

Choosing a Quality Skilled Nursing Facility

We believe in helping UnitedHealthcare Medicare Advantage members receive the resources they need to successfully recover from an acute hospital event and return home. To help you and our members make more informed choices, we've compiled a list of high-performing skilled nursing facilities that may demonstrate improved patient outcomes based on quality and cost efficiency criteria. Skilled nursing facilities offer services to aid in patient recovery, like rehabilitation therapy and care from nurses and specialty care providers.

Quality Assessment

We've created designations based on quality and performance metrics sourced from the UnitedHealthcare Medicare Advantage population. Additional considerations included skilled nursing facilities in active value-based contracts or the presence of an on-site clinician, which resulted in a high-performing designation.

We hope this information helps you when assisting members during the discharge planning process. To help answer your questions about the high-performing skilled nursing facilities, we've attached a list of frequently asked questions at the end of this document. Thank you for helping our members live their healthiest lives.

High-Performing Skilled Nursing Facilities in North Carolina

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information
ALAMANCE	TWIN LAKES COMMUNITY	(336) 538-1400	CHATHAM	SILER CITY CENTER	(919) 663-3431
	LIBERTY COMMONS N&R ALAMANCE	(336) 586-9850		THE LAURELS OF CHATHAM	(919) 542-6677
ANSON	ANSON HEALTH AND REHABILITATION	(704) 695-3301	CLEVELAND	WHITE OAK MANOR - KINGS MOUNTAIN	(704) 739-8132
ASHE	MARGATE HEALTH AND REHAB CENTER	(336) 246-5581		WHITE OAK MANOR - SHELBY	(704) 482-7326
BUNCOMBE	MOUNTAIN RIDGE HEALTH AND REHAB	(828) 669-9991	CRAVEN	PRUITTHEALTH-NEUSE	(252) 634-2560
	STONECREEK HEALTH AND REHABILITATION - BUNCOMBE	(828) 252-0099	DAVIDSON	ALSTON BROOK	(336) 956-1132
	BRIAN CENTER HEALTH & REHABILITATION WEAVERVILLE	(828) 645-4297		MOUNTAIN VISTA HEALTH PARK	(336) 859-2181
	THE LAURELS OF GREENTREE RIDGE	(828) 274-7646		PIEDMONT CROSSING	(336) 472-2017
	FLESHERS FAIRVIEW HEALTH CARE	(828) 628-2800	DAVIE	ABBOTTS CREEK CENTER	(336) 248-6644
	PELICAN HEALTH AT ASHEVILLE	(828) 298-2214	DUPLIN	BERMUDA COMMONS NURSING AND REHABILITATION CENTER	(336) 998-0240
BURKE	GRACE HEIGHTS HEALTH & REHABILITATION	(828) 580-7000	DURHAM	BRIAN CENTER HEALTH & REHABILITATION WALLACE	(910) 285-9700
	AUTUMN CARE OF DREXEL	(828) 433-6180	EDGECOMBE	PRUITTHEALTH-DURHAM	(919) 383-1546
	COLLEGE PINES HEALTH AND REHABILITATION	(828) 580-6800		DURHAM NURSING & REHABILITATION CENTER	(919) 383-5521
CABARRUS	PRUITTHEALTH-TOWN CENTER	(704) 455-5553	FORSYTH	THE LODGE AT ROCKY MOUNT HEALTH AND REHABILITATION	(252) 442-4156
CALDWELL	LENOIR HEALTHCARE CENTER	(828) 758-7326		EDGECOMBE HEALTH AND REHAB CENTER	(252) 823-0401
	GATEWAY REHABILITATION AND HEALTHCARE	(828) 754-3888		SILAS CREEK REHABILITATION CENTER	(336) 765-0550
CARTERET	CRYSTAL BLUFFS REHABILITATION AND HEALTH CARE CENT	(252) 726-0031		THE CITADEL AT WINSTON SALEM	(336) 724-2821
	PRUITTHEALTH-SEALEVEL	(252) 225-0112		ACCORDIUS HEALTH AT WINSTON SALEM	(336) 744-5674
	BRIAN CENTER HEALTH & REHAB/YANCEYVILLE	(336) 694-5916	BROOKRIDGE RETIREMENT COMMUNITY	(336) 759-1044	
CASWELL	BRIAN CENTER HEALTH & REHAB HICKORY	(828) 322-3343	PINEY GROVE NURSING AND REHABILITATION CENTER	(336) 996-4038	
CATAWBA	BRIAN CENTER HEALTH & REHAB HICKORY	(828) 322-3343	SALEM TOWNE	(336) 767-8130	
			TRINITY ELMS	(336) 747-1153	
			FRANKLIN	FRANKLIN OAKS NURSING AND REHABILITATION CENTER	(919) 496-7222

