## Premium Specialty: Internal Medicine

Credentialed Specialties Include: Geriatric Medicine, Internal Medicine, Pediatric Internal Medicine
Use this document with the UnitedHealth Premium® Program Methodology document at UnitedHealthPremium.UHC.com. Please review all of the methodology documents to understand the entire Premium methodology.

We evaluate quality using national standardized measures. Quality measures are attributed to physicians in applicable specialties. The following chart lists the safe, timely, and effective quality measures we use to evaluate physicians in the Internal Medicine Premium specialty by condition or procedure. These measures apply to our UnitedHealthcare commercial, UnitedHealthcare Medicare Advantage and UnitedHealthcare Community Plan patient populations, unless otherwise noted.

Please view the Quality Performance Evaluation Example for Safe, Timely and Effective Quality Measures and Attribution Methods documents to learn more.

| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Acute Otitis Externa | Patient(s) 2 years of age and older with acute otitis externa who were not prescribed systemic antimicrobial therapy | Patient with acute otitis externa did not have a systemic antimicrobial medication dispensed | Low Value Care | Rendering | Synopsis |
| Acute Otitis Media | Patient(s) on antibiotic therapy with acute otitis media that received amoxicillin, a first line antibiotic | The first antibiotic medication patient received for acute otitis media was amoxicillin trihydrate | Guideline Concordance: Acute Care | Rendering | Synopsis |
| Acute Sinusitis | Patient(s) treated with an antibiotic for acute sinusitis that received a first line antibiotic | The first antibiotic medication patient received for acute sinusitis was a first line antibiotic medication | Guideline Concordance: Acute Care | Rendering | Synopsis |
| Adherence to Non-Infused Biologic Medications Used to Treat Rheumatoid Arthritis | Patient(s) compliant with all prescribed non-infused biologic medications used to treat rheumatoid arthritis (minimum compliance $80 \%$ or higher) | Patient was $80 \%$ or more compliant with all prescribed non-infused biologic medications used to treat rheumatoid arthritis | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Adherence to Non-Infused Disease-Modifying Agents Used to Treat Multiple Sclerosis | Patient(s) compliant with all prescribed non-infused disease-modifying agents used to treat multiple sclerosis (minimum compliance $80 \%$ or higher) | Patient was $80 \%$ or more compliant with all prescribed non-infused diseasemodifying agents used to treat multiple sclerosis | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Antipsychotic Medication Management | Patient(s) with schizophrenia, schizoaffective disorder or bipolar disorder taking an antipsychotic medication who were screened for diabetes during the report period | Patient with schizophrenia, schizoaffective disorder or bipolar disorder taking an antipsychotic medication was screened for diabetes | Safety | Patient | Contact National Quality Forum |
|  | Patient(s) with schizophrenia or schizoaffective disorder who were dispensed and remained on antipsychotic medication for at least 80\% of their treatment period | Patient with schizophrenia or schizoaffective disorder was $80 \%$ or more compliant with prescribed antipsychotic medication | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Appropriate Testing for Pharyngitis | Patient(s) 3-17 years of age who were treated with an antibiotic for pharyngitis that had a Group A streptococcus test | Patient treated with an antibiotic for pharyngitis had a Group A streptococcus test | Guideline Concordance: Acute Care | Rendering | Contact National Committee for Quality Assurance |
|  | Patient(s) 18-64 years of age who were treated with an antibiotic for pharyngitis that had a Group A streptococcus test | Patient treated with an antibiotic for pharyngitis had a Group A streptococcus test | Guideline Concordance: Acute Care | Rendering | Contact National Committee for Quality Assurance |
|  | Patient(s) 65 years of age or older who were treated with an antibiotic for pharyngitis that had a Group A streptococcus test | Patient treated with an antibiotic for pharyngitis had a Group A streptococcus test | Guideline Concordance: Acute Care | Rendering | Contact National Committee for Quality Assurance |
| Appropriate Treatment for Upper Respiratory Infection | Patient(s) 3 months- 17 years of age with a diagnosis of upper respiratory infection (URI) that did not have a prescription for an antibiotic on or within three days after the initiating visit | Patient with a diagnosis of upper respiratory infection (URI) did not have a prescription for an antibiotic on or within three days after the initiating visit | Low Value Care | Rendering | Contact National Committee for Quality Assurance |
