At UnitedHealthcare, we want to support your fight against the opioid epidemic. To help keep you informed about the latest opioid research and guidelines, we’ve gathered many opioid-related resources. Please consider the information in these resources as you determine the best course of treatment for your patients.

**Opioid Information on UHCprovider.com**

Please visit UHCprovider.com > Menu > Resource Library > Drug Lists and Pharmacy > Opioid Programs and Resources, where you’ll find pharmacy benefit information and other useful resources, such as:

- Centers for Disease Control and Prevention (CDC) Guidelines and fact sheets
- Agency for Healthcare Research and Quality (AHRQ) opioids for pain guideline
- National Initiative on Pain Control (NIPC) Pain Assessment Scales
- UnitedHealthcare clinical program information
- Optum Behavioral Health guidelines on office-based opioid treatment and maintenance therapy

**Prescribing Guidelines**

We recommend that care providers follow the recommendations of the CDC when prescribing opioids to patients. Please visit cdc.gov > CDC A-Z INDEX > D > Drug Overdose > CDC’s Opioid Prescribing Guideline for Chronic Pain.

**Medication-Assisted Treatment (MAT)**

Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.

- Substance Abuse and Mental Health Services Administration (SAMHSA): samhsa.gov > Programs & Campaigns > Medication-Assisted Treatment
- National Institute of Drug Abuse (NIDA): drugabuse.gov > Publications > Effective Treatments for Opioid Addiction
- US Department of Health & Human Services: hhs.gov > A-Z Index > O > Opioids > Treatment & Recovery
- American Society of Addiction Medicine (ASAM): asam.org > Education > Educational Resources
- To find an in-network MAT provider, please visit provider.liveandworkwell.com

**Naloxone**

Naloxone, also known by the brand name Narcan®, is a medication called an “opioid antagonist,” used to counter the effects of an opioid overdose, such as morphine or heroin.

- Harm Reduction Coalition: harmreduction.org > Overdose Protection > Prescribe Naloxone!
- SAMHSA: samhsa.gov > Topics > Behavioral Health Treatments and Services > Treatments for Substance Use Disorders > SAMHSA Opioid Overdose Prevention Toolkit

**Neonatal Abstinence Syndrome (NAS)**

NAS is a collection of physiologic and neurobehavioral signs exhibited by newborns exposed to addictive prescription or illicit drugs taken by a mother during pregnancy.

- CDC: cdc.gov > CDC A-Z INDEX > P > Pregnancy > Medications and Pregnancy
- SAMHSA: samhsa.gov > Programs & Campaigns > CAPT > Grantee Stories, Tools, and Resources > Archived Webinars > The Role of Prevention in Addressing Neonatal Abstinence Syndrome
- American Congress of Obstetricians and Gynecologists (ACOG): acog.org > For Patients > Important Information about Opioid Use Disorder and Pregnancy

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