

UnitedHealthcare Individual & Family ACA Marketplace Plans Clinical Pharmacy Program Guidelines for Glaucoma Agents

Program	Step Therapy
Medication	Zioptan (tafluprost)
Issue Date	9/2020
Pharmacy and	3/2023
Therapeutics	
Approval Date	
Effective Date	5/2023

1. Background:

Zioptan (tafluprost) is an ophthalmic prostaglandin analog therapy for the treatment of open-angle glaucoma/ocular hypertension.

Step Therapy programs are utilized to encourage the use of lower cost alternatives for certain therapeutic classes. This program requires a member to try one alternative Glaucoma Agent – latanoprost (generic Xalatan) or travoprost (generic Travatan Z) – prior to receiving coverage for Zioptan (tafluprost).

2. Coverage Criteria^a:

- **A. Zioptan** will be approved based on the following criterion:
 - 1. History of failure, contraindication or intolerance to **one** of the following:
 - a. latanoprost (generic Xalatan)
 - b. travoprost (generic Travatan Z)

Authorization will be issued for 12 months.

^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and reauthorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits may be in place.

4. References:

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- 1. American Academy of Ophthalmology. Preferred Practice Pattern: Primary Open-Angle Glaucoma. September 2020.
- 2. Zioptan [package insert]. France: Akorn, Inc.; November 2018.
- 3. Travatan Z [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation. May 2020.

Program	Step Therapy – Glaucoma Agents
Change Control	
Date	Change
7/2013	New program.
8/2013	Removal of Lumigan and Travatan Z from the step therapy
	program.
2/2014	Added Rescula to the step therapy program.
2/2015	Annual Review. Administrative changes.
3/2016	Annual Review. Updated references.
7/2016	Added Indiana and West Virginia coverage information.
11/2016	Administrative change. Added California coverage information.
3/2017	Annual Review. Updated reference. State mandate reference
	language updated.
3/2018	Added Vyzulta as a non-preferred option.
3/2019	Rescula removed from the step therapy program. Added
	statement regarding use of automated process and updated
	references.
3/2020	Annual review. Removed travoprost (generic Travatan) since no
	longer available. Added an authorization look back for current
	users and updated references. Updated references.
10/2020	Revised background, removed Vyzulta as a target drug and its
	exclusion language, and added travoprost as a formulary
2/2021	alternative.
3/2021	Annual review, updated references.
9/2021	Updated background to remove automation language.
3/2022	Annual review. Updated references.
3/2023	Annual review. No changes.