|  | Patient(s) 18-64 years of age with a diagnosis of upper respiratory infection (URI) that did not have a prescription for an antibiotic on or within three days after the initiating visit | Patient with a diagnosis of upper respiratory infection (URI) did not have a prescription for an antibiotic on or within three days after the initiating visit | Low Value Care | Rendering | Contact National Committee for Quality Assurance |
|  | Patient(s) 65 years of age and older with a diagnosis of upper respiratory infection (URI) that did not have a prescription for an antibiotic on or within three days after the initiating visit | Patient with a diagnosis of upper respiratory infection (URI) did not have a prescription for an antibiotic on or within three days after the initiating visit | Low Value Care | Rendering | Contact National Committee for Quality Assurance |
| Asthma | Patient(s) that had an ambulatory visit for asthma care in last 12 reported months | Patient had an ambulatory visit for asthma care | Guideline Concordance: Chronic Disease | Patient | Synopsis |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Asthma Medication Ratio | Patient(s) between the ages of 5 and 11 with an asthma medication ratio >= 0.50 during the report period | Patient had an asthma medication ratio $>=0.50$ | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) between the ages of 12 and 18 with an asthma medication ratio >= 0.50 during the report period | Patient had an asthma medication ratio $>=0.50$ | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) between the ages of 19 and 50 with an asthma medication ratio >= 0.50 during the report period | Patient had an asthma medication ratio $>=0.50$ | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) between the ages of 51 and 64 with an asthma medication ratio >= 0.50 during the report period | Patient had an asthma medication ratio $\mid>=0.50$ | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
| Atrial Fibrillation | Patient(s) at high risk for thromboembolism who are currently taking warfarin, an oral thrombin inhibitor, or an oral factor Xa inhibitor | Patient at high risk for thromboembolism had warfarin, or an oral thrombin inhibitor, or an oral factor Xa inhibitor medication dispensed | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) compliant with prescribed oral factor Xa inhibitor (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed oral factor Xa inhibitor medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Attention Deficit Hyperactivity Disorder (ADHD) | Patient(s) with an outpatient, intensive outpatient or partial hospitalization follow-up visit with a prescribing provider during the 30 days after the initial ADHD prescription | Patient had an outpatient, intensive outpatient or partial hospitalization follow-up visit with a prescribing provider during the 30 days after the initial ADHD prescription | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
|  | Patient(s) with an outpatient, intensive outpatient or partial hospitalization follow-up visit with a prescribing provider during the 30 days after the initial ADHD prescription, and two follow-up visits during the 31 days through 300 days after the initial ADHD prescription | Patient had an outpatient, intensive outpatient or partial hospitalization follow-up visit with a prescribing provider during the 30 days after the initial ADHD prescription and two follow-up visits during the 31-300 days after the initial ADHD prescription | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis | Patient(s) 3 months to 17 years of age with a diagnosis of acute bronchitis/bronchiolitis that did not have a prescription for an antibiotic on or within three days after the initiating visit | Patient with a diagnosis of acute bronchitis/bronchiolitis did not have a prescription for an antibiotic on or within three days after the initiating visit | Low Value Care | Rendering | Contact National Committee for Quality Assurance |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis | Patient(s) 18-64 years of age with a diagnosis of acute bronchitis/bronchiolitis that did not have a prescription for an antibiotic on or within three days after the initiating visit | Patient with a diagnosis of acute bronchitis/bronchiolitis did not have a prescription for an antibiotic on or within three days after the initiating visit | Low Value Care | Rendering | Contact National Committee for Quality Assurance |
|  | Patient(s) 65 years of age and older with a diagnosis of acute bronchitis/bronchiolitis that did not have a prescription for an antibiotic on or within three days after the initiating visit | Patient with a diagnosis of acute bronchitis/bronchiolitis did not have a prescription for an antibiotic on or within three days after the initiating visit | Low Value Care | Rendering | Contact National Committee for Quality Assurance |
| Back Pain | Patient(s) with uncomplicated low back pain that did not have imaging studies | Patient with uncomplicated low back pain did not have imaging studies | Low Value Care | Rendering | Contact National Committee for Quality Assurance |
