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UnitedHealthcare[®] West *Medical Management Guideline*

Preventive Care Services

Guideline Number: MMG108.WW Effective Date: April 1, 2024

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Instructions for Use

Related Medical Management Guidelines

- Breast Imaging for Screening and Diagnosing Cancer
- <u>Cardiovascular Disease Risk Tests</u>
- <u>Computed Tomographic Colonography</u>
- <u>Cytological Examination of Breast Fluids for Cancer</u> Screening
- Genetic Testing for Hereditary Cancer
- Hepatitis Screening

Related Benefit Interpretation Policies

- Preventive Care Services: CA
- Preventive Care Services: OK, OR, TX, WA

Related Commercial Reimbursement Policy

<u>Consultation Services</u>

Coverage Rationale

Indications for Coverage

Introduction

UnitedHealthcare covers certain medical services under the preventive care services benefit. The federal Patient Protection and Affordable Care Act (PPACA) requires non-grandfathered health plans to cover certain "recommended preventive services" as identified by PPACA under the preventive care services benefit, without cost sharing to members when provided by network providers. This includes:

- Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force.
- Immunizations for routine use in children, adolescents and adults that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- With respect to infants, children and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the *Health Resources and Services Administration*.
- With respect to women, such additional preventive care and screenings as provided for in comprehensive guidelines supported by the *Health Resources and Services Administration*.

Member Cost-Sharing

Non-Grandfathered Plans

- Non-grandfathered plans provide coverage for preventive care services with no member cost sharing (i.e., covered at 100% of Allowed Amounts without deductible, coinsurance or copayment) when services are obtained from a Network provider.
- Under PPACA, services obtained from an out-of-network provider are not required to be covered under a plan's preventive benefit, and may be subject to member cost sharing. Refer to the member specific benefit plan document for out-of-network benefit information, if any.

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Grandfathered Plans

- Plans that maintain grandfathered status under PPACA are not required by law to provide coverage for these preventive services without member cost sharing; although a grandfathered plan may choose to voluntarily amend its plan document to include these preventive benefits.
- Except where there are state mandates, a grandfathered plan might include member cost sharing, or exclude some of the
 preventive care services identified under PPACA.
- Refer to the member specific benefit plan document for details on how benefits are covered under a grandfathered plan.

Preventive vs. Diagnostic Services

Certain services can be done for preventive or diagnostic reasons. When a service is performed for the purpose of preventive screening and is appropriately reported, it will be considered under the preventive care services benefit. This includes services directly related to the performance of a covered preventive care service (refer to the <u>Frequently Asked Questions</u> section for additional information.)

Preventive services are those performed on a person who:

- has not had the preventive screening done before and does not have symptoms or other abnormal studies suggesting abnormalities*; or
- has had screening done within the recommended interval with the findings considered normal; or
- has had diagnostic services results that were normal after which the physician recommendation would be for future preventive screening studies using the preventive services intervals.

*In the case of a colonoscopy done as a follow-up to a positive stool-based screening (e.g., FIT, FOBT, and fecal DNA) or direct visualization screening (e.g., sigmoidoscopy or CT colonography), refer to FAQ#13 below.

When a service is done for diagnostic purposes it will be considered under the applicable non-preventive medical benefit. Diagnostic services are done on a person who:

- had abnormalities found on previous preventive or diagnostic studies that require further diagnostic studies; or
- had abnormalities found on previous preventive or diagnostic studies that would recommend a repeat of the same studies within shortened time intervals from the recommended preventive screening time intervals; or
- had a symptom(s) that required further diagnosis; or
- does not fall within the applicable population for a recommendation or guideline.

Covered Breastfeeding Equipment

Personal-use electric breast pump:

- The purchase of a personal-use electric breast pump (HCPCS code E0603).
 - This benefit is limited to one pump per birth. In the case of a birth resulting in multiple infants, only one breast pump is covered.
 - o A breast pump purchase includes the necessary supplies for the pump to operate.
- Replacement breast pump supplies necessary for the personal-use electric breast pump to operate. This includes: standard power adaptor, tubing adaptors, tubing, locking rings, bottles specific to breast pump operation, caps for bottles that are specific to the breast pump, valves, filters, and breast shield and/or splash protector for use with the breast pump.
- Breastmilk storage bags (HCPCS code A4287).

Colonoscopies

Colonoscopy – Preventive Care Services Benefit (Without Member Cost-Sharing):

Member cost-sharing for colonoscopy is waived when all of the following apply:

- The patient's age is 45-75 years (ends on 76th birthday) as recommended by the USPSTF; and
- The provider is participating in the network; and
- When billed in accordance with the coding in the <u>Colorectal Cancer Screening</u> row listed in this policy.

Colonoscopy - Medical Benefit (With Member Cost-Sharing):

Member cost-sharing may apply when a colonoscopy is done in any one of the following scenarios:

- The patient's age is outside of the age recommendation of the USPSTF (age 45-75 years); or
- The provider is non-network; or

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- Colonoscopy performed with a shortened time interval outside of the USPSTF recommendations; or
- Colonoscopy performed for diagnostic purposes; or
- Colonoscopy performed for surveillance purposes (e.g., a follow-up colonoscopy performed after identification or removal of a polyp or cancer on a previous colonoscopy); or
- Colonoscopy performed for therapeutic/treatment purposes.

Coverage Limitations and Exclusions

- Services not covered under the preventive care benefit may be covered under another portion of the medical benefit plan.
- The coverage outlined in this guideline does not address certain outpatient prescription medications, tobacco cessation drugs and/or over the counter items, as required by PPACA. These preventive benefits are administered by the member's pharmacy plan administrator. For details on coverage, refer to the member-specific pharmacy plan administrator.
- A vaccine (immunization) is not covered if it does not meet company vaccine policy requirements for FDA labeling and if it does not have explicit ACIP recommendations for routine use published in the Morbidity and Mortality Weekly Report (MMWR) of the Centers for Disease Control and Prevention (CDC); and is not listed on the applicable immunization schedule of ACIP. (Refer to the <u>Preventive Care Services: Vaccine Codes</u>.)
- Examinations, screenings, testing, or vaccines (immunizations) are not covered when:
 - required solely for the purposes of career or employment, school or education, sports or camp, travel (including travel vaccines (immunizations)), insurance, marriage or adoption; or
 - \circ ~ related to judicial or administrative proceedings or orders; or
 - o conducted for purposes of medical research; or
 - required to obtain or maintain a license of any type.
- Services that are investigational, experimental, unproven or not medically necessary are not covered.
- Breastfeeding equipment and supplies not listed above. This includes, but is not limited to:
 - o Manual breast pumps and all related equipment and supplies.
 - Hospital-grade breast pumps and all related equipment and supplies.
 - Equipment and supplies not listed in the Covered Breastfeeding Equipment section above, including but not limited to:
 - Batteries, battery-powered adaptors, and battery packs.
 - Electrical power adapters for travel.
 - Bottles which are not specific to breast pump operation. This includes the associated bottle nipples, caps and lids.
 - Travel bags, and other similar travel or carrying accessories.
 - Breast pump cleaning supplies including soap, sprays, wipes, steam cleaning bags and other similar products.
 - Baby weight scales.
 - Garments or other products that allow hands-free pump operation.
 - Breast milk storage accessories such as ice-packs, labels, labeling lids, and other similar products. The breastmilk storage accessories exclusion does not apply to breastmilk storage bags (HCPCS code A4287).
 - Nursing bras, bra pads, breast shells, nipple shields, and other similar products.
 - Creams, ointments, and other products that relieve breastfeeding related symptoms or conditions of the breasts or nipples.

Note: Refer to the Indications for Coverage section above for covered breastfeeding equipment.