Choosing a Quality Skilled Nursing Facility

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information	
GASTON	ALEXANDRIA PLACE	(704) 853-8175	MECKLENBURG	HUNTER WOODS NURSING AND REHAB	(704) 598-5136	
	PEAK RESOURCES- GASTONIA	(704) 861-0981		PINEVILLE REHABILITATION AND LIVING CTR	(704) 889-2273	
GRANVILLE	UNIVERSAL HEALTH CARE / OXFORD	(919) 693-1531		SATURN NURSING AND REHABILITATION CENTER	(704) 598-4480	
	BRANTWOOD NH & RETIREMENT CENT	(919) 690-3334		OLDE KNOX COMMONS AT THE VILLAGES OF MECKLENBURG	(704) 897-2700	
GUILFORD	BLUMENTHAL NURSING & REHABILITATION CENTER	(336) 540-9991		PAVILION HEALTH CENTER AT BRIGHTMORE	(980) 245-8500	
	CLAPPS NURSING CENTER INC	(336) 674-2252		AUTUMN CARE OF CORNELIUS	(704) 997-2970	
	ADAMS FARM LIVING & REHABILITATION	(336) 855-5596		HUNTERSVILLE HEALTH & REHAB CENTER	(704) 912-2222	
HARNETT	THE SHANNON GRAY REHABILITATION & RECOVERY CENTER	(336) 307-4729		MITCHELL	BRIAN CENTER HEALTH & REHABILITATION/SPRUCE PINES	(828) 765-7312
	THE CARROLTON OF DUNN	(910) 892-8843		MONTGOMERY	AUTUMN CARE OF BISCOE	(910) 428-2117
HAYWOOD	HARNETT WOODS NURSING AND REHABILITATION CENTER	(910) 891-4600		MOORE	INN AT QUAIL HAVEN VILLAGE	(910) 295-2294
	AUTUMN CARE OF WAYNESVILLE	(828) 456-7381	NASH	AUTUMN CARE OF NASH	(252) 462-0070	
HENDERSON	SILVER BLUFF INC	(828) 648-2044	NEW HANOVER	NORTHCHASE NURSING AND REHABILITATION CENTER	(910) 791-3451	
	HAYWOOD NURSING AND REHABILITATION CENTER	(828) 452-3154		LIBERTY COMMONS REHABILITATION CENTER	(910) 452-4070	
HENDERSON	BLUE RIDGE HEALTH AND REHABILITATION CENTER	(828) 693-8461	AUTUMN CARE OF MYRTLE GROVE	(910) 792-1455		
	ACCORDIUS HEALTH AT HENDERSONVILLE LLC	(828) 693-5849	ONslow	PREMIER NURSING AND REHABILITATION CENTER	(910) 353-7222	
	THE LAURELS OF HENDERSONVILLE	(828) 692-6000	ORANGE	SIGNATURE HEALTHCARE OF CHAPEL HILL	(919) 967-1418	
	LIFE CARE CENTER OF HENDERSONV	(828) 697-4348	PAMLICO	GRANTSBROOK NURSING AND REHABILITATION CENTER	(252) 745-5005	
	HENDERSONVILLE HEALTH AND REHABILITATION	(828) 693-8600	PASQUOTANK	CITADEL ELIZABETH CITY LLC	(252) 338-0137	
HOKE	UNIVERSAL HEALTH CARE/FLETCHER	(828) 654-9060	PENDER	THE LAURELS OF PENDER	(910) 259-6007	
	AUTUMN CARE OF RAEFORD	(910) 875-4280	PITT	UNIVERSAL HEALTH CARE / GREENVILLE	(252) 758-7100	
IREDELL	THE CITADEL MOORESVILLE	(704) 664-7494	RANDOLPH	CLAPP'S CONVALESCENT NURSING HOME INC	(336) 625-2074	
	AUTUMN CARE OF STATESVILLE	(704) 883-9700		THE GRAYBRIER NURS & RETIREMENT CT	(336) 431-8888	
JACKSON	SKYLAND CARE CENTER	(828) 586-8935	ROCKINGHAM	BRIAN CENTER HEALTH & REHAB/EDEN	(336) 623-1750	
LEE	LIBERTY COMMONS NSG AND REHAB CTR OF LEE COUNTY	(919) 499-2206		PENN NURSING CENTER	(336) 951-6090	
	SANFORD HEALTH & REHABILITATION CO	(919) 776-9602	ROWAN	ACCORDIUS HEALTH AT SALISBURY	(704) 633-7390	
MADISON	MADISON HEALTH AND REHABILITATION	(828) 689-5200		TRINITY OAKS	(704) 637-3784	
MARTIN	THE CARROLTON OF WILLIAMSTON	(252) 792-1616		LIBERTY COMMONS NSG & REHAB CTR OF ROWAN COUNTY	(704) 637-3040	
MC DOWELL	AUTUMN CARE OF MARION	(828) 652-6701	RUTHERFORD	ACCORDIUS HEALTH AT RUTHERFORD LLC	(828) 286-9001	
MECKLENBURG	ROYAL PARK REHAB & HEALTH CTR OF MATTHEWS	(704) 849-6990		OAK GROVE HEALTH CARE CENTER	(828) 287-7655	
	HUNTERSVILLE OAKS	(704) 863-1000	SAMPSON	SOUTHWOOD NURSING AND RETIREMENT	(910) 592-8165	
	CARRINGTON PLACE	(704) 841-4920	STOKES	WALNUT COVE HEALTH AND REHABILITATION CENTER	(336) 591-4353	
	PELICAN HEALTH AT CHARLOTTE	(704) 333-5165				
	WHITE OAK MANOR - CHARLOTTE	(704) 365-2620				