| Breast Cancer - Part I | Breast cancer patient(s) without evidence of metastases that had an annual mammogram | Patient had an annual mammogram | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Breast Cancer Screening | Patient(s) 52-74 years that had a screening mammogram in last 27 reported months | Patient had a screening mammogram | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
| Cardiac Imaging for Preoperative Risk Assessment for NonCardiac, Low-Risk Surgery | Patients of low-risk who did not receive cardiac imaging 30 days prior to a noncardiac, low-risk surgery | Patient of low-risk did not have cardiac imaging 30 days prior to a non-cardiac, low-risk surgery | Low Value Care | Ordering | Contact Centers for Medicare \& Medicaid Services |
| Cerebral Vascular Accident and Transient Cerebral Ischemia (Stroke) | Patient(s) compliant with prescribed clopidogrel (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed clopidogrel medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Cervical Cancer Screening | Women that had appropriate screening for cervical cancer | Patient had screening for cervical cancer | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Women that had appropriate screening for cervical cancer | Patient had screening for cervical cancer | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
| Child and Adolescent Well Child Visits | Patient(s) 3-11 years that had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner in the last 12 reported months | Patient had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner in the last 12 reported months | Guideline Concordance: Preventive Care | Patient | Contact National Committee for Quality Assurance |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Child and Adolescent Well Child Visits | Patient(s) 12-17 years that had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner in the last 12 reported months | Patient had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner in the last 12 reported months | Guideline Concordance: Preventive Care | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 18-21 years that had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner in the last 12 reported months | Patient had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner in the last 12 reported months | Guideline Concordance: Preventive Care | Patient | Contact National Committee for Quality Assurance |
| Childhood Immunizations | Patient(s) 2 years old at the end of the report period that had four DTaP immunizations by their 2nd birthday | Patient had four DTaP immunizations by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had three polio vaccinations by their 2 nd birthday | Patient had three polio immunizations by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had a measles, mumps and rubella (MMR) immunization between their 1st and 2nd birthday | Patient had a measles, mumps and rubella (MMR) immunization between the 1st and 2 nd birthdays | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had three Hib immunizations by their 2nd birthday | Patient had three Hib immunizations by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had three hepatitis B immunizations by their 2nd birthday | Patient had three hepatitis B immunizations by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had a varicella immunization between their 1st and 2nd birthday | Patient had a varicella immunization between the 1st and 2nd birthdays | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had four pneumococcal conjugate immunizations by their 2nd birthday | Patient had four pneumococcal conjugate immunizations by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 2 years old at the end of the report period that had one hepatitis A immunization between their 1st and 2nd birthday | Patient had a hepatitis A immunization between the 1st and 2nd birthdays | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Childhood Immunizations | Patient(s) 2 years old at the end of the report period that had the required number of rotavirus immunizations by their 2nd birthday | Patient had the required number of rotavirus immunizations by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
| Chlamydia Screening | Patient(s) 16-20 years that had a chlamydia screening test in last 12 reported months | Patient had a chlamydia screening test | Guideline Concordance: Preventive Care | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 21-24 years that had a chlamydia screening test in last 12 reported months | Patient had a chlamydia screening test | Guideline Concordance: Preventive Care | Patient | Contact National Committee for Quality Assurance |
| Chronic Obstructive <br> Pulmonary Disease | Patient(s) compliant with prescribed long-acting antimuscarinic agent (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed long-acting antimuscarinic agent | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) 40 years of age and older with COPD exacerbation that received a systemic corticosteroid within 14 days of the hospital or ED discharge | Patient with COPD exacerbation had a systemic corticosteroid medication dispensed within 14 days after hospital or ED discharge | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
