)
 - Did the test result in one of the following peak GH values: Yes No
 - ITT \leq 5 μ g/L Glucagon \leq 3 μ g/L
 - GHRH+ARG ARG \leq 0.4 μ g/L
 - If patient BMI < 25kg/m²: \leq 11 μ g/L Macimorelin < 2.8 ng/mL 30, 45, 60, and 90 minutes following macimorelin administration
 - If patient BMI \geq 25kg/m² and <30kg/m²: \leq 8 μ g/L
 - If patient BMI \geq 30kg/m²: \leq 4 μ g/L
 - If yes, list test and result (and BMI if applicable): _____
 - Is there submission of medical records (e.g., chart notes, laboratory values) documenting deficiency of any of the following anterior pituitary hormones: Yes No (check all that apply)
 - Prolactin Adrenocorticotrophic hormone (ACTH)
 - Thyroid stimulating hormone (TSH) Follicle-stimulating hormone/luteinizing hormone (FSH/LH)
 - Is IGF-1/Somatomedin-C level below the age and gender adjusted normal range as provided by the physician's lab? Yes No If yes, list IGF-1/Somatomedin-C level and date: _____
 - Will this be used in combination with aromatase inhibitors? Yes No
 - Will this be used in combination with androgens? Yes No
- **(Refer to the Reauthorization Section for Continuation of Care Requests)**

Human Growth Hormone, Growth Stimulating Products PRIOR AUTHORIZATION REQUEST FORM

Member First name:	Member Last name:	Member DOB:
--------------------	-------------------	-------------

Requests for Transition Phase Adolescent Patient

- Has the patient attained expected adult height? Yes No
 - Is there submission of medical records (e.g., chart notes, laboratory values) documenting high risk of Growth Hormone deficiency due to GH deficiency in childhood from one of the following: Yes No
 - Embryopathic/congenital defects
 - Genetic mutations
 - Irreversible structural hypothalamic-pituitary disease
 - Panhypopituitarism
 - Deficiency of three of the following anterior pituitary hormones:
 - ACTH TSH Prolactin FSH/LH
 - Is IGF-1/Somatomedin-C level below the age and gender adjusted normal range as provided by the physician's lab? Yes No If yes, list IGF-1/Somatomedin-C level and date: _____
 - Has the patient undergone one of the following GH stimulation tests after discontinuation of GH therapy for at least 1 month? Yes No (check which apply) Test Date: _____
 - ITT GHRH+ARG ARG Glucagon
 - Did the test result in one of the following peak GH values:
 - ITT $\leq 5\mu\text{g/L}$ Glucagon $\leq 3\mu\text{g/L}$
 - GHRH+ARG
 - If patient BMI $< 25\text{kg/m}^2$: $\leq 11\mu\text{g/L}$
 - If patient BMI $\geq 25\text{kg/m}^2$ and $< 30\text{kg/m}^2$: $\leq 8\mu\text{g/L}$
 - If patient BMI $\geq 30\text{kg/m}^2$: $\leq 4\mu\text{g/L}$
 - ARG $\leq 0.4\mu\text{g/L}$
 - Is the patient at low risk of severe GH deficiency (e.g. due to isolated and/or idiopathic GH deficiency)? Yes No
- ** (Refer to the Reauthorization Section for Continuation of Care Requests) ****

Requests for HIV-Associated Cachexia

- Is there documentation of one of the following: Yes No (check which apply)
 - Unintentional weight loss $> 10\%$ over the last 12 months Unintentional weight loss of $> 7.5\%$ over the last 6 months
 - Loss of 5% body cell mass (BCM) within 6 months Body mass index (BMI) $< 20 \text{ kg/m}^2$
 - List patient's BMI: _____ kg/m^2 & BCM: _____ %
 - Has a nutritional evaluation has been completed since onset of wasting first occurred? Yes No
Date: _____
 - Has the patient had weight loss as a result of other underlying treatable conditions? Yes No
 - Has the patient's anti-retroviral therapy been optimized to decrease the viral load? Yes No
- ** (Refer to the Reauthorization Section for Continuation of Care Requests) ****