Choosing a Quality Skilled Nursing Facility

County Of SNF	SNF Name	Contact Information
SURRY	SURRY COMMUNITY HEALTH AND REHAB CENTER	(336) 789-5076
	CENTRAL CONTINUING CARE	(336) 786-2133
TRANSYLVANIA	ACCORDIUS HEALTH AT BREVARD	(828) 884-2031
	THE OAKS-BREVARD	(828) 877-4020
UNION	MONROE REHABILITATION CENTER	(704) 283-8548
	AUTUMN CARE OF MARSHVILLE	(704) 624-6643
	ACCORDIUS HEALTH AT MONROE	(704) 800-0601
	LAKE PARK NURSING AND REHABILITATION CENTER	(704) 882-3420
	WHITE OAK OF WAXHAW	(704) 243-7640
VANCE	KERR LAKE NURSING AND REHABILITATION CENTER	(252) 492-7021
WAKE	THE OAKS AT WHITAKER GLEN-MAYVIEW	(919) 828-2348
	ZEBULON REHABILITATION CENTER	(919) 269-9621
	REX REHAB & NSG CARE CENTER	(919) 784-6600
	CARY HEALTH AND REHABILITATION	(919) 851-8000
	HILLSIDE NURSING CENTER OF WAKE FOREST	(919) 556-4082
	UNC REX REHAB & NURSING CARE CENTER OF APEX	(919) 363-6011
	BELLAROSE NURSING AND REHAB	(919) 985-8400
WASHINGTON	THE CARROLTON OF PLYMOUTH	(252) 793-2100
WATAUGA	GLENBRIDGE HEALTH AND REHABILITATION CENTER	(828) 264-6720
WILKES	WESTWOOD HILLS NURSING AND REHABILITATION CENTER	(336) 667-9261
	WILKESBORO HEALTH AND REHABILITATION	(336) 667-2020
WILSON	ACCORDIUS HEALTH AT WILSON	(252) 237-8161
YADKIN	YADKIN NURSING CARE CENTER	(336) 679-8863

Frequently Asked Questions

What is the purpose of the high-performing skilled nursing facility evaluation?

We've identified high-performing skilled nursing facilities to help discharge planners and UnitedHealthcare Medicare Advantage plan members make more informed health care choices. Physicians may also use these high-performing care providers when referring members who need skilled nursing services. These designations are reviewed on a semi-annual basis.

What are the criteria used to evaluate skilled nursing facilities?

We created designations based on quality and performance metrics of UnitedHealthcare Medicare Advantage members. The SNF analysis considers the combined acute readmission rate, which is the sum of transfers from the SNF back to the acute setting, plus readmissions to the acute setting within 30 days of discharging from the SNF. Additionally, the presence of a value-based contract and on-site clinical presence were considered.

Based on analysis of UnitedHealthcare data, along with local market input, providers were identified as higher-performing and will be suggested for discharge planning recommendations.

Can members select any skilled nursing facility that's part of the UnitedHealthcare network?*

Yes. Regardless of whether a skilled nursing facility is identified as high-performing, members can choose from all participating skilled nursing facilities in the UnitedHealthcare network. Just because a skilled nursing facility isn't on this list doesn't mean that the facility can't provide quality health care services. Members can learn more by checking their benefits plan and asking their health care professionals.

Who should I contact if I have questions about high-performing skilled nursing facilities?

If you have questions, please contact your Provider Engagement Representative or call Provider Services at **877-842-3210**.

The information included in this document isn't an endorsement of a particular health care provider's suitability for the health care needs of any particular member and shouldn't be the sole factor in selecting a skilled nursing facility. UnitedHealthcare doesn't practice medicine or provide health care services. Healthcare professionals are solely responsible for medical judgments and treatments supplied. Selecting a skilled nursing facility from this list doesn't guarantee the quality of health care services members will receive from a skilled nursing facility and doesn't guarantee the outcome of any health care services members will receive.

Likewise, the fact that a skilled nursing facility isn't on this list doesn't mean that the skilled nursing facility doesn't provide quality health care services. *Regardless of whether a skilled nursing facility is on this list, members have access to all skilled nursing facilities in the UnitedHealthcare network, as further described under the member's benefit plan.