|  | Patient(s) 40 years of age and older with COPD exacerbation that received a bronchodilator within 30 days of the hospital or ED discharge | Patient with COPD exacerbation had a bronchodilator medication dispensed within 30 days after hospital or ED discharge | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Concurrent Use of Opioids and Benzodiazepines | Patient(s) did not have concurrent use of prescription opioids and benzodiazepines | Patient did not have prescription opioid and benzodiazepine medications concurrently dispensed | Safety | Prescribing | Contact National Quality Forum |
| Congestive Heart Failure | Patient(s) currently taking an ACEinhibitor or acceptable alternative | Patient had an ACE-inhibitor or acceptable alternative medication dispensed | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Coronary Artery Disease | Patient(s) compliant with prescribed beta-blocker-containing medication (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed beta-blocker-containing medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Depression | Patient(s) with major depression who start an antidepressant medication that remained on treatment for at least 12 weeks (effective acute phase treatment) | Patient with major depression who started an antidepressant medication and remained on treatment for at least 12 weeks (effective acute phase treatment) | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Depression | Patient(s) with major depression who start an antidepressant medication that remained on treatment for at least 6 months (effective continuation phase treatment) | Patient with major depression who started an antidepressant medication and remained on treatment for at least 6 months (effective continuation phase treatment) | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Diabetes | Patient(s) with a diagnosis of diabetic nephropathy, proteinuria, or chronic renal failure currently taking an ACEinhibitor or angiotensin receptor blocker | Patient with diabetic nephropathy, proteinuria, or chronic renal failure had an ACE-inhibitor or angiotensin receptor antagonist medication dispensed | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) compliant with prescribed ACE-inhibitor-containing medication (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed ACE-inhibitorcontaining medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) compliant with prescribed angiotensin receptor blocker-containing medication (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed angiotensin receptor blocker-containing medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) 18-75 years of age that had a HbA 1 c test in last 12 reported months | Patient had a HbA1C test | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
|  | Patient(s) 18-75 years of age that had annual screening for nephropathy or evidence of nephropathy | Patient had annual screening for nephropathy or evidence of nephropathy | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Diabetes Medications-Part D Medication Adherence | Patient(s) compliant with all prescribed diabetes medications (minimum compliance $80 \%$ or higher) (Medicare only) | Patient was $80 \%$ or more compliant with all prescribed diabetes medications | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Epilepsy | Patient(s) compliant with prescribed lamotrigine (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed lamotrigine | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) compliant with prescribed racetam derivatives for epilepsy (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed racetam derivative medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) compliant with prescribed carbamazepine or derivatives (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed carbamazepine or derivatives | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Follow-Up After ED Visit For People With Multiple HighRisk Chronic Conditions | Patient(s) between the ages of 18 and 64 with an ED visit and multiple highrisk chronic conditions that had a follow-up visit within 7 days | Patient with multiple high-risk chronic conditions had a follow-up visit within 7 days of an emergency department visit | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |

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| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-Up After ED Visit For People With Multiple HighRisk Chronic Conditions | Patient(s) age 65 years and older with an ED visit and multiple high-risk chronic conditions that had a follow-up visit within 7 days | Patient with an ED visit and multiple high-risk chronic conditions had a follow-up visit within 7 days | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
