

# Choosing a Quality Skilled Nursing Facility

We believe in helping UnitedHealthcare Medicare Advantage members receive the resources they need to successfully recover from an acute hospital event and return home. To help you and our members make more informed choices, we've compiled a list of high-performing skilled nursing facilities that may demonstrate improved patient outcomes based on quality and cost efficiency criteria. Skilled nursing facilities offer services to aid in patient recovery, like rehabilitation therapy and care from nurses and specialty care providers.

## Quality Assessment

We've created designations based on quality and performance metrics sourced from the UnitedHealthcare Medicare Advantage population and traditional Medicare members from the Centers for Medicare & Medicaid Services (CMS) Nursing Home Compare database. Additional considerations included skilled nursing facilities in active value-based contracts or the presence of an on-site clinician, which resulted in a high-performing provider designation.

We hope this information helps you when assisting members during the discharge planning process. To help answer your questions about the high-performing skilled nursing facilities, we've attached a list of frequently asked questions at the end of this document. Thank you for helping our members live their healthiest lives.

## High-Performing Skilled Nursing Facilities in Southern California

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information
Los Angeles	Alcott Rehabilitation Hospital	(323) 737-2000	Riverside	Valencia Gardens Health Care Center	(951) 683-7111
	Bel Vista Healthcare Center	(562) 494-5001		Devonshire Care Center	(951) 925-2571
	Bixby Knolls Towers Health Care & Rehab Center	(562) 426-6123		Extended Care Hospital Of Riverside	(951) 687-3842
	Broadway Healthcare Center	(626) 285-2165		Indio Nursing And Rehabilitation Center	(760) 347-0750
	Brookdale Northridge	(818) 886-1616		Manorcare Health Services-hemet	(951) 925-9171
	Culver West Health Center	(310) 390-9506		Manorcare Health Services-palm Desert	(760) 341-0261
	Fireside Convalescent Hospital	(310) 393-7117		Murrieta Health And Rehabilitation Center	(951) 600-4640
	Lomita Post-acute Care Center	(310) 325-1970		Palm Terrace Care Center	(951) 687-7330
	Los Palos Convalescent Hospital	(310) 832-6431		Ramona Rehabilitation And Post Acute Care Center	(951) 652-0011
	Monterey Park Conv Hosp	(626) 280-0280		Rancho Mirage Health And Rehabilitation Center	(760) 340-0053
	Providence Little Co Of Mary Transitional Care Ctr	(310) 303-5900		The Grove Care And Wellness	(951) 686-8202
	Regency Oaks Post Acute Care Center	(562) 498-3368		The Springs At The Carlotta	(760) 346-5420
	Santa Monica Health Care Center	(310) 829-4301		The Village Healthcare Center	(951) 766-5116
	Sierra View Care Center	(626) 960-1971		Afw Health Center	(951) 238-6803
	South Pasadena Care Center	(626) 399-0358		Community Extended Care Hospital Of Montclair	(909) 621-4751
	Topanga Terrace	(818) 883-7292		Heritage Gardens Health Care Center	(909) 796-0216
	Victoria Care Center - Los Angeles	(626) 962-1043		Highland Care Center Of Redlands	(909) 793-2678
	Windsor Gardens Convalescent Hospital	(323) 937-5466		Inland Christian Home	(909) 983-2315
	Green Acres Lodge	(626) 280-2293		Montclair Manor Care Center	(909) 626-1294
Orange	Alta Gardens Care Center	(714) 530-6322	San Bernardino	Community Extended Care Hospital Of Montclair	(909) 621-4751
	Beachside Nursing Center	(714) 847-9671		Heritage Gardens Health Care Center	(909) 796-0216
	Chapman Care Center	(714) 971-5517		Highland Care Center Of Redlands	(909) 793-2678
	Coventry Court Health Center	(714) 636-2800		Inland Christian Home	(909) 983-2315
	Freedom Village Healthcare Center	(949) 472-0277		Montclair Manor Care Center	(909) 626-1294
	Garden Park Care Center	(714) 971-2153			
	Harbor Villa Care Center	(714) 635-8131			
	La Palma Nursing Center	(714) 772-7480			
	Manorcare Health Services (Fountain Valley)	(714) 241-9800			
	Mesa Verde Post Acute Care Center	(949) 548-5584			
	Rowntree Gardens	(714) 971-6865			
	Sea Cliff Healthcare Center	(714) 847-3515			
	Sun Mar Nursing Center	(714) 776-1720			
	Terrace View Care Center	(714) 870-0060			
	Town And Country Manor - Orange	(714) 547-7157			
	Victoria Healthcare And Rehabilitation Center	(949) 642-0387			
	Leisure Court Nursing Center	(714) 772-1353			
West Anaheim Extended Care	(714) 821-1993				

