

# Care for Individuals Diagnosed with Schizophrenia and/or Prescribed Antipsychotic Medication

We appreciate you taking an active role in providing and monitoring treatment for those who have been diagnosed with schizophrenia and/or prescribed antipsychotic medications. Here are recommendations based on the National Committee for Quality Assurance HEDIS<sup>®</sup> specification.

## How You Can Help

**Individuals who have been diagnosed with schizophrenia and/or prescribed antipsychotic medication must have metabolic testing after an initial prescription of antipsychotic medications, repeated annually.**

### Testing includes:

- At least one test for blood glucose or HbA1c
- At least one test for LDL-C or cholesterol
- Referral to a Mental Health Professional

## Refer to a Mental Health Professional

You can request referrals for members by calling the number on the back of the member's health plan ID card or by visiting [liveandworkwell.com](http://liveandworkwell.com).

**Remember to ask the member for contact information for other treating care providers in order to coordinate care.**

## Medication Adherence

- Educate members on the benefits of medication and common side effects.
- Discuss how long it might take for the medication to take effect.
- Encourage patients to have an open dialogue with you.
- Stress the importance of remaining on medications even after they feel better.
- Schedule appropriate follow-up appointments to discuss medication adherence.
- Call members for reminders of upcoming appointment(s).



## Resources

- More tools and information about behavioral health issues are available at [providerexpress.com](http://providerexpress.com) > Clinical Resources > Behavioral Health Toolkit for Medical Providers.
- Member education information is available at [liveandworkwell.com](http://liveandworkwell.com) using access code "clinician". See "Mind & Body" at the top and scroll down to find the links to various topics.

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