Requests for Short Bowel Syndrome

- Is the patient currently receiving specialized nutritional support? Yes No
 - Has the patient previously received 4 weeks of treatment with Zorbitive? Yes No
- ** (Refer to the Reauthorization Section for Continuation of Care Requests) ****

Requests for Severe Primary IGF-1 Deficiency/Growth Hormone Gene Deletion

- Does the patient have all of the following: Yes No (check which apply)
 - The patient has developed neutralizing antibodies to growth hormone
 - Open epiphyses on the last bone radiograph

Human Growth Hormone, Growth Stimulating Products PRIOR AUTHORIZATION REQUEST FORM

Member First name:	Member Last name:	Member DOB:
--------------------	-------------------	-------------

- Is there documentation of all of the following: Yes No (check which apply)

- Height standard deviation score \leq -3.0
- Basal IGF-1 standard deviation score \leq -3.0
- Normal or elevated growth hormone levels
- Open epiphyses on the last bone radiograph

- List Height: _____ Date: _____

- Will the patient be treated with concurrent growth hormone therapy? Yes No

(Refer to the Reauthorization Section for Continuation of Care Requests)

REAUTHORIZATION REQUESTS

Reauthorization Requests for Pediatric Growth Hormone Deficiency, Growth Failure associated with Chronic Renal Insufficiency, AND Prader-Willi:

- Was there a height increase of at least 2 cm/year over the previous year of treatment as documented by both of the following: Yes No

-Previous height and date obtained: _____

-Current height and date obtained: _____

- Is there submission of medical records (e.g., chart notes, laboratory values) documenting calculated height (growth) velocity over the past 12 months? List height (growth) velocity: _____

- Was expected adult height not attained, with documentation of expected adult height goal (e.g. genetic potential)? Yes No If yes, list expected adult height goal: _____

- Is there evidence of positive response to therapy (e.g. increase in total lean body mass, decrease in fat mass)? Yes No If yes, list response: _____

Reauthorization Requests for Growth Failure in Children Small for Gestational Age (SGA)/Turner Syndrome/Noonan Syndrome/Short Stature Homeobox Gene Deficiency (SHOX):

- Was there a height increase of at least 2 cm/year over the previous year of treatment as documented by both of the following: Yes No

-Previous height and date obtained: _____

-Current height and date obtained: _____

- Was expected adult height not attained, with documentation of expected adult height goal (e.g. genetic potential)? Yes No If yes, list expected adult height goal: _____

Reauthorization Requests for Adult Growth Hormone Deficiency:

- Is there documentation within the past 12 months of an IGF-1/Somatomedin C level? Yes No
If yes, list level and date: _____

Reauthorization Requests for Transition Phase Adolescent Patient:

- Is there documentation of a positive response to therapy (e.g. increase in total lean body mass, exercise capacity, or IGF-1 and IGFBP-3 levels)? Yes No

Reauthorization Requests for HIV-Associated Cachexia:

- Is there evidence of positive response to therapy (i.e., greater than or equal to 2% increase in body weight and/or BCM)? Yes No

- Has one of the following targets or goals not been achieved? Yes No (check which apply)

Weight

BCM

BMI

Reauthorization Requests for Severe Primary IGF-1 Deficiency/Growth Hormone Gene Deletion:

- Was expected adult height not attained, with documentation of expected adult height goal (e.g. genetic potential)? Yes No If yes, list expected adult height goal: _____

**Human Growth Hormone,
Growth Stimulating Products
PRIOR AUTHORIZATION REQUEST FORM**

Member First name:	Member Last name:	Member DOB:
- Was there a height increase of at least 2 cm/year over the previous year of treatment as documented by both of the following: <input type="checkbox"/> Yes <input type="checkbox"/> No -Previous height and date obtained: _____ -Current height and date obtained: _____		

Physician Signature: _____ **Date:** _____

Confidentiality Notice: This transmission contains confidential information belonging to the sender and UnitedHealthcare. This information is intended only for the use of UnitedHealthcare. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or action involving the contents of this document is prohibited. If you have received this telecopy in error, please notify the sender immediately.
Website: uhcommunityplan.com