

# Choosing a Quality Skilled Nursing Facility

We believe in helping UnitedHealthcare Medicare Advantage members receive the resources they need to successfully recover from an acute hospital event and return home. To help you and our members make more informed choices, we've compiled a list of high-performing skilled nursing facilities that may demonstrate improved patient outcomes based on quality and cost efficiency criteria. Skilled nursing facilities offer services to aid in patient recovery, like rehabilitation therapy and care from nurses and specialty care providers.

## Quality Assessment

We've created designations based on quality and performance metrics sourced from the UnitedHealthcare Medicare Advantage population and traditional Medicare members from the Centers for Medicare & Medicaid Services (CMS) Nursing Home Compare database. Additional considerations included skilled nursing facilities in active value-based contracts or the presence of an on-site clinician, which resulted in a high-performing provider designation.

We hope this information helps you when assisting members during the discharge planning process. To help answer your questions about the high-performing skilled nursing facilities, we've attached a list of frequently asked questions at the end of this document. Thank you for helping our members live their healthiest lives.

## High-Performing Skilled Nursing Facilities in New York City

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information
Bronx	Bronx Center For Rehabilitation & Health Care	(718) 863-6700	Kings	Bedford Center For Nursing And Rehabilitation	(718) 858-6200
	Bronx Gardens Rehabilitation And Nursing Center	(718) 960-3910		Bensonhurst Center For Rehab And Healthcare	(718) 232-3666
	Concourse Rehabilitation And Nursing Center Inc	(718) 681-4000		Cobble Hill Health Center Inc	(718) 855-6789
	Fordham Nursing And Rehabilitation Center	(718) 796-5800		Ditmas Park Care Center	(718) 462-8100
	Hebrew Home For The Aged At Riverdale	(718) 581-1000		Downtown Brooklyn Nursing & Rehabilitation Center	(718) 636-1000
	Hope Center For H I V And Nursing Care	(718) 408-6333		Four Seasons Nursing And Rehabilitation Center	(718) 927-6300
	Kings Harbor Multicare Center	(718) 320-0400		Hamilton Park Nursing And Rehabilitation Center	(718) 567-1820
	Manhattanville Health Care Center	(718) 601-8400		Hopkins Center For Rehabilitation And Healthcare	(718) 694-6700
	Methodist Home For Nursing And Rehabilitation	(718) 548-5100		King David Center For Nursing And Rehabilitation	(718) 266-6100
	Morningside Nursing And Rehabilitation Center	(718) 409-8200		Linden Center For Nursing And Rehabilitation	(718) 649-7000
	Rebekah Rehab And Extended Care Center	(718) 863-6200		N Y Congregational Nursing Center Inc	(718) 693-6060
	Regeis Care Center	(718) 320-3700		Norwegian Christian Home And Health Center	(718) 232-2322
	Split Rock Rehabilitation And Health Care Center	(718) 798-8900		Saints Joachim & Anne Nursing And Rehab Center	(718) 714-4800
	St Patricks Home	(718) 519-2800		Sea Crest Nursing And Rehabilitation Center	(718) 372-4500
	The Citadel Rehab And Nursing Ctr At Kingsbridge	(718) 796-8100		Sheepshead Nursing & Rehabilitation Center	(718) 646-5700
	The Plaza Rehab And Nursing Center	(718) 410-1500		Shore View Nursing & Rehabilitation Center	(718) 891-4400
	Throgs Neck Rehabilitation & Nursing Center	(718) 430-0003		The Chateau At Brooklyn Rehab And Nursing Center	(718) 535-5100
	Triboro Center For Rehabilitation And Nursing	(718) 293-1500		Bushwick Center For Rehabilitation And Health Care	(718) 345-2273
	Wayne Center For Nursing & Rehabilitation	(718) 655-1700			
Workmens Circle Multicare Center	(718) 379-8100				
Dutchess	Northern Dutchess Res Health Care Facility Inc	(845) 871-3760			
	The Pines At Poughkeepsie Ctr For Nursing & Rehab	(845) 454-4100			
	Wingate At Beacon	(845) 440-1600			
	Wingate Of Dutchess	(845) 896-1500			