| Hepatitis C | Patient(s) with cirrhosis that had a liver imaging test in last 6 reported months | Patient with cirrhosis had a liver imaging test | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Immunizations for Adolescents | Patient(s) 13 years old at the end of the report period that had the meningococcal vaccine by their 13th birthday | Patient had a meningococcal vaccine between the 11th and 13th birthdays | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 13 years old at the end of the report period that had the Tdap vaccine by their 13th birthday | Patient had a diphtheria, tetanus and pertussis (Tdap) vaccine between the 10th and 13th birthdays | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
|  | Patient(s) 13 years old at the end of the report period that had three HPV vaccinations at least 14 days apart, or two HPV vaccinations at least 146 days apart between their 9th and 13th birthdays | Patient had three HPV vaccinations at least 14 days apart or two HPV vaccinations at least 146 days apart between the 9th and 13th birthdays | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |
| Inflammatory Bowel Disease | Patient(s) compliant with prescribed tumor necrosis factor inhibitor (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed tumor necrosis factor inhibitor medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) taking methotrexate, sulfasalazine, mercaptopurine, or azathioprine that had a CBC in last 3 reported months | Patient taking methotrexate, sulfasalazine, mercaptopurine, or azathioprine had a complete blood count (CBC) test | Safety | Patient | Synopsis |
|  | Patient(s) taking methotrexate, azathioprine or mercaptopurine that had serum ALT or AST test in last 6 reported months | Patient taking methotrexate, azathioprine or mercaptopurine had a serum ALT or AST test | Safety | Patient | Synopsis |
| Kidney Health Evaluation for Patients with Diabetes | Patient(s) 18-64 years with diabetes that had kidney health evaluation in last 12 reported months | Patient with diabetes had kidney evaluation | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 65-74 years with diabetes that had kidney health evaluation in last 12 reported months | Patient with diabetes had kidney evaluation | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
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| Kidney Health Evaluation for Patients with Diabetes | Patient(s) 75-85 years with diabetes that had kidney health evaluation in last 12 reported months | Patient with diabetes had kidney evaluation | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
| Lead Screening in Children | Patient(s) 2 years old at the end of the report period that had at least one capillary or venous blood test on or before their 2nd birthday (Medicaid only) | Patient had a capillary or venous blood test for lead by the 2nd birthday | Guideline Concordance: Preventive Care | Patient | Contact National Committee for Quality Assurance |
| Medication Safety Monitoring | Older adult patients who had an accidental fall or hip fracture who did not use an antiepileptic, nonbenzodiazepine hypnotic, SSRI, SNRI, antipsychotic, benzodiazepine, or tricyclic antidepressant after the incident | Patient with an accidental fall or hip fracture did not have an antiepileptic, nonbenzodiazepine hypnotic, SSRI, SNRI, antipsychotic, benzodiazepine, or tricyclic antidepressant medication dispensed after the incident | Safety | Prescribing | Contact National Quality Forum |
|  | Older adult patients with dementia who did not use an antipsychotic, benzodiazepine, tricyclic antidepressant, nonbenzodiazepine hypnotic or anticholinergic agent after the earliest record of dementia | Patient with dementia did not have an antipsychotic, benzodiazepine, tricyclic antidepressant, nonbenzodiazepine hypnotic or anticholinergic agent dispensed after the earliest record of dementia | Safety | Prescribing | Contact National Quality Forum |
|  | Older adult patients with chronic kidney disease who did not use a Cox-2 selective or nonaspirin NSAID after the earliest record of chronic kidney disease | Patient with chronic kidney disease did not have a Cox-2 selective or nonaspirin non-steroidal antiinflammatory drug (NSAID) dispensed after the earliest record of chronic kidney disease | Safety | Prescribing | Contact National Quality Forum |
| Metabolic Monitoring for Children and Adolescents on Antipsychotics | Patient(s) 1-11 years who had two or more antipsychotic medications and had blood glucose and cholesterol testing during the report period | Patient had two or more antipsychotic medications and had blood glucose and cholesterol testing | Safety | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 12-17 years who had two or more antipsychotic medications and had blood glucose and cholesterol testing during the report period | Patient had two or more antipsychotic medications and had blood glucose and cholesterol testing | Safety | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 1-11 years who had two or more antipsychotic medications and had blood glucose testing during the report period | Patient had two or more antipsychotic medications and had blood glucose testing | Safety | Patient | Contact National Committee for Quality Assurance |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Metabolic Monitoring for Children and Adolescents on Antipsychotics | Patient(s) 12-17 years who had two or more antipsychotic medications and had blood glucose testing during the report period | Patient had two or more antipsychotic medications and had blood glucose testing | Safety | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 1-11 years who had two or more antipsychotic medications and had cholesterol testing during the report period | Patient had two or more antipsychotic medications and cholesterol testing | Safety | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 12-17 years who had two or more antipsychotic medications and had cholesterol testing during the report period | Patient had two or more antipsychotic medications and cholesterol testing | Safety | Patient | Contact National Committee for Quality Assurance |