Frequently Asked Questions (FAQ)

If a polyp is encountered during a preventive screening colonoscopy, are future colonoscopies considered under the preventive care services benefit?	
ening colonoscopy, future colonoscopies would the time intervals between future colonoscopies would	
e colonoscopy covered under the preventive care	
covered under the preventive care services benefit ed facility, anesthesia, polyp removal (if necessary), entive benefit does not include a post-operative	
r, the preve	

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Q:	Do any preventive care services require prior-authorization?
A:	Certain services require prior-authorization on most benefit plans. This includes, but may not be limited to: BRCA lab screening, computed tomographic colonography (virtual colonoscopy), and screening for lung cancer with low-dose computed tomography.
Q:	If a member in the age range of 45-75 years has a positive stool-based colorectal cancer screening test (e.g., FIT, FOBT, and fecal DNA) or direct visualization screening test (e.g., sigmoidoscopy or CT colonography), and has a follow up colonoscopy, is the colonoscopy included in the preventive care services benefit?
A :	Yes, in this situation, the colonoscopy would be considered under the preventive care services benefit when billed in accordance with the coding in the <u>Colorectal Cancer Screening</u> row listed in this guideline.
Q:	For preventive services that have a diagnosis code requirement, does the listed diagnosis code need to be the primary diagnosis on the claim?
A:	In general, most preventive services do not require the preventive diagnosis code to be in the primary position. However, certain preventive services do require the diagnosis code to be in the primary position, which include: (1) Chemoprevention of Breast Cancer (Counseling), (2) Genetic Counseling and Evaluation for BRCA Testing, and (3) Prevention of Human Immunodeficiency Virus (HIV) Infection.
Q:	If a woman has an abnormal finding on a preventive screening mammography and the follow up mammogram was found to be normal, will UnitedHealthcare cover her future mammograms under the preventive care services benefit?
A :	Yes, if the member was returned to normal mammography screening protocol, her future mammography screenings would be considered under the preventive care services benefit.
Q:	If a member had elevated cholesterol on a prior preventive screening, are future cholesterol tests considered under the preventive care services benefit?
A :	Once the diagnosis has been made, further testing is considered diagnostic rather than preventive. This is true whether or not the member is receiving pharmacotherapy.
Q:	Are the related services for a woman's outpatient sterilization or other contraceptive procedure covered under the preventive care benefit?
A:	 Yes, related services for a woman's outpatient sterilization or other contraceptive procedure are covered under the preventive care services benefit including: associated implantable devices, facility fee, anesthesia, and surgeon/physician fees. Note the following clarifications: The preventive benefit does not include a pre- or post-operative examination. If a woman is admitted to an inpatient facility for another reason, and has a sterilization or other contraceptive procedure performed during that admission, the sterilization or other contraceptive procedure fees (surgical fee, device fee, anesthesia, pathologist and physician fees), are covered under the preventive benefit. However, the facility fees are not covered under the preventive care benefit since the sterilization or other contraceptive procedure is incidental to, and is not the primary reason, for the inpatient admission.
Q:	Are blood draws/venipunctures included in the preventive care benefit?
A :	Yes, blood draws/venipunctures are considered under the preventive benefit if billed for a covered preventive lab service that requires a blood draw.
Q:	Is a newly-combined vaccine (a vaccine with several individual vaccines combined into one) covered under preventive care benefits?
A :	A new vaccine that is pending ACIP recommendations, but is a combination of previously approved individual components, may be eligible under the preventive care benefit.
Q:	Are preventive care services affected by other policies?
A :	Yes, including for example, the Reimbursement Policy titled <u>Preventive Medicine and Screening Policy</u> describes situations which may affect reimbursement of preventive care services.
	A: Q: A: Q: A: Q: A: Q: A: Q: A: Q: A: C: A:

12	Q:	Are travel vaccines covered under preventive care benefits?
	A:	Benefits for preventive care services include vaccines for routine use in children, adolescents and adults that have in effect a recommendation from ACIP with respect to the individual involved. Vaccines that are specific to travel (e.g., typhoid, yellow fever, cholera, plague, and Japanese encephalitis virus) are excluded from the preventive care services benefit.
13	Q:	Does the preventive care services benefit include prescription or over the counter (OTC) items?
	A :	Refer to the plan's pharmacy benefit plan administrator for details on prescription medications and OTCs available under the plan's preventive benefit.

Definitions

The following definitions may not apply to all plans. Refer to the member specific benefit plan document for applicable definitions.

Modifier 33: Preventive service; when the primary purpose of the service is the delivery of an evidence based service in accordance with a US Preventive Services Task Force A or B rating in effect and other preventive services identified in preventive services mandates (legislative or regulatory), the service may be identified by adding 33 to the procedure. For separately reported services specifically identified as preventive, the modifier should not be used.

Note: UnitedHealthcare considers the procedures and diagnostic codes and Preventive Benefit Instructions listed in the table below in determining whether preventive care benefits apply. While Modifier 33 may be reported, it is not used in making preventive care benefit determinations.

Acronyms

Throughout this document the following acronyms are used:

- USPSTF: United States Preventive Services Task Force
- PPACA: Patient Protection and Affordable Care Act of 2010
- ACIP: Advisory Committee on Immunization Practices
- HRSA: Health Resources and Services Administration

Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this guideline does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

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Preventive Care Services		
Also see the Expanded Women's Prev	ventive Health section.	
Certain codes may not be payable in a	all circumstances due to other policies or g	uidelines.
For preventive care medications, refer	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
Abdominal Aortic Aneurysm Screening USPSTF Rating (Dec. 2019): B	Procedure Code(s): <i>Ultrasound Screening Study for</i> <i>Abdominal Aortic Aneurysm:</i> 76706	Age 65 through 75 (ends on 76 th birthday). Requires at least one of the diagnosis codes listed in this row.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
The USPSTF recommends 1-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men aged 65-75 years who have ever smoked.	Diagnosis Code(s): F17.210, F17.211, F17.213, F17.218, F17.219, Z87.891	
Bacteriuria Screening	Procedure Code(s):	Requires a Pregnancy Diagnosis Code.
USPSTF Rating (Sept. 2019): A The USPSTF recommends screening for asymptomatic bacteriuria using urine culture in pregnant persons.	81007, 87086, 87088 Diagnosis Code(s): <u>Pregnancy Diagnosis Codes</u>	
Chlamydia Infection	Procedure Code(a):	Chlamydia Infaction Screening:
Screening	Procedure Code(s): Chlamydia Infection Screening:	<i>Chlamydia Infection Screening:</i> Requires a <u>Pregnancy Diagnosis Code</u> or
 USPSTF Rating (Sept. 2021): B The USPSTF recommends screening for chlamydia in all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection. Notes: This recommendation applies to asymptomatic, sexually active adolescents and adults, including pregnant persons. Bright Futures recommends sexually transmitted infection screening be conducted if risk assessment is positive between ages 11-21 years. 	86631, 86632, 87110, 87270, 87320, 87490, 87491, 87492, 87801, 87810 <i>Blood Draw:</i> 36415, 36416 Blood draw codes only apply to lab codes 86631 or 86632 Diagnosis Code(s): <i>Pregnancy:</i> <i>Pregnancy Diagnosis Codes or</i> <i>Screening:</i> Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129 Other: Z11.3, Z11.4, Z11.8, Z11.9, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53	 one of the Screening diagnosis codes listed in this row. <i>Blood Draw:</i> Required to be billed with 86631 or 86632 and One of the Screening diagnosis codes listed in this row or With a Pregnancy Diagnosis Code.
Gonorrhea Screening	Procedure Code(s):	Requires either a <u>Pregnancy Diagnosis</u> <u>Code</u> or one of the Screening diagnosis
 USPSTF Rating (Sept. 2021): B The USPSTF recommends screening for gonorrhea in all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection. Notes: This recommendation applies to asymptomatic, sexually active 	87590, 87591, 87592, 87801, 87850 Diagnosis Code(s): <i>Pregnancy:</i> <u>Pregnancy Diagnosis Codes</u> or <i>Screening:</i> Adult:Z00.00, Z00.01 Child: Z00.121, Z00.129 Other: Z11.3, Z11.4, Z11.9, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53	codes listed in this row.

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
 adolescents and adults including pregnant persons. Bright Futures recommends sexually transmitted infection screening be conducted if risk assessment is positive between ages 11-21 years. Hepatitis B Virus Infection Screening Pregnant Women: USPSTF Rating (July 2019): A The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit. Adolescents and Adults at Increased Risk for Infection: USPSTF Rating (Dec. 2020): B The USPSTF recommends screening for hepatitis B virus (HBV) infection in persons at high risk for infection. Bright Futures (July 2022): Bright Futures recommends screening between the ages 0-21 years (perform risk assessment for hepatitis B virus (HBV) infection). Also refer to the Medical Management Guideline titled Hepatitis Screening. 	Procedure Code(s): Hepatitis B Virus Infection Screening: 86704, 86706, 87340, 87341, 87467, G0499 Blood Draw: 36415, 36416 Diagnosis Code(s): Pregnancy: Pregnancy Diagnosis Codes or Screening: Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129 Other: Z11.3, Z11.4, Z20.2, Z20.6, Z11.59, Z29.81, Z57.8, Z72.51, Z72.52, Z72.53	 Hepatitis B Virus Infection Screening: Requires a Pregnancy Diagnosis Code or one of the Screening diagnosis codes listed in this row. Blood Draw: Requires one of the listed Hepatitis B Virus Infection Screening procedure codes listed in this row and A Pregnancy Diagnosis Code or One of the Screening diagnosis codes listed in this row.
 Hepatitis C Virus Infection Screening USPSTF Rating (March 2020): B The USPSTF recommends screening for hepatitis C virus infection in adults aged 18-79 years. Bright Futures (March 2021) 	Procedure Code(s): Hepatitis C Virus Infection Screening: 86803, 86804, G0472 Blood Draw: 36415, 36416 Diagnosis Code(s): Does not have diagnosis code	 Hepatitis C Virus Infection Screening: Does not have diagnosis code requirements for the preventive benefit to apply. Blood Draw: Requires one of the Hepatitis C Virus Infection Screening procedure codes listed in this row
Bright Futures recommends screening all individuals ages 18 to	requirements for the preventive benefit to apply.	

