

# Choosing a Quality Skilled Nursing Facility

We believe in helping UnitedHealthcare Medicare Advantage members receive the resources they need to successfully recover from an acute hospital event and return home. To help you and our members make more informed choices, we've compiled a list of high-performing skilled nursing facilities that may demonstrate improved patient outcomes based on quality and cost efficiency criteria. Skilled nursing facilities offer services to aid in patient recovery, like rehabilitation therapy and care from nurses and specialty care providers.

## Quality Assessment

We've created designations based on quality and performance metrics sourced from the UnitedHealthcare Medicare Advantage population and traditional Medicare members from the Centers for Medicare & Medicaid Services (CMS) Nursing Home Compare database. Additional considerations included skilled nursing facilities in active value-based contracts or the presence of an on-site clinician, which resulted in a high-performing provider designation.

We hope this information helps you when assisting members during the discharge planning process. To help answer your questions about the high-performing skilled nursing facilities, we've attached a list of frequently asked questions at the end of this document. Thank you for helping our members live their healthiest lives.

## High-Performing Skilled Nursing Facilities in Washington

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information
Adams	Avalon Care Center - Othello Llc	(509) 488-9609	Kittitas	Prestige Post-acute & Rehab Ctr - Kittitas Valley	(509) 925-4171
Asotin	Prestige Care & Rehab - Clarkston	(509) 758-2523	Okanogan	Regency Omak	(509) 846-7700
Benton	Regency Canyon Lakes Rehab And Nursing Center	(509) 582-5900	Pacific	Willapa Harbor Health And Rehab	(360) 942-2424
	Richland Rehabilitation Center	(509) 946-8095		Pierce	Cottesmore Of Life Care
Chelan	Colonial Vista Post-acute & Rehab Center	(509) 663-1171	Life Care Center Of Puyallup		(253) 845-7566
	Regency Wenatchee Rehab & Nursing Center	(509) 682-2551	Manor Care Of Gig Harbor Wa Llc		(253) 858-8688
Clark	Discovery Nursing & Rehab Of Vancouver	(360) 693-1474	Manor Care Of Tacoma Wa Llc		(253) 474-8421
	Manorcare Health Services - Salmon Creek	(360) 574-5247	Orchard Park Health Care & Rehab Center		(253) 475-4611
Cowlitz	Prestige Care & Rehabilitation - Camas	(360) 834-5055	Snohomish	Tacoma Lutheran Retirement Community	(253) 752-7112
	Beacon Hill Rehabilitation	(360) 423-4060		Arlington Health And Rehabilitation	(360) 403-8247
Franklin	Avalon Health & Rehab Center - Pasco	(509) 547-8811		Bothell Health Care	(425) 481-8500
Grant	Lake Ridge Center	(509) 765-7835		Lynnwood Post Acute Rehabilitation Center	(425) 776-5512
Grays Harbor	Grays Harbor Health & Rehab Center	(360) 532-5122		Regency Care Center At Monroe	(360) 794-4011
	Caroline Kline Galland Home	(206) 725-8800	Sunrise View Convalescent Ctr	(425) 353-4040	
King	Garden Terrace Healthcare Center Of Federal Way	(253) 661-2226	Warm Beach Health Care Center	(360) 652-7585	
	Avalon Care Center - Federal Way	(253) 835-7453	Avalon Care Center At Northpointe	(509) 468-7000	
	Bayview Manor - King	(206) 284-7330	Cheney Care Center	(509) 235-6196	
	Benson Heights Rehabilitation Center	(253) 852-7755	Good Samaritan Society - Spokane Valley	(509) 924-6161	
	Columbia Lutheran Home	(206) 632-7400	Manor Care Health Services-spo	(509) 326-8282	
	Corwin Center At Emerald Heights	(425) 556-8192	Providence St Joseph Care Center	(509) 474-5678	
	Covenant Shores Health Center	(206) 268-3039	Regency At Northpointe	(509) 465-8800	
	Cristwood Nursing And Rehabilitation	(206) 546-7400	Royal Park Health And Rehabilitation	(509) 489-2273	
	Hearthstone The	(206) 525-9666	Sullivan Park Care Center	(509) 922-1644	
	Issaquah Nursing And Rehabilitation Center	(425) 392-1271	Sunshine Health & Rehab	(509) 926-3547	
	Judson Park Health Center	(206) 824-4000	Touchmark On South Hill Nursing	(509) 536-2929	
	Lea Hill Rehabilitation And Care Center	(253) 876-1160	Alderwood Manor	(509) 535-2071	
	Life Care Center Of Kirkland	(425) 823-2323	Manorcare Health Services - Lacey	(360) 491-9890	
	Mirabella Seattle	(206) 254-1400	Panorama City Conv & Rehab Ctr	(360) 456-0111	
	Park Ridge Care Center - King	(206) 363-5856	Providence Mother Joseph Care	(360) 493-4900	
	Park West Care Center	(206) 937-9750	Puget Sound Healthcare Center	(360) 754-9792	
	Providence Marianwood	(425) 391-2800	Walla Walla	Park Manor Rehabilitation Ctr	(509) 529-4218
	Providence Mount St Vincent	(206) 937-3700	Whatcom	North Cascades Health And Rehab Center	(360) 398-1966
	Redmond Care And Rehabilitation Center	(425) 885-0808		Christian Health Care Center - Whatcom	(360) 354-4434
	Springs At Pacific Regent The	(425) 846-3993		Highland Health And Rehabilitation	(360) 734-4800
Stafford Healthcare	(206) 824-0600	Whitman	Shuksan Healthcare Center	(360) 733-9161	
Wesley Homes Health Center	(206) 824-3663		Whitman Health & Rehab Center	(509) 397-4603	
Kitsap	Bainbridge Island Health & Rehab Center	(206) 842-4765	Yakima	Avalon Care Center - Pullman	(509) 332-1566
	Life Care Center Of Port Orchard	(360) 876-8035		Crescent Health Care Inc	(509) 248-4446
	Martha And Mary Health Service	(360) 779-7500		Good Samaritan Health Care Ctr	(509) 248-5320
	Stafford Healthcare At Belmont	(360) 479-1515		Prestige Care & Rehabilitation - Parkside	(509) 248-1985
	Stafford Healthcare At Ridgemont	(360) 876-4461		Toppenish Nursing & Rehab Center	(509) 865-3955
				Willow Springs Care And Rehabilitation	(509) 966-4500