| Migraine Headache | Patient(s) compliant with prescribed antiepileptics for migraine prophylaxis (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed antiepileptic medication for migraine prophylaxis | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Patient(s) compliant with prescribed beta-blocker-containing medication (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed beta-blocker-containing medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
| Monitoring of Persistent Medications | Patient(s) taking lithium that had a lithium level in last 6 reported months | Patient taking lithium had a lithium level test | Safety | Patient | Synopsis |
| MRI Lumbar Spine For Low Back Pain | Patient(s) with a lumbar spine MRI and low back pain diagnosis on the imaging claim that have claims-based evidence of antecedent conservative therapy | Patient with a lumbar spine MRI and low back pain diagnosis had antecedent conservative therapy | Low Value Care | Ordering | Contact Centers for Medicare \& Medicaid Services |
| Non-Recommended Cervical Cancer Screening in Adolescent Females | Patient(s) 16-20 years of age that did not have a cervical cancer screening (cervical cytology or HPV test) in the last 12 reported months | Patient did not have a nonrecommended cervical cancer screening test (cervical cytology or HPV test) | Low Value Care | Patient | Contact National Committee for Quality Assurance |
| Non-Recommended PSABased Screening in Older Men | Patient(s) 70 years and older did not have a prostate-specific antigen (PSA)based screening test in the last 12 reported months | Patient did not have a nonrecommended prostate-specific antigen (PSA)-based screening test | Low Value Care | Patient | Contact National Committee for Quality Assurance |
| Osteoporosis Management | Patient(s) compliant with prescribed oral bisphosphonate (minimum compliance 80\%) | Patient was $80 \%$ or more compliant with prescribed oral bisphosphonate medication | Guideline Concordance: Chronic Disease | Patient | Synopsis |
|  | Women 67-85 years who were treated or tested for osteoporosis within six months of a fracture | Patient was treated or tested for osteoporosis within six months of a fracture | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | $\begin{array}{l}\text { Attribution } \\ \text { Method }\end{array}$ | Source |
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| Persistence of Beta-Blocker | $\begin{array}{l}\text { Patient(s) hospitalized with an acute } \\ \text { myocardial infarction (AMI) persistently } \\ \text { making a beta-blocker for six months } \\ \text { after discharge }\end{array}$ | $\begin{array}{l}\text { Patient hospitalized with acute } \\ \text { myocardial infarction (AMI) had } \\ \text { persistent beta-blocker medication } \\ \text { therapy for six months after discharge }\end{array}$ | $\begin{array}{l}\text { Guideline } \\ \text { Concordance: } \\ \text { Chronic Disease }\end{array}$ | Patient | $\begin{array}{c}\text { Contact National } \\ \text { Quality Forum }\end{array}$ |
| Pneumonia | $\begin{array}{l}\text { Adult(s) with community-acquired } \\ \text { bacterial pneumonia who have a chest } \\ \text { X-ray }\end{array}$ | $\begin{array}{l}\text { Patient with community-acquired } \\ \text { bacterial pneumonia had a chest X-ray }\end{array}$ | $\begin{array}{l}\text { Guideline } \\ \text { Concordance: } \\ \text { Acute Care }\end{array}$ | Rendering | Synopsis |
| Prostate Cancer | $\begin{array}{l}\text { Patient(s) that had a prostate specific } \\ \text { antigen test in last 12 reported months }\end{array}$ | $\begin{array}{l}\text { Patient had a prostate specific antigen } \\ \text { test }\end{array}$ | $\begin{array}{l}\text { Guideline } \\ \text { Concordance: } \\ \text { Chronic Disease }\end{array}$ | Patient | Synopsis |
| $\begin{array}{l}\text { Renin Angiotensin System } \\ \text { (RAS) Antagonists-Part D } \\ \text { Medication Adherence }\end{array}$ | $\begin{array}{l}\text { Patient(s) compliant with prescribed } \\ \text { RAS antagonist medication (minimum } \\ \text { compliance 80\% or higher) (Medicare } \\ \text { only) }\end{array}$ | $\begin{array}{l}\text { Patient was 80\% or more compliant } \\ \text { with prescribed RAS antagonist } \\ \text { medication }\end{array}$ | $\begin{array}{l}\text { Guideline } \\ \text { Concordance: } \\ \text { Chronic Disease }\end{array}$ | Patient | Contact National |