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective. 79 years at least once for hepatitis C virus infection (HCV). Also refer to the Medical Management Guideline titled	Code(s)	Preventive Benefit Instructions
Hepatitis Screening.		
 HIV (Human Immunodeficiency Virus) Screening for Adolescents and Adults USPSTF Rating (June 2019): A The USPSTF recommends that clinicians screen for HIV infection in: Adolescents and adults aged 15-65 years. Younger adolescents and older adults who are at increased risk of infection should also be screened. All pregnant persons, including those who present in labor or at delivery whose HIV status is unknown. Note: Bright Futures recommends HIV screening lab work be conducted at least once between ages 15-21 years. Also recommended anytime between ages 11-14 years when a risk assessment is positive. And, after initial screening, youth at increased risk of HIV infection should be 	Procedure Code(s): <i>HIV (Human Immunodeficiency Virus)</i> <i>Screening:</i> 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87534, 87535, 87536, 87537, 87538, 87539, 87806, G0432, G0433, G0435, G0475, S3645 <i>Blood Draw:</i> 36415, 36416 Diagnosis Code(s): <i>Pregnancy Diagnosis Codes</i> or <i>Screening:</i> <i>Adult: Z00.00, Z00.01</i> Child: Z00.121, Z00.129, Other: Z11.3, Z11.4, Z11.59, Z11.9, Z20.2, Z20.6, Z22.6, Z22.8, Z22.9, Z29.81, Z72.51, Z72.52, Z72.53 Also see Expanded Women's Preventive Health section.	No age limits. <i>HIV – Human Immunodeficiency Virus –</i> <i>Screening:</i> Requires a <u>Pregnancy Diagnosis Code</u> or one of the Screening diagnosis codes listed in this row. <i>Blood Draw:</i> Requires both of the following: • One of the listed HIV Screening procedure codes listed in this row and • One of the Screening diagnosis codes listed in this row or a <u>Pregnancy</u> <u>Diagnosis Code</u> .
retested annually or more frequently if at high risk.		
<i>RH Incompatibility Screening</i> USPSTF Rating (Feb. 2004): A Rh (D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy- related care.	Procedure Code(s): <i>RH Incompatibility Screening:</i> 86850, 86901 <i>Blood Draw:</i> 36415, 36416 Diagnosis Code(s):	 <i>RH Incompatibility Screening:</i> Requires a <u>Pregnancy Diagnosis Code</u>. <i>Blood Draw:</i> Required to be billed with 86850 or 86901 and with a <u>Pregnancy Diagnosis Code</u>.
	Diagnosis Code(s):	

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

Service		
A date in this column is when the listed rating was released, not when the		
benefit is effective.	Code(s)	Preventive Benefit Instructions
 USPSTF Rating (Feb. 2004): B Repeated Rh (D) antibody testing for all unsensitized Rh (D)-negative women at 24-28 weeks' gestation, unless the biological father is known to be Rh (D)-negative. Syphilis Screening Non-Pregnant Adolescents and Adults at Increased Risk: USPSTF Rating (Sept. 2022): A The USPSTF recommends screening for syphilis infection in persons who are at increased risk for infection (asymptomatic, nonpregnant adolescents and adults who are at increased risk for syphilis infection). Pregnant Women: USPSTF Rating (Sept. 2018): A The USPSTF recommends early screening for syphilis infection in all pregnant women. Note: Bright Futures recommends sexually transmitted infection screening be conducted if risk assessment is positive between ages 11-21 years. 	Procedure Code(s): Syphilis Screening: 0064U, 0065U, 0210U, 86592, 86593, 86780 Blood Draw: 36415, 36416 Diagnosis Code(s): Pregnancy: Pregnancy Diagnosis Codes or Screening: Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129 Other: Z11.2, Z11.3, Z11.4, Z11.9, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53	 Syphilis Screening: Requires a Pregnancy Diagnosis Code or one of the Screening diagnosis code listed in this row. Blood Draw: Requires both of the following: One of the listed Syphilis Screening procedure codes listed in this row and One of the Screening diagnosis codes listed in this row or a Pregnancy Diagnosis Code.
Genetic Counseling and Evaluation for BRCA Testing;	Genetic Counseling and Evaluation	Genetic Counseling and Evaluation *Medical Necessity plans require genetic
and BRCA Lab Screening	Procedure Code(s):	counseling before BRCA Lab Screening.
USPSTF Rating (Aug. 2019): B The USPSTF recommends that primary care clinicians assess women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have an ancestry associated with breast cancer susceptibility 1 and 2 (BRCA1/2) gene mutations with an	Medical Genetics and Genetic Counseling Services: 96040, S0265 Evaluation and Management (Office Visits): 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, 99385, 99386, 99387, 99395, 99396, 99397, G0463	Requires one of the Genetic Counseling and Evaluation diagnosis codes listed in this row in the primary position.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Tor preventive care medications, reler	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
appropriate brief familial risk assessment tool. Women with a positive result on the risk assessment tool should receive genetic counseling and, if indicated	Diagnosis Code(s): Z15.01, Z15.02, Z80.3, Z80.41, Z85.3, Z85.43 BRCA Lab Screening	BRCA Lab Screening
after counseling, genetic testing. Refer to the Medical Management Guideline titled <u>Genetic Testing for</u> <u>Hereditary Cancer</u> .	Procedure Code(s): 81162, 81163, 81164, 81165, 81166, 81167, 81212, 81215, 81216, 81217 Blood Draw: 36415, 36416 Diagnosis Code(s):	*Prior authorization requirements apply to BRCA lab screening. Applies to age 18 + when billed with one of the BRCA Lab Screening diagnosis codes listed in this row. <i>Blood Draw:</i> Requires one of the BRCA Lab Screening
	<i>Family History or Personal History of breast cancer and/or ovarian cancer:</i> Z15.01, Z15.02, Z80.3, Z80.41, Z85.3, Z85.43	procedure codes listed in this row and one of the BRCA Lab Screening diagnosis codes listed in this row.
Screening for Pre-Diabetes	Pre-Diabetes Preventive	Pre-Diabetes Preventive
and Type 2 Diabetes	Interventions	Interventions
USPSTF Rating (Aug. 2021): B The USPSTF recommends screening for prediabetes and type 2 diabetes in adults aged 35 to 70 years who have overweight or obesity. Clinicians should offer or refer patients with prediabetes to effective preventive interventions. Refer to <u>Healthy Diet and Physical</u> Activity for Cardiovascular Disease <u>Prevention in Adults with</u> <u>Cardiovascular Risk Factors:</u>	Procedure Code(s): Medical Nutrition Therapy or Counseling: 97802, 97803, 97804, G0270, G0271, S9470 Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404 Behavioral Counseling or Therapy. 0403T, G0447, G0473, G9886 Diagnosis Code(s): R73.03 (prediabetes)	Limited to age 35-70 years (ends on 71 st birthday). Requires diagnosis code R73.03.
Behavioral Counseling Interventionsfor intensive behavioral counselinginterventions.For additional diabetes screeningbenefits, also see the ExpandedWomen's Preventive Health sectionfor Screening for Diabetes inPregnancy and Screening forDiabetes After Pregnancy.	Diabetes Screening Procedure Code(s): <i>Diabetes Screening:</i> 82947, 82948, 82950, 82951, 82952, 83036 <i>Blood Draw:</i> 36415, 36416	Diabetes ScreeningLimited to age 35-70 years (ends on 71stbirthday).Diabetes Screening:Requires one of the Required DiagnosisCodes listed in this row and one of thelisted Additional Diagnosis Codes in thisrow.Blood Draw:Requires all of the following:

