

# Area of Expertise Indicators

## Overview

Area of Expertise in an indicator within the UnitedHealthcare medical directory that displays a health care professional's unique experience, training and certifications. This indicator helps members identify in-network health care professionals who can best meet their special health care needs.

The Area of Expertise indicators are distinct from a health care professional's practicing specialty and clinical focus. For instance, an OB/GYN may have a clinical focus in endometriosis and infertility, and also have expertise in working with visually impaired individuals.

## Key Points

- Health care professionals can choose to include Area of Expertise indicators in their UnitedHealthcare medical directory listing.
- Available indicators are outlined in this document.
- Review the Area of Expertise [webpage](#) for instructions on adding or updating the indicators in a directory listing.

## Available Indicators

These are the Area of Expertise indicators that can be included in our Commercial, Medicaid and Medicare in-network medical directories:

- **AGED (AGED):** Care for a specific age that focuses on conditions that can happen to older adults.
- **BLINDNESS OR VISUALLY IMPAIRED (BVI):** Care for individuals with the inability to see (blindness) or a person who needs help to see by using glasses, contacts or by having surgery.
- **CHRONIC ILLNESS (CIL):** Care for individuals living with a long-term illness, such as HIV/AIDS, arthritis, diabetes and heart disease (COPD).
- **CO-OCCURRING DISORDERS (CODT):** Care for a condition where an individual has a mental illness and substance use disorder.
- **DEVELOPMENTALLY DISABLED (DD):** Care for a condition where a person develops slower than others, commonly begins in childhood.
- **HEARING IMPAIRED POPULATIONS (HIMP):** Care for a condition where an individual has mild, moderate or total loss of hearing.
- **HOMELESSNESS (HLC):** Provide services specifically for mental, emotional, and physical support of the effects that can occur with homelessness.

- **HIV/AIDS (HV):** Care for individuals living with HIV/AIDS.
- **MEDICATION-ASSISTED TREATMENT-BUPRENORPHINE (MAT1):** Medication-Assisted Treatment (MAT) is the use of medications (Buprenorphine) in combination with counseling and behavioral therapies to treat both Substance Use Disorder (SUD) & Opioid Use Disorder (OUD). This health care professional is registered with the Drug Enforcement Administration (DEA) to prescribe OUD treatment medication.
- **MEDICATION-ASSISTED TREATMENT-METHADONE (MAT2):** Medication-Assisted Treatment (MAT) is the use of medications (Methadone) in combination with counseling and behavioral therapies to treat both Substance Use Disorder (SUD) & Opioid Use Disorder (OUD). This health care professional is registered with the Drug Enforcement Administration (DEA) to prescribe OUD treatment medication.
- **MEDICATION-ASSISTED TREATMENT-NALTREXONE (MAT3):** Medication-Assisted Treatment (MAT) is the use of medications (Naltrexone) in combination with counseling and behavioral therapies to treat both Substance Use Disorder (SUD) & Opioid Use Disorder (OUD). This health care professional is registered with the Drug Enforcement Administration (DEA) to prescribe OUD treatment medication.
- **PHYSICAL DISABILITIES (PDB):** Care for an individual with a physical disability, such as Cerebral Palsy, Cystic Fibrosis and Multiple Sclerosis.
- **SERIOUS MENTAL ILLNESS (SMI):** Care for individuals with a serious mental illness through experience, training or skills in providing medical care for them.
- **TELEMEDICINE (THS):** Real-time, confidential health care through virtual chat or over the phone.
- **GENDER-AFFIRMING SURGERY (FTMB) – BOTTOM:** Surgical procedure (or procedures) by which a person's physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This health care professional performs female-to-male bottom (below the waist) surgery.
- **GENDER-AFFIRMING SURGERY (FTMT) – TOP:** Surgical procedure (or procedures) by which a person's physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This health care professional performs female-to-male top (above the waist) surgery.
- **GENDER-AFFIRMING SURGERY (MTFB) – BOTTOM:** Surgical procedure (or procedures) by which a person's physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This health care professional performs male-to-female bottom (below the waist) surgery.
- **GENDER-AFFIRMING SURGERY (MTFT) – TOP:** Surgical procedure (or procedures) by which a person's physical appearance and function of their existing sexual characteristics are altered to resemble that socially associated with their identified gender. This health care professional performs male-to-female top (above the waist) surgery.

- **TRANSGENDER - HORMONE THERAPY (CSHT):** A form of hormone therapy in which sex hormones and other hormonal medications are administered to individuals for the purpose of more closely aligning their secondary sexual characteristics with their gender identity.
- **TRANSGENDER - ELECTROLYSIS/HAIR REMOVAL (TEHR):** Hair removal in advance of genital reconstruction prescribed by a physician for the treatment of gender dysphoria.
- **TRANSGENDER - FACIAL FEMINIZATION SURGERY (TFFS):** A set of cosmetic surgical procedures that alter typically male facial features to bring them closer in shape and size to typical female facial features.

## Medicaid-Specific Indicators

These are the Area of Expertise indicators that can be included only in our Medicaid in-network medical directories:

- **PROVIDER LED INTEGRATED CARE COORDINATION (PLIC):** A community-based program that is led by a health care professional or team of health care professionals to help individuals with medical and mental conditions to help better manage their needs.
- **INTENSIVE BEHAVIORAL HEALTH COMMUNITY TRANSITION SERVICES (IBCT):** A short but intense program that helps individuals with serious mental illnesses and/or substance use contribute to their communities with the proper tools they need for daily life.
- **INTENSIVE BEHAVIORAL HEALTH FAMILY CENTERED TREATMENT (IBFT):** A short but intense program that helps individuals with serious mental illnesses and/or substance use contribute to their communities with the proper tools they need for daily life.
- **TELEMONITORING (TMNT):** Home telemonitoring is a health service that requires scheduled remote monitoring of data related to a client's health, and transmission of the data from the client's home to a licensed home health agency or a hospital.

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