# Frequently Asked Questions

## What is the purpose of the high-performing skilled nursing facility evaluation?

We've identified high-performing skilled nursing facilities to help discharge planners and UnitedHealthcare Medicare Advantage plan members make more informed health care choices. Physicians may also use these high-performing care providers when referring members who are in need of skilled nursing services. These designations are reviewed on a semi-annual basis.

## What are the criteria used to evaluate skilled nursing facilities?

We created designations based on quality and performance metrics of UnitedHealthcare Medicare Advantage members and traditional Medicare members from the CMS Nursing Home Compare database.

The skilled nursing facility analysis uses a combination of average length of stay, acute readmission rate, presence of a value-based contract and on-site clinical presence, based on the UnitedHealthcare Medicare Advantage membership. In addition, we consider the following metrics from the CMS Nursing Home Compare database:

- Overall CMS star rating
- CMS health inspection rating
- Registered nurse staffing hours
- Overall CMS short term quality rating
- Percentage of re-hospitalizations after a skilled nursing facility admission

Based on analysis of UnitedHealthcare and CMS data, along with local market input, providers were identified as higher-performing and will be suggested for discharge planning recommendations.

## Can members select any skilled nursing facility that's part of the UnitedHealthcare network?\*

Yes. Regardless of whether a skilled nursing facility is identified as high-performing, members can choose from all participating skilled nursing facilities in the UnitedHealthcare network. Just because a skilled nursing facility isn't on this list doesn't mean that the facility can't provide quality health care services. Members can learn more by checking their benefits plan and asking their health care professionals.

## Who should I contact if I have questions about high-performing skilled nursing facilities?

If you have questions, please contact your Provider Advocate or call Provider Services at **877-842-3210**.

The information included in this document isn't an endorsement of a particular health care provider's suitability for the health care needs of any particular member and shouldn't be the sole factor in selecting a skilled nursing facility. UnitedHealthcare doesn't practice medicine or provide health care services. Healthcare professionals are solely responsible for medical judgments and treatments supplied. Selecting a skilled nursing facility from this list doesn't guarantee the quality of health care services members will receive from a skilled nursing facility and doesn't guarantee the outcome of any health care services members will receive.

Likewise, the fact that a skilled nursing facility isn't on this list doesn't mean that the skilled nursing facility doesn't provide quality health care services. \*Regardless of whether a skilled nursing facility is on this list, members have access to all skilled nursing facilities in the UnitedHealthcare network, as further described under the member's benefit plan.