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service

Service		
A date in this column is when the listed rating was released, not when the		
benefit is effective.	Code(s)	Preventive Benefit Instructions
	 Diagnosis Code(s): Required Diagnosis Codes (requires at least one): Z00.00, Z00.01, Z13.1 And one of the following additional diagnosis codes as follows: 	 One of the listed Diabetes Screening procedure codes listed in this row and One of the listed Required Diagnosis Codes and One of the listed Additional Diagnosis Codes.
	<i>Additional Diagnosis Codes (requires at least one):</i> <i>Overweight:</i> E66.3, Z68.25, Z68.26, Z68.27, Z68.28, Z68.29	Preventive Benefit Does Not Apply: If a Diabetes Diagnosis Code is present in any position, the preventive benefit does not apply; see the <u>Diabetes Diagnosis</u> <u>Code List</u> .
	<i>Obesity :</i> E66.01, E66.09, E66.1, E66.8, E66.9, Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	<i>Body Mass Index 30.0 – 39.9:</i> Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39	
	<i>Body Mass Index 40.0 and Over:</i> Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	See the <i>Expanded Women's Preventive</i> <i>Health</i> section for <u>Screening for</u> <u>Diabetes in Pregnancy</u> and <u>Screening</u> <u>for Diabetes After Pregnancy</u> .	
Gestational Diabetes Screening	See the <i>Expanded Women's Preventive</i> <i>Health</i> section for <u>Screening for</u> <u>Diabetes in Pregnancy</u> codes.	See the <i>Expanded Women's Preventive</i> <i>Health</i> section for <u>Screening for Diabetes</u> <u>in Pregnancy</u> preventive benefit
USPSTF Rating (Aug. 2021): B The USPSTF recommends screening for gestational diabetes mellitus in asymptomatic pregnant persons at 24 weeks of gestation or after.		instructions. Note : This benefit applies regardless of the gestational week.
For additional diabetes screening benefits, also see the <u>Screening for</u> <u>Pre-Diabetes and Type 2 Diabetes</u> row. Also see the <i>Expanded</i> <i>Women's Preventive Health</i> section		

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, reier	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
for <u>Screening for Diabetes in</u> <u>Pregnancy</u> and <u>Screening for</u> <u>Diabetes After Pregnancy</u> .		
Screening Mammography USPSTF Rating (2002): B The USPSTF recommends screening mammography, with or without clinical breast examination (CBE), every 1-2 years for women aged 40 and older. Also refer to the Medical Management Guideline titled <u>Breast</u> Imaging for Screening and Diagnosing Cancer. Also see the <u>Breast Cancer</u> <u>Screening for Average-Risk Women</u> recommendation in the <i>Expanded</i> <i>Women's Preventive Health</i> section.	Procedure Code(s): 77063, 77067 Revenue Code: 0403 Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply.	No age limits. Does not have diagnosis code requirements for the preventive benefit to apply. Note : This benefit only applies to screening mammography.
Cervical Cancer Screening USPSTF Rating (Aug. 2018): A The USPSTF recommends screening for cervical cancer every 3 years with cervical cytology alone in women aged 21-29 years.	Human Papillomavirus DNA Testing (HPV) Procedure Code(s): 0500T, 87624, 87625, G0476 Diagnosis Code(s): Z00.00, Z00.01, Z01.411, Z01.419, Z11.51, Z12.4	Human Papillomavirus DNA Testing (HPV) Age 30 years and up. Requires one of the diagnosis codes listed in this row.
 For women aged 30 to 65 years, the USPSTF recommends: Screening every 3 years with cervical cytology alone, Every 5 years with high-risk human papillomavirus (hrHPV) testing alone, or Every 5 years with hrHPV testing in combination with cytology (co-testing). 	Cervical Cytology (Pap Test) Code Group 1 Procedure Code(s): G0101, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148, Q0091, P3000, P3001 Code Group 1 Diagnosis Code(s): Does not have diagnosis code requirements for preventive benefit to apply.	Cervical Cytology (Pap Test) Code Group 1: Limited to age 21-65 years (ends on 66 th birthday). Does not have diagnosis code requirements for preventive benefits to apply.
Bright Futures, March 2014: Adolescents should no longer be routinely screened for cervical dysplasia until age 21.	Code Group 2 Procedure Code(s):88141, 88142, 88143, 88147, 88148,88150, 88152, 88153, 88155, 88164,88165, 88166, 88167, 88174, 88175	Code Group 2: Limited to age 21–65 years (ends on 66 th birthday).

Also see the Expanded Women's Preventive Health section.

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Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
Also see <u>Screening for Cervical</u> <u>Cancer</u> in the <i>Expanded Women's</i> <i>Preventive Health</i> section.	Code Group 2 Diagnosis Code(s): Z00.00, Z00.01, Z01.411, Z01.419, Z12.4	Requires one of the Code Group 2 diagnosis codes listed in this row.
 Statin Use for the Primary Prevention of Cardiovascular Disease in Adults - Cholesterol Screening (Lipid Disorders Screening) USPSTF Rating (August 2022): B The USPSTF recommends that clinicians prescribe a statin for the primary prevention of CVD for adults aged 40 to 75 years who have 1 or more CVD risk factors (i.e. dyslipidemia, diabetes, hypertension, or smoking) and an estimated 10-year risk of a cardiovascular event of 10% or greater. Notes: For statin medications benefits, refer to the pharmacy plan administrator. See Dyslipidemia Screening (Bright Futures) for recommendations for children. 	Procedure Code(s): Cholesterol Screening: 80061, 82465, 83718, 83719, 83721, 83722, 84478 Blood Draw: 36415, 36416 Diagnosis Code(s): Z00.00, Z00.01, Z13.220	 <i>Cholesterol Screening:</i> Ages 40-75 years (ends on 76th birthday). Requires one of the diagnosis codes listed in this row. <i>Blood Draw:</i> Ages 40-75 years (ends on 76th birthday): Requires one of the listed Cholesterol Screening procedure codes and one of the Diagnosis Codes listed in this row. Preventive Benefit Does Not Apply: For all ages above, if any of the following lipid disorders diagnosis codes are present in any position, the preventive benefit does not apply: E71.30, E75.5, E78.00, E78.01, E78.2, E78.3, E78.41, E78.49, E78.5, E78.79, E78.81, E78.89, E88.2, E88.89
Colorectal Cancer Screening USPSTF Rating (May 2021): B The USPSTF recommends screening for colorectal cancer in adults aged 45 to 49 years. USPSTF Rating (May 2021): A The USPSTF recommends screening for colorectal cancer in all adults aged 50 to 75 years. Also see the <u>Frequently Asked Questions</u> section.	Colonoscopy Procedure Code(s): Preventive Colonoscopy: G0105, G0121 Preventive Colonoscopy When Billed with Certain Codes (see Preventive Benefit Instructions to the right): 44388*, 44389*, 44392*, 44394*, 45378*, 45380*, 45381*, 45384*, 45385*, 45388*	 Colonoscopy Age Limits: 45-75 years (ends on 76th birthday). Codes G0105 and G0121 do not have diagnosis code requirements for preventive benefits to apply. Codes with an asterisk(*) are preventive when: Billed with one of the diagnosis codes listed in this row (Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79); or

Also see the Expanded Women's Preventive Health section.

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For preventive care medications, refer to the pharmacy plan administrator.

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Service			
A date in this column is when the listed rating was released, not when the			
benefit is effective.	Code(s)	Preventive Benefit Instructions	
	Diagnosis Code(s):	Billed in addition to G0104, G0105,	
	Applies to Procedure Codes with	G0106, G0120, G0121, G0122, G0328 or	
	asterisk(*) above:	S0285	
	Z00.00, Z00.01, Z12.10, Z12.11,		
	Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79		
	Note: Also see the <u>Colonoscopy Pre-Op</u>		
	Consultation row below.		
	Sigmoidoscopy	Sigmoidoscopy	
	Procedure Code(s):	Age Limits: 45-75 years (ends on 76 th	
	Preventive Sigmoidoscopy.	birthday).	
	G0104	Code G0104 does not have diagnosis	
	Preventive Sigmoidoscopy When Billed	code requirements for preventive benefits	
	with Certain Codes (see Preventive	to apply.	
	Benefit Instructions to the right):	Codes with an asterisk(*) are preventive	
	45330*, 45331*, 45333*, 45338*, 45346*	when:	
		• Billed with one of the diagnosis codes listed in this row (Z00.00, Z00.01,	
	Diagnosis Code(s):	Z12.10, Z12.11, Z12.12, Z80.0,	
	Applies to Procedure Codes with	Z83.710, Z83.711, Z83.718, Z83.719,	
	asterisk(*) above:	Z83.79); or	
	Z00.00, Z00.01, Z12.10, Z12.11,	• Billed in addition to codes G0104,	
	Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79	G0105, G0106, G0120, G0121, G0122, G0328 or S0285	
	Barium Enema	Barium Enema	
	Procedure Code(s):	Age Limits: 45-75 years (ends on 76 th	
	G0106, G0120, G0122	birthday).	
	Diagnosis Code(s):	Codes G0106, G0120, and G0122 do not	
	Does not have diagnosis code	have diagnosis code requirements for	
	requirements for preventive benefit to	preventive benefits to apply.	
	apply.		
	Pathology and Anesthesia (for	Pathology and Anesthesia (for	
	Colonoscopy or Sigmoidoscopy)	Colonoscopy or Sigmoidoscopy) Age Limits: 45-75 years (ends on 76 th	
	Procedure Code(s): Pathology:	birthday).	
	88304, 88305		
		Requires both of the following:	
	Anesthesia:	• One of the diagnosis codes listed in this row (Z00.00, Z00.01, Z12.10,	
	00812, 99152, 99153, 99156, 99157, G0500	Z12.11, Z12.12, Z80.0, Z83.710,	
	40000	Z83.711, Z83.718, Z83.719, Z83.79);	
		and	

Also see the Expanded Women's Preventive Health section.