| Quality Forum |  |  |  |  |  |$\}$| Sy |
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| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Risk Of Continued OpioidUse | Patient(s) age 65 years and older who were opioid-naive and were not prescribed access to opioid medication for 15 or more days during the first 30 days following first opioid treatment initiation | Patient did not have opioid medication for 15 or more days during the first 30 days following initial opioid treatment | Safety | Prescribing | Contact National Committee for Quality Assurance |
|  | Patient(s) age 18-64 years who were opioid-naive and were not prescribed access to opioid medication for 31 or more days during the first 62 days following first opioid treatment initiation | Patient did not have opioid medication for 31 or more days during the first 62 days following initial opioid treatment | Safety | Prescribing | Contact National Committee for Quality Assurance |
|  | Patient(s) age 65 years and older who were opioid-naive and were not prescribed access to opioid medication for 31 or more days during the first 62 days following first opioid treatment initiation | Patient did not have opioid medication for 31 or more days during the first 62 days following initial opioid treatment | Safety | Prescribing | Contact National Committee for Quality Assurance |
| Statin Therapy for Patients with Cardiovascular Disease | Men 21-75 years with cardiovascular disease that received a high-intensity or moderate-intensity statin medication | Patient with cardiovascular disease had a high or moderate-intensity statin medication dispensed | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Women 40-75 years with cardiovascular disease that received a high-intensity or moderate-intensity statin medication | Patient with cardiovascular disease had a high or moderate-intensity statin medication dispensed | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Men 21-75 years with statin adherence (proportion of days covered) at least 80\% during the treatment period | Patient was $80 \%$ or more compliant with prescribed statin medication | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Women 40-75 years with statin adherence (proportion of days covered) at least $80 \%$ during the treatment period | Patient was $80 \%$ or more compliant with prescribed statin medication | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
| Statin Therapy for Patients with Diabetes | Patient(s) 40-75 years with diabetes that received a statin medication | Patient with diabetes had a statin medication dispensed | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) with statin adherence (proportion of days covered) at least 80\% during the treatment period | Patient was $80 \%$ or more compliant with prescribed statin medication | Guideline Concordance: Chronic Disease | Patient | Contact National Committee for Quality Assurance |


| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution Method | Source |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Statins-Part D Medication Adherence | Patient(s) compliant with prescribed statin medication (minimum compliance $80 \%$ or higher) (Medicare only) | Patient was $80 \%$ or more compliant with prescribed statin medication | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Transitions of Care | Patient(s) 18-64 years of age that had patient engagement (e.g., office visits, visits to the home, telehealth) within 30 days after discharge | Patient had patient engagement within 30 days after discharge | Safety | Patient | Contact National Committee for Quality Assurance |
|  | Patient(s) 65 years of age or older that had patient engagement (e.g., office visits, visits to the home, telehealth) within 30 days after discharge | Patient had patient engagement within 30 days after discharge | Safety | Patient | Contact National Committee for Quality Assurance |
| Use of Contrast Material in CT | Patient(s) with an abdomen CT test performed that did not have "combined studies" (with and without contrast material) | Patient did not have an abdomen CT test using combined studies (with and without contrast material) | Low Value Care | Ordering | Contact Centers for Medicare \& Medicaid Services |
| Use of High-Risk <br> Medications in Older Adults | Patients 67 years and older who did not receive two or more of the same highrisk medications from the same drug class in the last 12 reported months | Patient did not have two or more of the same high-risk medications from the same drug class dispensed | Safety | Prescribing | Contact National Committee for Quality Assurance |
|  | Patients 67 years and older who did not receive two or more of the same highrisk medications except for appropriate diagnosis in the last 12 reported months | Patient did not have two or more of the same high-risk medications except for the appropriate diagnosis dispensed | Safety | Prescribing | Contact National Committee for Quality Assurance |
