

UnitedHealthcare Approved Professional Society Guidelines

UnitedHealthcare Community Plan has identified evidence-based clinical guidelines and resources to guide our quality and health management programs. The following table lists those clinical guidelines and the websites where they can be found. UnitedHealthcare Community Plan respects the expertise of physicians and other health care professionals who participate in our network. We appreciate the collaboration to promote better health, improve health outcomes and lower overall costs to offer our members an exceptional patient experience.

Topic	Link to Guideline	Organization
Asthma	2023 Global Initiative for Asthma (GINA)	Global Initiative for Asthma (GINA)
	2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma	National Asthma Education and Prevention Program (NAEPP)
	2020 Focused Updates to the NAEPP Asthma Management Guidelines	National Asthma Education and Prevention Program (NAEPP)
Atrial Fibrillation	2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation	American Heart Association/ American College of Cardiology/ Heart Rhythm Society

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Behavioral Health Clinical Practice Guidelines	Practice Parameters Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020) Assessment and Treatment of Children and Adolescents With Major and Persistent Depressive Disorders (2022) Autism (2014) Child and Adolescent Behavioral Health Care in Community Systems of Care (2022) Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care (2022) Eating Disorders (2015) Principles of Care for Treatment of Children and Adolescents with Mental Illnesses in Residential Treatment Centers (2010) Reactive Attachment Disorders (2016) Telepsychiatry with Children and Adolescents (2017)	American Academy of Child & Adolescent Psychiatry
	Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019) Identification and Management of Eating Disorders in Children and Adolescents (2021) Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020)	American Academy of Pediatrics
	Pharmacological Treatment of Patients with Alcohol Use Disorder (2018) Psychiatric Evaluation of Adults (2015) Treatment of Patients with Schizophrenia (2021) Treatment of Patients with Eating Disorders, 4th Edition (2023) Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016)	American Psychiatric Association
	Evaluation of Dementia and Age-Related Cognitive Change (2021) Psychological Assessment and Evaluation (2020) Treatment of Depression Across Three Age Cohorts (2019) Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017)	American Psychological Association
	Alcohol Withdrawal Management (2020) Treatment of Opioid Use Disorder (2020) Management of Stimulant Use Disorder (StUD) (2023)	American Society of Addiction Medicine

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Behavioral Health Clinical Practice Guidelines	<p>Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019)</p> <p>National Guidelines for Behavioral Health Crisis Care Toolkit (2020)</p> <p>Prevention and Treatment of Anxiety, Depression and Suicidal Thoughts and Behaviors Among College Students (2021)</p> <p>Psychosocial Interventions for Older Adults with Serious Mental Illness (2021)</p> <p>Treatment for Suicidal Ideation, Self-Harm and Suicide Attempts Among Youth (2020)</p> <p>Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update)</p>	Substance Abuse and Mental Health Services Administration
	<p>Assessment and Management of Patients at Risk for Suicide (2019)</p> <p>Major Depressive Disorder (2022)</p> <p>Posttraumatic Stress Disorder (PTSD) (2023)</p> <p>Substance Use Disorder (2021)</p> <p>Management of First-Episode Psychosis and Schizophrenia (2023)</p>	U.S. Department of Veterans Affairs/ Department of Defense (VA/DoD)
Cardiovascular Disease: Primary Prevention	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease	American College of Cardiology/ American Heart Association
Cervical Cancer Screening	2018 Cervical Cancer: Screening – Final Recommendation Statement	U.S. Preventive Services Task Force (USPSTF)
Chest Pain	2021 AHA/ACC/ASE/CHEST/ SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American Heart Association/ American College of Cardiology et al.
Cholesterol Management	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/ APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol	American Heart Association/ American College of Cardiology et al.
Chronic Coronary Disease	2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease	American Heart Association/ American College of Cardiology et al.
Chronic Obstructive Lung Disease (COPD)	2024 Global Strategy for the Diagnosis, Management and Prevention of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Coronavirus Disease 2019 (COVID-19)	Coronavirus Disease 2019 (COVID-19) Treatment Guidelines	National Institutes of Health
Dementia	Treatment of Patients with Alzheimer’s Disease and Other Dementias, 2nd edition (2007)	American Psychiatric Association
	Guideline Watch (October 2014)	
Diabetes	2024 Standards of Medical Care in Diabetes	American Diabetes Association

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Dietary Guidelines	Dietary Guidelines for Americans, 2020-2025, Ninth Edition	U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)
Heart Failure	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure	American Heart Association/ American College of Cardiology/ Heart Failure Society of America
Hemophilia	Guidelines for the Management of Hemophilia, 3rd edition (2020)	World Federation of Hemophilia
Human Immunodeficiency Virus (HIV)	Clinical Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV	U.S. Department of Health and Human Services
	Clinical Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV	
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults	American College of Cardiology/ American Heart Association et al.
Kidney Disease	National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™	National Kidney Foundation
Obesity	2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity	U.S. Department of Veterans Affairs/ Department of Defense
	Bright Futures, 4th edition, 2017 Guidelines for Health Supervision of Infants, Children, and Adolescents Promoting Healthy Weight	American Academy of Pediatrics
Perinatal Care	Guidelines for Perinatal Care, 8th edition, 2017	American Academy of Pediatrics and American College of Obstetricians and Gynecologists Note: A user ID and password may be required to access this resource. See the state- specific portal for access instructions. Log in ID (Institution): cpgacog@uhc.com Password: Acogcpg#1 Alternatively, the book can be purchased from the American Academy of Pediatrics
	Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines	Guidelines are searchable by topic
Persons with Disabilities	2022 Guidelines for Assessment and Intervention with Persons with Disabilities	American Psychological Association

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Physical Activity	2018 Physical Activity Guidelines for Americans, 2nd edition	U.S. Department of Health and Human Services
Preventive Pediatric Health Care Screening	2023 Recommendations for Preventive Pediatric Health Care	American Academy of Pediatrics/ Bright Futures
Preventive Services	Recommendations for Primary Care Practice	U.S. Preventive Services Task Force (USPSTF)
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)
	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021	Surviving Sepsis Campaign/Society of Critical Care Medicine
Sickle Cell Disease	<ul style="list-style-type: none"> • Cardiopulmonary and Kidney Disease • Cerebrovascular Disease • Management of Acute and Chronic Pain • Stem Cell Transplantation • Transfusion Support 	American Society of Hematology
Special Health Care Needs	2017 Standards for Systems of Care for Children and Youth with Special Health Care Needs Version 2.0	Association of Maternal and Child Health Programs (AMCHP) and the National Academy for State Health Policy (NASHP)
Tobacco Use	2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment	American College of Cardiology
Violence and Abuse	2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse	American Medical Association Note: Full guideline is freely available, but registration may be required.