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For preventive care medications, refer to the pharmacy plan administrator.

Service

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olumn is when the listed sed, not when the ve.	Code(s)	Preventive Benefit Instructions	
	Diagnosis Code(s): Applies to the Pathology and Anesthesia codes listed above: Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79	 One of the procedure codes listed in the Colonoscopy row, or the Sigmoidoscopy row. Note: Preventive benefits apply when the surgeon's claim is preventive. 	
	Fecal Occult Blood Testing (FOBT) and Fecal Immunochemical Test (FIT) Procedure Code(s): <i>Preventive</i> : G0328	Fecal Occult Blood Testing (FOBT) and Fecal Immunochemical Test (FIT) Age Limits: 45-75 years (ends on 76 th birthday).	
	<i>Preventive When Billed with Certain</i> <i>Codes (see Preventive Benefit</i> <i>Instructions to the right):</i> 82270*, 82274*	Code G0328 does not have diagnosis code requirements for preventive benefits to apply. Codes with an asterisk(*) are preventive when: Billed with one of the diagnosis codes	
	Diagnosis Code(s): Applies to Procedure Codes with asterisk(*) above: Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79	 Isted in this row (Z00.00, Z00.01, Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79); or Billed in addition to G0104, G0105, G0106, G0120, G0121, G0122, G0328 or S0285. 	
	Fecal DNA Procedure Code(s): 81528 Diagnosis Code(s): Code 81528 does not have diagnosis code requirements for preventive benefits to apply.	Fecal DNA Age Limits: 45-75 years (ends on 76 th birthday). Benefit is limited to once every 3 years. Code 81528 does not have diagnosis code requirements for preventive benefits to apply.	
	Pre-Op Consultation Procedure Code(s): Preventive: S0285 Preventive when billed with one of the diagnosis codes listed in this row: 99202*, 99203*, 99204*, 99205*, 99211*, 99212*, 99213*, 99214*,	 Pre-Op Consultation Age Limits: 45-75 years (ends on 76th birthday). Code S0285 does not have diagnosis code requirements for preventive benefits to apply. 	

Also see the Expanded Women's Preventive Health section.

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For preventive care medications, refer to the pharmacy plan administrator.

Service

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rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions	
	 99215*, 99242*, 99243*, 99244*, 99245*, 99417* Diagnosis Code(s): Applies to Procedure Codes with asterisk(*) above: Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79 Note: For additional information on the reimbursement of consultation codes 99242-99245, refer to the Reimbursement Policy titled Consultation Services (for Commercial Only). 	Codes with an asterisk(*) are preventive when billed with one of the diagnosis codes listed in this row (Z12.10, Z12.11, Z12.12, Z80.0, Z83.710, Z83.711, Z83.718, Z83.719, Z83.79).	
	Computed Tomographic Colonography (Virtual Colonoscopy) Procedure Code(s): 74263 Diagnosis Code(s): Does not have diagnosis code requirements for preventive benefit to apply.	Computed Tomographic Colonography (Virtual Colonoscopy) Age Limits: 45-75 years (ends on 76 th birthday). Does not have diagnosis code requirements for preventive benefit to apply. Prior authorization requirements may apply, depending on plan.	
Wellness Examinations (well-baby, well-child, well-adult)	Procedure Code(s): <i>Medicare Wellness Exams:</i> G0402, G0438, G0439	Does not have diagnosis code requirements for the preventive benefit to apply.	
 USPSTF Rating: None UnitedHealthcare supports AAP and AAFP age and frequency guidelines. HRSA Requirements: The Wellness Examinations codes in this row include the following HRSA requirements for women, where applicable: Breastfeeding support, counseling, and education 	<i>STIs Behavioral Counseling:</i> G0445 <i>Annual Gynecological Exams:</i> S0610, S0612, S0613 <i>Pelvic Examination (add-on code):</i> 99459 <i>Preventive Medicine Services</i> <i>(Evaluation and Management):</i> 99381, 99382, 99383, 99384, 99385, 99386, 99387	G0445 is limited to twice per year. G0296 is limited to age 50 to 80 years (ends on 81 st birthday). <i>Pelvic Examination add-on code 99459:</i> Preventive care services benefits may apply to 99459 when the related evaluation and management (office visit) code is applied to the preventive care services benefit. CPT code 99459 may not be payable in all circumstances due to other policies or guidelines.	

Preventive Care Services

UnitedHealthcare West Medical Management Guideline

Also see the Expanded Women's Preventive Health section.

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For preventive care medications, refer to the pharmacy plan administrator.

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Service		
A date in this column is when the listed		
rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
 Contraceptive methods and sterilizations (counseling and follow-up care) Screening and counseling for interpersonal domestic violence Screening for human immunodeficiency virus infection (HIV); education and risk assessment Counseling for sexually transmitted infections (STIs) Well-woman preventive visits Screening for urinary incontinence Obesity prevention in midlife women (counseling) 	 99391, 99392, 99393, 99394, 99395, 99396, 99397 Preventive Medicine, Individual Counseling: 99401, 99402, 99403, 99404 Preventive Medicine, Group Counseling: 99411, 99412 Newborn Care (evaluation and management): 99461 Counseling Visit (to discuss the need for Lung Cancer Screening (LDCT) using Low Dose CT Scan): G0296 Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply. Also see the Expanded Women's Preventive Health section. 	
Newborn Screenings	Procedure Code(s):	Newborn Screenings:
All newborns USPSTF Rating (March 2008): A Hypothyroidism Screening: Screening for congenital hypothyroidism in newborns. USPSTF Rating (March 2008): A	Hypothyroidism Screening: 84437, 84443 Phenylketonuria Screening: 84030, S3620 Sickle Cell Screening: 83020, 83021, 83030, 83033, 83051	Age 0-90 days. Does not have diagnosis code requirements for the preventive benefit to apply. <i>Blood Draw:</i> Age 0-90 days, requires one of the listed Hypothyroidism Screening,
 USPSTF Rating (March 2008): A Phenylketonuria Screening: Screening for phenylketonuria (PKU) in newborns. USPSTF Rating (Sept. 2007): A Sickle Cell Screening: Screening for sickle cell disease in newborns. Note: For Bright Futures hearing screening, see <u>Hearing Tests (Bright Futures)</u>.	83020, 83021, 83030, 83033, 83051, S3850 <i>Blood Draw:</i> 36415, 36416 Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply.	Phenylketonuria Screening, or Sickle Cell Screening procedure codes.

Preventive Care Services

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Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions	
Metabolic Screening Panel	Procedure Code(s):	Metabolic Screening Panel:	
(Newborns)	Metabolic Screening Panel: 82017, 82136, 82261, 82775, 83020, 83498, 83516, 84030, 84437, 84443, S3620 Blood Draw: 36415, 36416 Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply.	Age 0-90 days. Does not have diagnosis code requirements for the preventive benefit to apply. <i>Blood Draw:</i> Age 0-90 days. Requires one of the listed Metabolic Screening Panel procedure codes listed in this row.	
Osteoporosis Screening	Procedure Code(s):	Requires one of the diagnosis codes listed in this row.	
 USPSTF Rating (June 2018): B Women 65 and older: The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older. USPSTF Rating (June 2018): B Postmenopausal women younger than 65 years at increased risk of osteoporosis: The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool. 	76977, 77080, 77081, G0130 Diagnosis Code(s): Z00.00, Z00.01, Z13.820, Z82.62		
Screening and Behavioral Counseling Interventions in Primary Care to Reduce Unhealthy Alcohol Use in Adults	Procedure Code(s): Alcohol or Drug Use Screening: 99408, 99409 Annual Alcohol Screening: G0442	Does not have diagnosis code requirements for preventive benefits to apply.	
USPSTF Rating (Nov. 2018): B			

Also see the Expanded Women's Preventive Health section.

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Service A date in this column is when the listed		
rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
The USPSTF recommends screening for unhealthy alcohol use in primary care settings in adults 18 years or older, including pregnant women, and providing persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce unhealthy alcohol use.	Brief Counseling for Alcohol: G0443 Diagnosis Code(s): Does not have diagnosis code requirements for preventive benefit to apply.	
Bright Futures (April 2017): Bright Futures recommends alcohol or drug use assessments from age 11-21 years.		
Also see rows: <u>Unhealthy Drug Use</u> <u>Screening (Adults);</u> and <u>Tobacco,</u> <u>Alcohol, or Drug Use Assessment</u> (<u>Bright Futures)</u> .		
Unhealthy Drug Use Screening (Adults)	Procedure Code(s): Alcohol or Drug Use Screening:	Does not have diagnosis code requirements for preventive benefits to apply.
USPSTF Rating (June 2020): B	99408, 99409	
The USPSTF recommends	Diagnosis Code(s):	
screening by asking questions about unhealthy drug use in adults age 18	Does not have diagnosis code	
years or older. Screening should be	requirements for preventive benefit to apply.	
implemented when services for accurate diagnosis, effective		
treatment, and appropriate care can		
be offered or referred. (Screening refers to asking questions about		
unhealthy drug use, not testing		
biological specimens.)		
Bright Futures (April 2017): Bright Futures recommends alcohol		
or drug use assessments from age		
11-21 years.		
Also see rows: <u>Screening and</u> Behavioral Counseling Interventions		
in Primary Care to Reduce		
Unhealthy Alcohol Use in Adults;		
and Tobacco, Alcohol, or Drug Use		

Also see the Expanded Women's Preventive Health section.

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 Service A date in this column is when the listed rating was released, not when the benefit is effective. High Blood Pressure in Adults – Screening USPSTF Rating (April 2021):A The USPSTF recommends screening for hypertension in adults 18 years or older with office blood pressure measurement. The USPSTF recommends obtaining blood pressure measurements outside of the clinical setting for diagnostic confirmation before starting treatment. 	Code(s)Blood Pressure Measurement in a Clinical Setting N/AAmbulatory Blood Pressure Measurement (Outside of a Clinical Setting)Procedure Code(s): Ambulatory Blood Pressure Measurement: 93784, 93786, 93788 or 93790Diagnosis Code(s): Abnormal Blood-Pressure Reading	Preventive Benefit InstructionsBlood Pressure Measurement in a Clinical SettingThis service is included in a preventive care wellness examination.Ambulatory Blood Pressure Measurement (Outside of a Clinical Setting)Age 18 years and older. Requires the diagnosis code listed in this row.
Breast Cancer: Medication	Without Diagnosis of Hypertension: R03.0 Procedure Code(s):	Requires one of the diagnosis codes
Use to Reduce Risk USPSTF Rating (Sept. 2019): B The USPSTF recommends that clinicians offer to prescribe risk- reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors, to women who are at increased risk for breast cancer and at low risk for adverse medication effects.	Evaluation and Management (Office Visits): 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99385, 99386, 99387, 99395, 99396, 99397, 99417, G0463 Diagnosis Code(s): Z80.3, Z80.41, Z15.01, Z15.02	listed in this row in the primary position.
 Primary Care Interventions to Promote Breastfeeding USPSTF Rating (Oct. 2016): B The USPSTF recommends providing interventions during pregnancy and after birth to support breastfeeding. 	N/A Also see the <u>Expanded Women's</u> <u>Preventive Health</u> section	Included in primary care or OB/GYN office visits.
Depression in Adults (Screening) USPSTF Rating (June 2023): B The USPSTF recommends screening for depression in the adult population, including pregnant and	Procedure Code(s): 96127, 96161, G0136, G0444 Diagnosis Code(s): Required for 96127 Only:	Requires one of the diagnosis code listed in this row, for 96127. The diagnosis codes listed in this row are not required, for G0136, G0444, and 96161.

Also see the Expanded Women's Preventive Health section.

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Service A date in this column is when the listed rating was released, not when the		
benefit is effective.	Code(s)	Preventive Benefit Instructions
 postpartum persons, as well as older adults. Bright Futures (February 2017): Maternal Depression Screening: Routine screening for postpartum depression should be integrated into well-child visits at 1, 2, 4, and 6 months of age. 	<i>Encounter for Screening for Depression:</i> Z13.31, Z13.32	
Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Anxiety Disorders in</u> <u>Adults Screening</u> (USPSTF): <u>Depression in Children and</u> <u>Adolescents (Screening)</u> (USPSTF); <u>Perinatal Depression – Preventive</u> <u>Interventions (Counseling)</u> (USPSTF); and <u>Depression and Suicide Risk</u> <u>Screening</u> (Bright Futures).		
Depression in Children and Adolescents (Screening)	Procedure Code(s): 96127, 96161, G0136, G0444	Requires one of the diagnosis codes listed in this row, for 96127.
USPSTF Rating (October 2022): B The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12-18 years.	Diagnosis Code(s): Required for 96127 Only: Encounter for Screening for Depression: Z13.31, Z13.32	The diagnosis codes listed in this row are not required for G0136, G0444, and 96161.
 Bright Futures (February 2017): Maternal Depression Screening: Routine screening for postpartum depression should be integrated into well-child visits at 1, 2, 4, and 6 months of age. Note: The Bright Futures Periodicity Schedule recommends depression screening begin at age 12-21 years. 		
Also see the rows for <u>Anxiety</u> <u>Disorders in Adults Screening</u> (USPSTF); <u>Screening for Anxiety</u> (HRSA); <u>Screening for Depression in</u> <u>Adults</u> (USPSTF); <u>Perinatal</u> <u>Depression – Preventive</u> <u>Interventions (Counseling)</u> (USPSTF); and <u>Depression and</u>		

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Also see the Expanded Women's Preventive Health section.

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For preventive care medications, refer to the pharmacy plan administrator.

Service		
A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
Suicide Risk Screening (Bright		
Futures).		
Anxiety Disorders in Adults (Screening)	Procedure Code(s): 96127	Requires the diagnosis code listed in this row.
USPSTF Rating (June 20, 2023): B The USPSTF recommends screening for anxiety in adults, including pregnant and postpartum persons. This applies to adults age 64 or younger.	Diagnosis Code(s): Encounter for Screening Examination for Other Mental Health and Behavioral Disorders: Z13.39	
Also see the rows for <u>Screening for</u> <u>Anxiety (HRSA)</u> ; and <u>Screening for</u> <u>Anxiety in Children and Adolescents</u> (USPSTF).		
Screening for Anxiety in Children and Adolescents	Procedure Code(s): 96127	Requires the diagnosis code listed in this row.
USPSTF Rating (October 2022): B The USPSTF recommends screening for anxiety in children and adolescents aged 8 to 18 years. Also see the rows for <u>Anxiety</u> <u>Disorders in Adults Screening</u> (<u>USPSTF</u>); <u>Screening for Anxiety</u> (HRSA); <u>Screening for Depression in</u> <u>Adults</u> (USPSTF); <u>Perinatal</u> <u>Depression – Preventive</u> <u>Interventions (Counseling)</u> (USPSTF); and <u>Depression and</u> <u>Suicide Risk Screening</u> (Bright Futures).	Diagnosis Code(s): Encounter for Screening Examination for Other Mental Health and Behavioral Disorders: Z13.39	
Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling Interventions USPSTF Rating (Nov. 2020): B The USPSTF recommends offering or referring adults with cardiovascular disease risk factors	 Procedure Code(s): Medical Nutrition Therapy or Counseling: 97802, 97803, 97804, G0270, G0271, S9470 Preventive Medicine Individual Counseling: 99401, 99402, 99403, 99404 Behavioral Counseling or Therapy: 0403T, G0446, G0447, G0473, G9886 	Requires one of the diagnosis codes listed in this row for 0403T, 97802-97804, 99401-99404, G0270, G0271, G9886, and S9470. The diagnosis code listed in this row are not required for G0446, G0447, and G0473. G0446 is limited to once per year.

Preventive Care Services

UnitedHealthcare West Medical Management Guideline

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

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Service		
A date in this column is when the listed rating was released, not when the		
benefit is effective.	Code(s)	Preventive Benefit Instructions
to behavioral counseling interventions to promote a healthy diet and physical activity.	Diagnosis Code(s): Screening: Z13.220	
	<i>Nicotine Dependence, Tobacco Use, or Family History of IHD:</i> F17.210, F17.211, F17.213, F17.218, F17.219, Z72.0, Z87.891, Z82.49	
	<i>Overweight:</i> E66.3, Z68.25, Z68.26, Z68.27, Z68.28, Z68.29	
	<i>Body Mass Index 30.0 – 39.9:</i> Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39	
	<i>Body Mass Index 40.0 and Over:</i> Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	<i>Impaired Fasting Glucose:</i> R73.01	
	<i>Metabolic Syndrome; Insulin Resistance Syndrome Type A; Other Insulin Resistance:</i> E88.810, E88.811, E88.818, E88.819	
	<i>Hyperlipidemia / Dyslipidemia:</i> E78.00, E78.01, E78.1, E78.2, E78.3, E78.41, E78.49, E78.5	
	<i>Obesity:</i> E66.01, E66.09, E66.1, E66.8, E66.9, Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	<i>Essential Hypertension:</i> I10	
	<i>Resistant Hypertension:</i> I1A.0	
	<i>Secondary Hypertension:</i> I15.0, I15.1, I15.2, I15.8, I15.9, N26.2	

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service

A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
	Hypertension Complicating Pregnancy, Childbirth and the Puerperium: 010.011, 010.012, 010.013, 010.019, 010.02, 010.03, 010.111, 010.112, 010.113, 010.119, 010.12, 010.13, 010.211, 010.212, 010.213, 010.219, 010.22, 010.23, 010.311, 010.312, 010.313, 010.319, 010.32, 010.33, 010.411, 010.412, 010.413, 010.419, 010.42, 010.43, 010.911, 010.912, 010.913, 010.919, 010.92, 010.93, 011.1, 011.2, 011.3, 011.4, 011.5, 011.9, 013.1, 013.2, 013.3, 013.4, 013.5, 013.9, 016.1, 016.2, 016.3, 016.4, 016.5, 016.9	
	<i>Urgent/Emergency/Crisis Hypertension:</i> 116.0, 116.1, 116.9	
	<i>Diabetes:</i> <u>Diabetes Diagnosis Code List</u>	
	Atherosclerosis: Atherosclerosis Diagnosis Code List	
	Coronary Atherosclerosis: 125.10, 125.110, 125.111, 125.112, 125.118, 125.119, 125.700, 125.701, 125.702, 125.708, 125.709, 125.710, 125.711, 125.712, 125.718, 125.719, 125.720, 125.721, 125.722, 125.728, 125.729, 125.730, 125.731, 125.732, 125.738, 125.739, 125.750, 125.751, 125.752, 125.758, 125.759, 125.760, 125.761, 125.762, 125.768, 125.769, 125.790, 125.791, 125.792, 125.798, 125.799, 125.810, 125.811, 125.812	
Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions	Procedure Code(s): <i>Medical Nutrition Therapy:</i> 97802, 97803, 97804, G0270, G0271, S9470	Requires one of the diagnosis codes listed in this row for 0403T, 97802-97804, 99401-99404, G0270, G0271, G9886, and S9470.
USPSTF Rating (Sept. 2018): B The USPSTF recommends that clinicians offer or refer adults with a	<i>Preventive Medicine Individual Counseling:</i> 99401, 99402, 99403, 99404	G0446 is limited to once per year.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service		
A date in this column is when the listed		
rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
body mass index (BMI) of 30 or higher (calculated as weight in	<i>Behavioral Counseling or Therapy:</i> 0403T, G0446, G0447, G0473, G9886	The diagnosis codes listed in this row are not required for G0446, G0447, and
kilograms divided by height in meters squared) to intensive	Diagnosis Code(s):	G0473.
multicomponent behavioral interventions.	Body Mass Index 30.0-39.9: Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39	
	<i>Body Mass Index 40.0 and over:</i> Z68.41, Z68.42, Z68.43, Z68.44, Z68.45	
	<i>Obesity:</i> E66.01, E66.09, E66.1, E66.8, E66.9	
Screening for Obesity in	Procedure Code(s):	Requires one of the diagnosis codes
Children and Adolescents	Medical Nutrition Therapy:	listed in this row for 0403T, 97802-97804, 99401-99404, G0270, G0271, G9886, and
USPSTF Rating (June 2017): B	97802, 97803, 97804, G0270, G0271, S9470	S9470.
The USPSTF recommends that clinicians screen for obesity in	Preventive Medicine Individual	G0446 is limited to once per year.
children and adolescents 6 years	Counseling:	The diagnosis codes listed in this row are
and older and offer or refer them to comprehensive, intensive behavioral	99401, 99402, 99403, 99404	not required for G0446, G0447, and
interventions to promote	Behavioral Counseling or Therapy:	G0473.
improvements in weight status.	0403T, G0446, G0447, G0473, G9886	
	Also see the codes in the <u>Wellness</u> <u>Examinations</u> row above.	
	Diagnosis Code(s):	
	Obesity:	
	E66.01, E66.09, E66.1, E66.8, E66.9	
Healthy Weight and Weight	Procedure Code(s):	Requires one of the diagnosis codes listed in this row.
Gain During Pregnancy: Behavioral Counseling	<i>Medical Nutrition Therapy:</i> 97802, 97803, 97804, G0270, G0271,	
Interventions	S9470	
USPSTF Rating (May 2021): B	Preventive Medicine Individual	
The USPSTF recommends that	Counseling:	
clinicians offer pregnant persons effective behavioral counseling	99401, 99402, 99403, 99404	
interventions aimed at promoting	Behavioral Counseling or Therapy:	
healthy weight gain and preventing	G0447, G0473	
excess gestational weight gain in pregnancy.	Diagnosis Code(s):	
······································	Pregnancy Diagnosis Codes	

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
Behavioral Counseling to Prevent Sexually Transmitted Infections USPSTF Rating (Aug. 2020): B The USPSTF recommends behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).	Procedure Code(s):STIs Behavioral Counseling:G0445Preventive Medicine IndividualCounseling99401, 99402, 99403, 99404Diagnosis Code(s):Does not have diagnosis coderequirements for the preventive benefitto apply.	Does not have diagnosis code requirements for the preventive benefit to apply. G0445 is limited to twice per year.
Interventions for Tobacco Smoking Cessation in Adults, including Pregnant Persons USPSTF Rating (Jan. 2021): A Pregnant Persons (A): The USPSTF recommends that clinicians ask all pregnant persons about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for cessation to pregnant persons who use tobacco. Nonpregnant Adults (A):The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and US Food and Drug Administration (FDA)-approved pharmacotherapy for cessation to nonpregnant adults who use tobacco. Note: Refer to the plan's pharmacy benefit plan administrator for details on prescription medications available under the plan's preventive benefit. Also see rows: Unhealthy Drug Use Screening (Adults); and Tobacco, Alcohol, or Drug Use Assessment (Bright Futures).	Procedure Code(s): Behavioral Interventions: 99406, 99407 Preventive Medicine, Individual Counseling: 99401, 99402, 99403, 99404 Also see the codes in the Wellness Examinations row above. Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply.	Does not have diagnosis code requirements for the preventive benefit to apply.

Also see the Expanded Women's Preventive Health section.

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Service A date in this column is when the listed		
rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
 Primary Care Interventions To Prevent Tobacco Use In Children And Adolescents USPSTF Rating (April 2013): B The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents. Bright Futures (April 2017): Bright Futures recommends tobacco use assessments from age 11-21 years. Also see rows: Unhealthy Drug Use Screening (Adults); and Tobacco, Alcohol, or Drug Use Assessment (Bright Futures). 	 Procedure Code(s): Smoking and Tobacco Use Cessation Counseling Visit: 99406, 99407 Preventive Medicine, Individual Counseling: 99401, 99402, 99403, 99404 Also see the codes in the <u>Wellness</u> Examinations row above. Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply. 	Does not have diagnosis code requirements for the preventive benefit to apply.
Screening for Visual Impairment in Children USPSTF Rating (Sept. 2017): B The USPSTF recommends vision screening at least once in all children age 3 to 5 years to detect amblyopia or its risk factors. Bright Futures: Visual acuity screening is recommended for age 4 and 5 years as well as in cooperative 3 year olds. Instrument-based screening recommended for age 12 and 24 months, in addition to the well visits at 3-5 years of age.	Procedure Code(s): Visual Acuity Screening (e.g., Snellen chart): 99173 Instrument-Based Screening: 99174, 99177 Diagnosis Code(s): See the Preventive Benefit Instructions.	 Visual Acuity Screening (99173): Up to age 21 years (ends on 22nd birthday). Does not have diagnosis code requirements for preventive benefits to apply. Instrument-Based Screening (99174 and 99177): Age 1 to 5 (ends on 6th birthday): Does not have diagnosis code requirements for preventive benefits to apply. Age 6 to 21 years (ends on 22nd birthday): Refer to the Management Guideline titled <u>Omnibus Codes</u> for allowable diagnoses.
Behavioral Counseling to Prevent Skin Cancer USPSTF Rating (March 2018): B The USPSTF recommends counseling young adults, adolescents, children and parents of young children about minimizing	N/A	This service is included in a preventive care wellness examination or focused E&M visit.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

For preventive care medications, refer	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
exposure to ultraviolet (UV) radiation for persons ages 6 months to 24 years with fair skin types to reduce their risk of skin cancer.		
Prevention of Falls in	N/A	This service is included in a preventive
Community-Dwelling Older		care wellness examination or focused
Adults		E&M visit.
USPSTF Rating (April 2018): B The USPSTF recommends exercise interventions to prevent falls in community-dwelling adults 65 years or older who are at increased risk for falls.		
Screening for Intimate Partner Violence	N/A	This service is included in a preventive care wellness examination.
USPSTF Rating (Oct. 2018): B The USPSTF recommends that clinicians screen for intimate partner violence in women of reproductive age and provide or refer women who screen positive to ongoing support services.		
Also see <u>Screening and Counseling</u> for Interpersonal and Domestic <u>Violence</u> in the <i>Expanded Women's</i> <i>Preventive Health</i> section.		
Screening for Lung Cancer with Low-Dose Computed Tomography	Procedure Code(s): 71271 Diagnosis Code(s):	Requires one of the diagnosis codes listed in this row. Limitations:
USPSTF Rating (March 2021): B The USPSTF recommends annual screening for lung cancer with low- dose computed tomography (LDCT) in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or	F17.210, F17.211, F17.213, F17.218, F17.219, Z87.891 Codes for Reporting Purposes: G9275, G9276, G9458, G9459, G9460 Note: Codes G9275, G9276, G9458, G9459, and G9460 are for reporting purposes only, if applicable. These codes are not separately reimbursable.	 Limited to one per year, and All of the following criteria: Age 50 to 80 years (ends on 81st birthday), and At least 20 pack-years* of smoking history, and Either a current smoker or has quit within the past 15 years Note: Prior authorization requirements may apply, depending on plan.

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
the ability or willingness to have curative lung surgery.		*A pack-year is a way to measure the amount a person has smoked over a long period of time. It is calculated by multiplying the number of packs of cigarettes smoked per day by the number of years the person has smoked. For example, 1 pack year is equal to smoking 1 pack per day for 1 year, or 2 packs per day for half a year, and so on. Source: National Institutes of Health, National Cancer Institute Dictionary of Cancer Terms, pack year definition web page. https://www.cancer.gov/publications/dicti onaries/cancer-terms/def/pack-year
Fluoride Application in	Procedure Code(s):	Age 0-5years (ends on 6 th birthday).
 Primary Care USPSTF Rating (May 2014): B Children From Birth Through Age 5 Years. The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption. Bright Futures (July 2022): Bright Futures adopted the May 2014 recommendation of the USPSTF and further recommends, once teeth are present, apply fluoride varnish to all children every 3 to 6 months in the primary care or dental office, based on caries risk. 	Application of Topical Fluoride by Physician or Other Qualified Health Care Professional: 99188 Diagnosis Code(s): Does not have diagnosis code requirements for the preventive benefit to apply.	Does not have diagnosis code requirements for the preventive benefit to apply.
Latent Tuberculosis Infection in Adults: Screening USPSTF Rating (May 2023): B	Procedure Code(s): <i>Screening:</i> 86480, 86481, 86580	Screening: Ages 18 years and up. Requires one of the diagnosis codes
The USPSTF recommends screening for latent tuberculosis infection (LTBI) in populations at increased risk. This recommendation applies to asymptomatic adults 18 years or older at increased risk for tuberculosis (TB).	<i>Follow-Up Visit to Check Results:</i> 99211 <i>Blood Draw:</i> 36415, 36416	listed in this row for CPT code 86480, 86481, and 86580. <i>Follow-Up Visit to Check Results (99211):</i> CPT code 99211 requires diagnosis code R76.11 or R76.12.

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

For preventive care medications, relef	to the pharmacy plan administrator.	
Service A date in this column is when the listed		
rating was released, not when the		
benefit is effective.	Code(s)	Preventive Benefit Instructions
	Diagnosis Code(s):	Blood Draw:
	R76.11, R76.12, Z00.00, Z00.01, Z11.1,	Ages 18 years and up.
	Z11.7, Z20.1	Required to be billed with 86480 or 86481
	Note for age 18-21 years (ends on 22nd birthday): In addition to the codes in this row, the preventive benefit also applies to the diagnosis codes listed in the Bright Futures row: <u>Tuberculosis (TB) Testing</u> .	and one of the diagnosis codes listed in this row.
Preeclampsia Screening	Preeclampsia screening by blood pressure measurement is included in	See the following code groups in the Expanded Women's Preventive Health
USPSTF Rating (April 2017): B	the code for a prenatal care office visit.	section:
The USPSTF recommends screening for preeclampsia in	See the following code groups in the Expanded Women's Preventive Health	Prenatal Office Visits
pregnant women with blood	section:	 <u>Prenatal Care Visits</u> <u>Global Obstetrical Codes</u>
pressure measurements throughout	Prenatal Office Visits	
pregnancy.	Prenatal Care Visits Clabel Obstatised Cades	
Derivetel Derressien	Global Obstetrical Codes	Octo Oreans de
Perinatal Depression – Preventive Interventions	Code Group 1 Procedure Code(s): Preventive Medicine Individual	Code Group 1: Does not have diagnosis code
(Counseling)	Counseling:	requirements for the preventive benefit to
(counsening)	99401, 99402, 99403, 99404	apply.
USPSTF Rating (Feb. 2019): B	Preventive Medicine, Group	
The USPSTF recommends that clinicians provide or refer pregnant	Counseling:	
and postpartum persons who are at	99411, 99412	
increased risk of perinatal	Prenatal Care Visits:	
depression to counseling interventions.	59425, 59426	
Note : This policy addresses coding for interventions from a network medical provider only. For perinatal depression preventive interventions with a mental health provider, refer to the plan's mental health plan	<i>Preventive Medicine Services</i> <i>(Evaluation and Management):</i> 99381, 99382, 99383, 99384, 99385, 99386, 99387, 99391, 99392, 99393, 99394, 99395, 99396, 99397	
benefit administrator.	Code Group 2 Procedure Code(s):	Code Group 2:
Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Screening for</u> <u>Depression in Adults</u> (USPSTF); <u>Depression in Children and</u>	<i>Evaluation and Management (Office Visits):</i> 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, G0463	Requires one of the Code Group 2 diagnosis codes listed in this row.
Adolescents (Screening) (USPSTF);	Code Group 2 Diagnosis Code(s):	
and Depression Screening (Bright	A Pregnancy Diagnosis Code; or Z39.2	
Futures).	(encounter for routine postpartum	
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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service

A date in this column is when the listed rating was released, not when the benefit is effective.

Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis

USPSTF Rating (Aug. 2023): A

The USPSTF recommends that clinicians prescribe preexposure prophylaxis usingeffective antiretroviral therapy to persons who are at increased risk of HIV acquisition to decrease the risk of acquiring HIV.

Note: This benefit also includes:

- Kidney function testing ۲ (creatinine)
- Serologic testing for hepatitis B and C virus
- Testing for other STIs .
- Pregnancy testing when . appropriate
- Ongoing follow-up and monitoring including HIV testing every 3 months

Refer to the plan's pharmacy benefit plan administrator for details on prescription medications available under the plan's preventive benefit.

Code(s)

follow-up); or Z13.32 (encounter for screening for maternal depression)

Procedure Code(s):

Kidney Function Testing (Creatinine): 82565, 82575 Pregnancy Testing: 81025, 84702, 84703

Office Visits:

99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463 (also see codes in the Wellness Examinations section)

Antiretroviral Therapy Injection: 96372 (Administration) J0739 (Injection cabotegravir, 1mg) G0012 (Administration)

Counseling for PrEP to prevent HIV: G0011, G0013

Diagnosis Code(s):

Z11.3, Z11.4, Z20.2, Z20.6, Z29.81, Z72.51, Z72.52, Z72.53

Also see the sections for:

- