

Colorectal Cancer Screening

At UnitedHealthcare, we want to help our plan members live their healthiest lives. This includes supporting preventive care, including cancer screening. As a care provider who helps our UnitedHealthcare Commercial members on their health care journeys, we encourage you to follow the U.S Preventive Services Task Force (USPSTF) recommendation to conduct a colorectal cancer (CRC) screening for all adults ages 50 to 75.

Preventive Screening

- The USPSTF recommends colorectal cancer screening for asymptomatic adults 50 years and older who are at average risk of colorectal cancer and do not have a family history of disorders that predispose to the condition.
- Positive stool-based tests should be followed by a colonoscopy.

Our Coverage

We provide coverage for our plan members based on benefits outlined in the member's specific plan. This may include coverage for screening colonoscopies, virtual colonoscopies, sigmoidoscopies and stool-based colon cancer screening, such as:

- Fecal DNA testing (CPT® code 81528)
- Fecal immunochemical tests (FIT) (CPT code G0328)
- Fecal occult blood test (FOBT) (CPT code G0328)

USPSTF Screening Frequency Recommendations

- DNA screening every one or three years
- FOBT and FIT yearly
- CT colonography and flexible sigmoidoscopy every 5 years
- Flexible sigmoidoscopy with FIT and Colonoscopy every 10 years

How You Can Help

As a valued care provider, we ask that you discuss CRC options with your patients who are ages 50 or older. With your help, we can help increase the rate of CRC screenings and hopefully detect cancer earlier, when it has a better chance of being treated.

Resources

For more information about the USPSTF recommendations for colorectal cancer screening, go to USpreventiveservicestaskforce.org > Recommendations > Published Final Recommendations > [Colorectal Cancer: Screening](#).

If you have questions, please call Provider Services at 877-842-3210.

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PCA-1-19-00959- E&HWEB-1212019

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