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San Diego	Arroyo Vista Nursing Center	(619) 283-5855
	Aviara Healthcare Center	(760) 944-0331
	Bella Vista Health Center	(619) 644-1000
	Brookdale Carlsbad	(760) 720-9898
	Brookdale Carmel Valley	(858) 259-2222
	Carmel Mountain Rehabilitation & Healthcare Center	(858) 673-0101
	Country Manor La Mesa Healthcare Center	(619) 460-7871
	Encinitas Nursing And Rehabilitation Center	(760) 753-6423
	Fallbrook Skilled Nursing	(760) 728-2330
	Grossmont Post Acute Care	(619) 460-4444
	Kearny Mesa Convalescent And Nursing Home	(858) 278-8121
	La Mesa Healthcare Center	(619) 465-1313
	La Paloma Healthcare Center	(760) 724-2193
	Life Care Center Of Escondido	(760) 741-6109
	Life Care Center Of Vista	(760) 724-8222
	Mount Miguel Covenant Village	(619) 479-4790
	Palomar Vista Healthcare Center	(760) 746-0303
	Parkside Health And Wellness Center	(619) 442-7744
	Poway Healthcare Center	(858) 485-5153
	Redwood Terrace Health Center	(760) 747-4306
	Remington Club Health Center	(858) 673-6305
	Reo Vista Healthcare Center	(619) 475-2211
	Sharp Chula Vista Med Ctr Snf	(619) 502-3540
	Somerset Subacute And Care	(619) 442-0245
	St. Pauls Health Care Center	(619) 239-8687
	The Cove At La Jolla	(858) 459-4361
	The Springs At Pacific Regent	(858) 625-8700
University Care Center	(619) 583-1993	
Villa Coronado D/P Snf	(619) 522-3900	
Villa Las Palmas Healthcare Center	(619) 442-0544	
Villa Rancho Bernardo Care Center	(858) 672-3900	
San Luis Obispo	Arroyo Grande Care Center	(805) 489-8137
	Bayside Care Center - San Luis Obispo	(805) 772-2237
	Bella Vista Transitional Care Center	(805) 544-5100
	Danish Care Center	(805) 466-9254
	Mission View Health Center	(805) 543-0210
	San Luis Transitional Care	(805) 545-7575
Santa Barbara	Vineyard Hills Health Center	(805) 434-3035
	Country Oaks Care Center - Santa Barbara	(805) 922-6657
	Lompoc Skilled Nursing & Rehabilitation Center	(805) 735-4010
	Mission Terrace Convalescent Hospital	(805) 682-7443
	Samarkand Skilled Nursing Facility	(805) 687-0701
	The Californian	(805) 682-1355
Ventura	Valle Verde Health Facility	(805) 883-4000
	Alto Lucero Transitional Care	(805) 687-6651
	Brookdale Camarillo	(805) 388-8086
	Camarillo Healthcare Center	(805) 482-9805
	Coastal View Healthcare Center	(805) 642-4101
	Glenwood Care Center	(805) 983-0305
	Simi Valley Care Center	(805) 522-9155

# Frequently Asked Questions

## What is the purpose of the high-performing skilled nursing facility evaluation?

We've identified high-performing skilled nursing facilities to help discharge planners and UnitedHealthcare Medicare Advantage plan members make more informed health care choices. Physicians may also use these high-performing care providers when referring members who are in need of skilled nursing services. These designations are reviewed on a semi-annual basis.

## What are the criteria used to evaluate skilled nursing facilities?

We created designations based on quality and performance metrics of UnitedHealthcare Medicare Advantage members and traditional Medicare members from the CMS Nursing Home Compare database.

The skilled nursing facility analysis uses a combination of average length of stay, acute readmission rate, presence of a value-based contract and on-site clinical presence, based on the UnitedHealthcare Medicare Advantage membership. In addition, we consider the following metrics from the CMS Nursing Home Compare database:

- Overall CMS star rating
- CMS health inspection rating
- Registered nurse staffing hours
- Overall CMS short term quality rating
- Percentage of re-hospitalizations after a skilled nursing facility admission

Based on analysis of UnitedHealthcare and CMS data, along with local market input, providers were identified as higher-performing and will be suggested for discharge planning recommendations.

## Can members select any skilled nursing facility that's part of the UnitedHealthcare network?\*

Yes. Regardless of whether a skilled nursing facility is identified as high-performing, members can choose from all participating skilled nursing facilities in the UnitedHealthcare network. Just because a skilled nursing facility isn't on this list doesn't mean that the facility can't provide quality health care services. Members can learn more by checking their benefits plan and asking their health care professionals.

## Who should I contact if I have questions about high-performing skilled nursing facilities?

If you have questions, please contact your Provider Advocate or call Provider Services at **877-842-3210**.

The information included in this document isn't an endorsement of a particular health care provider's suitability for the health care needs of any particular member and shouldn't be the sole factor in selecting a skilled nursing facility. UnitedHealthcare doesn't practice medicine or provide health care services. Healthcare professionals are solely responsible for medical judgments and treatments supplied. Selecting a skilled nursing facility from this list doesn't guarantee the quality of health care services members will receive from a skilled nursing facility and doesn't guarantee the outcome of any health care services members will receive.

Likewise, the fact that a skilled nursing facility isn't on this list doesn't mean that the skilled nursing facility doesn't provide quality health care services. \*Regardless of whether a skilled nursing facility is on this list, members have access to all skilled nursing facilities in the UnitedHealthcare network, as further described under the member's benefit plan.