

At UnitedHealthcare, we want to support your fight against the opioid epidemic. To help keep you informed about the latest opioid research and guidelines, we've gathered many opioid-related resources. Please consider the information in these resources as you determine the best course of treatment for your patients.

Opioid Information on UHCprovider.com

Please visit UHCprovider.com > Menu > Resource Library > Drug Lists and Pharmacy > [Opioid Programs and Resources](#), where you'll find pharmacy benefit information and other useful resources, such as:

- Centers for Disease Control and Prevention (CDC) Guidelines and fact sheets
- Agency for Healthcare Research and Quality (AHRQ) opioids for pain guideline
- National Initiative on Pain Control (NIPC) Pain Assessment Scales
- UnitedHealthcare clinical program information
- Optum Behavioral Health guidelines on office-based opioid treatment and maintenance therapy

Prescribing Guidelines

We recommend that care providers follow the recommendations of the CDC when prescribing opioids to patients. Please visit cdc.gov > CDC A-Z INDEX > D > Drug Overdose > [CDC's Opioid Prescribing Guideline for Chronic Pain](#).

Medication-Assisted Treatment (MAT)

Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.

- Substance Abuse and Mental Health Services Administration (SAMHSA): samhsa.gov > Programs & Campaigns > [Medication-Assisted Treatment](#)
- National Institute of Drug Abuse (NIDA): drugabuse.gov > Publications > [Effective Treatments for Opioid Addiction](#)
- US Department of Health & Human Services: hhs.gov > A-Z Index > O > Opioids > [Treatment & Recovery](#)
- American Society of Addiction Medicine (ASAM): asam.org > Education > [Educational Resources](#)
- To find an in-network MAT provider, please visit provider.liveandworkwell.com

Naloxone

Naloxone, also known by the brand name Narcan®, is a medication called an “opioid antagonist,” used to counter the effects of an opioid overdose, such as morphine or heroin.

- Harm Reduction Coalition: harmreduction.org > Overdose Protection > [Prescribe Naloxone!](#)
- SAMHSA: samhsa.gov > Topics > Behavioral Health Treatments and Services > Treatments for Substance Use Disorders > [SAMHSA Opioid Overdose Prevention Toolkit](#)

Neonatal Abstinence Syndrome (NAS)

NAS is a collection of physiologic and neurobehavioral signs exhibited by newborns exposed to addictive prescription or illicit drugs taken by a mother during pregnancy.

- CDC: cdc.gov > CDC A-Z INDEX > P > Pregnancy > [Medications and Pregnancy](#)
- SAMHSA: samhsa.gov > Programs & Campaigns > CAPT > Grantee Stories, Tools, and Resources > Archived Webinars > [The Role of Prevention in Addressing Neonatal Abstinence Syndrome](#)
- American Congress of Obstetricians and Gynecologists (ACOG): acog.org > For Patients > [Important Information about Opioid Use Disorder and Pregnancy](#)