| Use of Opioid Medications | Patient(s) 18 years or older without an average morphine milligram equivalent (MME) $>=90 \mathrm{mg} /$ day during the treatment period | Patient did not have an average morphine equivalent dose >=90 mg/day | Safety | Prescribing | Contact National Committee for Quality Assurance |
| Use Of Opioids From Multiple Providers | Patient(s) 18 years or older that did not fill opioid prescriptions from four or more different prescribers | Patient did not have opioid medications from four or more different prescribers dispensed | Safety | Prescribing | Contact National Committee for Quality Assurance |
| Use of Spirometry Testing in the Assessment and Diagnosis of COPD | Patient(s) that had appropriate spirometry testing to confirm COPD diagnosis | Patient had appropriate spirometry testing to confirm COPD diagnosis | Guideline Concordance: Chronic Disease | Patient | Contact National Quality Forum |
| Well Child Visits in the First 30 Months of Life | Patient(s) that had six or more wellchild visits with a PCP during the first 15 months of life | Patient had six or more well-child visits with a PCP during the first 15 months of life | Guideline Concordance: Preventive Care | Patient | Contact National Quality Forum |


$\left.$| Condition/Procedure | Measure | Compliance Criteria | Measure Type | Attribution <br> Method |
| :--- | :--- | :--- | :--- | :--- |
| Well Child Visits in the First <br> 30 Months of Life | Patient(s) age 30 months that had two <br> well-child visits with a PCP between <br> ages 15 months and 30 months | Patient had two well-child visits with a <br> PCP between ages 15 months and 30 <br> months | Guideline <br> Concordance: <br> Preventive Care | Patient | | Contact National |
| :---: |
| Committee for |
| Quality Assurance | \right\rvert\,

## Important Notes

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The information from the UnitedHealth Premium program is not an endorsement of a particular physician or health care professional's suitability for the health care needs of any particular member. UnitedHealthcare does not practice medicine nor provide health care services. Physicians are solely responsible for medical judgments and treatments supplied. A Premium Care Physician designation does not guarantee the quality of health care services members will receive from a physician and does not guarantee the outcome of any health care services members will receive. The fact that a physician doesn't have a Premium Care Physician designation doesn't mean the physician doesn't provide quality health care services. All physicians in the UnitedHealthcare Network have met certain minimum credentialing requirements. Regardless of whether a physician has received a Premium Care Physician designation, members have access to all physicians in the UnitedHealthcare Network, as further described under the member's benefit plan. There are various reasons why a physician may not be designated as a Premium Care Physician. A physician may not receive a Premium Care designation because that physician has not been evaluated for a Premium Care designation. This occurs when a physician does not practice in a specialty that is evaluated by the Premium program, or when a physician's evaluation is in process. It also occurs when a physician does not have enough health plan claims data to be evaluated, but it is not an indicator of the total number of patients treated by the physician or the number of procedures performed by the physician. Rather, it reflects the statistical requirements of the Premium program, which includes only health plan claims associated with specific Premium program measures and relevant to the physician's specialty. In some cases, there may not be enough data to complete the analytic process from a statistical standpoint. UnitedHealthcare informs members that designations are intended only as a guide when choosing a physician and should not be the sole factor in selecting a physician. As with all programs that evaluate performance based on analysis of a sample, there is a risk of error. There is a risk of error in the claims data used in the evaluation, the calculations used in the evaluation, and the way the Premium program determined that an individual physician was responsible for the treatment of the patient's condition. Physicians have the opportunity to review this data and submit a reconsideration request. UnitedHealthcare uses statistical testing to compare a physician's results to expected or normative results. There is a risk of error in statistical tests when applied to the data and a result based on statistical testing is not a guarantee of correct inference or classification. We inform members that it is important that they consider many factors and information when selecting a physician. We also inform our members that they may wish to discuss designations with a physician before choosing him or her, or confer with their current physician for advice on selecting other physicians. The information contained in this document is subject to change.

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