

# Choosing a Quality Skilled Nursing Facility

We believe in helping UnitedHealthcare Medicare Advantage members receive the resources they need to successfully recover from an acute hospital event and return home. To help you and our members make more informed choices, we've compiled a list of high-performing skilled nursing facilities that may demonstrate improved patient outcomes based on quality and cost efficiency criteria. Skilled nursing facilities offer services to aid in patient recovery, like rehabilitation therapy and care from nurses and specialty care providers.

## Quality Assessment

We've created designations based on quality and performance metrics sourced from the UnitedHealthcare Medicare Advantage population and traditional Medicare members from the Centers for Medicare & Medicaid Services (CMS) Nursing Home Compare database. Additional considerations included skilled nursing facilities in active value-based contracts or the presence of an on-site clinician, which resulted in a high-performing provider designation.

We hope this information helps you when assisting members during the discharge planning process. To help answer your questions about the high-performing skilled nursing facilities, we've attached a list of frequently asked questions at the end of this document. Thank you for helping our members live their healthiest lives.

## High-Performing Skilled Nursing Facilities in Maryland and Washington D.C.

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information	
Allegany	Allegany Health Nursing And Rehab	(301) 777-5941	Montgomery	Potomac Valley Rehabilitation And Healthcare	(301) 762-0700	
	Crofton Convalescent Center	(410) 721-1000		Shady Grove Nursing And Rehabilitation Center	(301) 315-1900	
Anne Arundel	Marley Neck Health And Rehabilitation Center	(410) 768-8200		The Village At Rockville	(301) 424-9560	
	Baltimore	Augsburg Lutheran Home		(410) 486-4573	Wilson Health Care Center	(301) 216-4004
Broadmead		(443) 578-8020		Prince Georges	Crescent Cities Nursing & Rehabilitation Center	(301) 699-2000
Courtland Llc		(410) 521-3600			Doctors Community Rehabilitation And Patient Care	(301) 552-2000
Future Care Northpoint		(410) 282-0100	Ft Washington Health Center		(301) 292-0300	
Glen Meadows Retirement Com.		(410) 592-5310	Larkin Chase Center		(301) 805-6070	
Manorcare Health Services - Rossville		(410) 574-4950	Manor Care Health Services - Hyattsville		(301) 559-0300	
Manorcare Health Services - Ruxton		(410) 337-8313	Manor Care Health Services - Largo		(301) 350-5555	
Manorcare Health Services -Towson		(410) 828-9494	Manorcare Health Services - Adelphi		(301) 434-0500	
Multi-medical Center		(410) 821-5500	Riderwood Village		(301) 572-8420	
Oak Crest Village		(410) 882-3248	Queen Annes		Corsica Hills Center	(410) 758-2323
Powerback Rehabilitation		(410) 296-1990			St. Marys	Chesapeake Shores
Future Care Cherrywood		(410) 833-3801				
Holly Hill Healthcare Center		(410) 823-5310				
Perring Parkway Center		(410) 661-5717				
Baltimore City	Future Care Canton Harbor	(410) 342-6644				
	Future Care Charles Village	(410) 889-8500				
	Future Care Cold Spring	(410) 254-3300				
	Future Care Sandtown-winchester	(410) 669-2750				
Caroline	Lochearn Nursing Home Llc	(410) 358-3410				
	Caroline Nursing And Rehabilitation Center Llc	(410) 479-2130				
Carroll	Carroll Lutheran Village	(410) 848-0225				
Charles	Waldorf Center	(301) 645-2813				
The District (D.C.)	Carroll Manor Nursing & Rehab	(202) 269-7221				
Dorchester	Chesapeake Woods Center	(410) 221-1400				
	Signature Healthcare At Mallard Bay	(410) 228-9191				
Frederick	Glade Valley Center	(301) 898-4300				
	Homewood At Crumland Farms	(301) 644-5600				
Garrett	Dennett Road Manor	(301) 334-8700				
Howard	The Lutheran Village At Miller's Grant	(410) 696-6700				
Montgomery	Collingswood Rehabilitation And Healthcare Center	(301) 762-8900				
	Hebrew Home Of Greater Washington	(301) 770-8310				
	Manor Care Health Services - Chevy Chase	(301) 657-8686				
	Manor Care Health Services - Wheaton	(301) 942-2500				
	Manorcare Health Services - Bethesda	(301) 350-9000				
	Manorcare Health Services - Potomac	(301) 299-2453				
	Manorcare Health Services -Silver Spring	(301) 890-5552				



# Frequently Asked Questions

## What is the purpose of the high-performing skilled nursing facility evaluation?

We've identified high-performing skilled nursing facilities to help discharge planners and UnitedHealthcare Medicare Advantage plan members make more informed health care choices. Physicians may also use these high-performing care providers when referring members who are in need of skilled nursing services. These designations are reviewed on a semi-annual basis.

## What are the criteria used to evaluate skilled nursing facilities?

We created designations based on quality and performance metrics of UnitedHealthcare Medicare Advantage members and traditional Medicare members from the CMS Nursing Home Compare database.

The skilled nursing facility analysis uses a combination of average length of stay, acute readmission rate, presence of a value-based contract and on-site clinical presence, based on the UnitedHealthcare Medicare Advantage membership. In addition, we consider the following metrics from the CMS Nursing Home Compare database:

- Overall CMS star rating
- CMS health inspection rating
- Registered nurse staffing hours
- Overall CMS short term quality rating
- Percentage of re-hospitalizations after a skilled nursing facility admission

Based on analysis of UnitedHealthcare and CMS data, along with local market input, providers were identified as higher-performing and will be suggested for discharge planning recommendations.

## Can members select any skilled nursing facility that's part of the UnitedHealthcare network?\*

Yes. Regardless of whether a skilled nursing facility is identified as high-performing, members can choose from all participating skilled nursing facilities in the UnitedHealthcare network. Just because a skilled nursing facility isn't on this list doesn't mean that the facility can't provide quality health care services. Members can learn more by checking their benefits plan and asking their health care professionals.

## Who should I contact if I have questions about high-performing skilled nursing facilities?

If you have questions, please contact your Provider Advocate or call Provider Services at **877-842-3210**.

The information included in this document isn't an endorsement of a particular health care provider's suitability for the health care needs of any particular member and shouldn't be the sole factor in selecting a skilled nursing facility. UnitedHealthcare doesn't practice medicine or provide health care services. Healthcare professionals are solely responsible for medical judgments and treatments supplied. Selecting a skilled nursing facility from this list doesn't guarantee the quality of health care services members will receive from a skilled nursing facility and doesn't guarantee the outcome of any health care services members will receive.

Likewise, the fact that a skilled nursing facility isn't on this list doesn't mean that the skilled nursing facility doesn't provide quality health care services. \*Regardless of whether a skilled nursing facility is on this list, members have access to all skilled nursing facilities in the UnitedHealthcare network, as further described under the member's benefit plan.