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Nassau	A Holly Patterson Extended Care Facility	(516) 572-1400	Richmond	Carmel Richmond Healthcare And Rehab Center	(718) 979-5000
	Emerge Nursing And Rehabilitation At Glen Cove	(516) 671-0858		Clove Lakes Health Care And Rehab Center Inc	(718) 289-7900
	Garden Care Center	(516) 775-2100		Eger Health Care And Rehabilitation Center	(718) 979-1800
	Hempstead Park Nursing Home	(516) 705-9700		Golden Gate Rehabilitation & Health Care Center	(718) 698-8800
	Long Beach Nursing And Rehabilitation Center	(516) 897-1220		New Vanderbilt Rehabilitation And Care Center Inc	(718) 447-0701
	Nassau Rehabilitation & Nursing Center	(516) 565-4800		Richmond Ctr For Rehab And Specialty Healthcare	(718) 876-1200
	North Shore - L I J Orzac Ctr For Rehabilitation	(516) 256-6700		Sea View Hospital Rehabilitation Center And Home	(718) 317-3000
	Northwell Health Stern Family Center For Rehab	(516) 562-8008		Staten Island Care Center	(718) 448-9000
	Oceanside Care Center Inc	(516) 536-2300		Friedwald Center For Rehab And Nursing L L C	(845) 678-2000
	Park Avenue Extended Care Facility	(516) 431-2600		Northern Metropolitan Res Health Care Facility Inc	(845) 352-9000
	Parkview Care And Rehabilitation Center Inc	(516) 798-1800		Pine Valley Center For Rehabilitation And Nursing	(845) 356-0567
	Sands Point Center For Health And Rehabilitation	(516) 719-9400		The Willows At Ramapo Rehab And Nursing Center	(845) 357-1230
	The Amsterdam At Harborside	(516) 472-6610		Our Lady Of Consolation Nursing And Rehab Care Ctr	(631) 587-1600
	The Grand Pavilion For Rhb & Nrsg At Rockville Ctr	(516) 536-7730		St Catherine Of Siena Nrsg And Rehab Care Center	(631) 862-3900
	White Oaks Rehabilitation And Nursing Center	(516) 367-3400		Brookhaven Health Care Facility L L C	(631) 447-8800
New York	Amsterdam Nursing Home Corp (1992)	(212) 316-7700	Suffolk	Gurwin Jewish Nursing And Rehabilitation Center	(631) 715-2000
	Coler Rehabilitation And Nursing Care Center	(212) 848-6000		Luxor Nursing And Rehabilitation At Mills Pond	(631) 862-8990
	Fort Tryon Center For Rehabilitation And Nursing	(212) 543-6400		Smithtown Center For Rehabilitation & Nursing Care	(631) 361-2020
	New Gouverneur Hospital S N F	(212) 441-5023		The Hamptons Center For Rehabilitation And Nursing	(631) 702-1000
	Upper East Side Rehabilitation And Nursing Center	(212) 879-1600		Massapequa Center Rehabilitation & Nursing	(631) 264-0222
Orange	Village Care Rehabilitation And Nursing Center	(212) 337-9400	Ulster	St James Rehabilitation & Healthcare Center	(631) 862-8000
	Middletown Park Rehab & Health Care Center	(845) 343-0801		Ten Broeck Commons	(845) 336-6666
Queens	Sapphire Nursing At Meadow Hill	(845) 564-1700	Westchester	Golden Hill Nursing And Rehabilitation Center	(845) 340-3390
	The Grand Rehabilitation And Nursing At Queens	(718) 746-0400		Wingate Of Ulster	(845) 691-6800
	Brookhaven Rehab & Health Care Center L L C	(718) 471-7500		Andrus On Hudson	(914) 478-3700
	Caring Family Nursing And Rehabilitation Center	(718) 471-3400		Bethel Nursing & Rehabilitation Center	(914) 739-6700
	Cypress Garden Center For Nursing And Rehab	(718) 961-5300		Bethel Nursing Home Company Inc	(914) 941-7300
	Dry Harbor Nursing Home	(718) 565-4200		Cedar Manor Nursing & Rehabilitation Center	(914) 762-1600
	Elmhurst Care Center Inc	(718) 205-8100		Cortlandt Healthcare	(914) 739-9150
	Fairview Nursing Care Center Inc	(718) 263-4600		Glen Island Center For Nursing And Rehabilitation	(914) 636-2800
	Forest View Center For Rehabilitation & Nursing	(718) 793-3200		Schaffer Extended Care Center	(914) 637-1200
	Franklin Center For Rehabilitation And Nursing	(718) 670-3400		The Enclave At Port Chester Rehab And Nursing Ctr	(914) 937-1200
	Hillside Manor Rehab & Extended Care Center	(718) 291-8200		The New Jewish Home Sarah Neuman	(914) 698-6005
	Jamaica Hospital Medical Center T C U	(718) 206-6595		The Osborn	(914) 967-4100
	Jamaica Hospital Nursing Home Co Inc	(718) 206-5000		The Wartburg Home	(914) 699-0800
	Little Neck Care Center	(718) 423-6400		United Hebrew Geriatric Center	(914) 632-2804
	Long Island Care Center Inc	(718) 939-7500		Yonkers Gardens Center For Nursing And Rehab	(914) 378-7358
	Margaret Tietz Center For Nursing Care Inc	(718) 298-7800		Yorktown Rehabilitation & Nursing Center	(914) 739-2244
	New York Center For Rehabilitation & Nursing	(718) 626-4800		The Emerald Peek Rehabilitation And Nursing Center	(914) 737-8400
	Ozanam Hall Of Queens Nursing Home Inc	(718) 423-2000			
	Parker Jewish Institute For Health Care & Rehab	(718) 289-2100			
	Queens Boulevard Extended Care Facility	(718) 205-0288			
	Regal Heights Rehabilitation And Health Care Ctr	(718) 662-5100			
	Sapphire Ctr For Rehab & Nrsg Of Ctrl Queens	(718) 961-3500			
	The Pavilion At Queens For Rehabilitation & Nrsing	(718) 961-4300			
	Union Plaza Care Center	(718) 670-0700			

# Frequently Asked Questions

## What is the purpose of the high-performing skilled nursing facility evaluation?

We've identified high-performing skilled nursing facilities to help discharge planners and UnitedHealthcare Medicare Advantage plan members make more informed health care choices. Physicians may also use these high-performing care providers when referring members who are in need of skilled nursing services. These designations are reviewed on a semi-annual basis.

## What are the criteria used to evaluate skilled nursing facilities?

We created designations based on quality and performance metrics of UnitedHealthcare Medicare Advantage members and traditional Medicare members from the CMS Nursing Home Compare database.

The skilled nursing facility analysis uses a combination of average length of stay, acute readmission rate, presence of a value-based contract and on-site clinical presence, based on the UnitedHealthcare Medicare Advantage membership. In addition, we consider the following metrics from the CMS Nursing Home Compare database:

- Overall CMS star rating
- CMS health inspection rating
- Registered nurse staffing hours
- Overall CMS short term quality rating
- Percentage of re-hospitalizations after a skilled nursing facility admission

Based on analysis of UnitedHealthcare and CMS data, along with local market input, providers were identified as higher-performing and will be suggested for discharge planning recommendations.

## Can members select any skilled nursing facility that's part of the UnitedHealthcare network?\*

Yes. Regardless of whether a skilled nursing facility is identified as high-performing, members can choose from all participating skilled nursing facilities in the UnitedHealthcare network. Just because a skilled nursing facility isn't on this list doesn't mean that the facility can't provide quality health care services. Members can learn more by checking their benefits plan and asking their health care professionals.

## Who should I contact if I have questions about high-performing skilled nursing facilities?

If you have questions, please contact your Provider Advocate or call Provider Services at **877-842-3210**.

The information included in this document isn't an endorsement of a particular health care provider's suitability for the health care needs of any particular member and shouldn't be the sole factor in selecting a skilled nursing facility. UnitedHealthcare doesn't practice medicine or provide health care services. Healthcare professionals are solely responsible for medical judgments and treatments supplied. Selecting a skilled nursing facility from this list doesn't guarantee the quality of health care services members will receive from a skilled nursing facility and doesn't guarantee the outcome of any health care services members will receive.

Likewise, the fact that a skilled nursing facility isn't on this list doesn't mean that the skilled nursing facility doesn't provide quality health care services. \*Regardless of whether a skilled nursing facility is on this list, members have access to all skilled nursing facilities in the UnitedHealthcare network, as further described under the member's benefit plan.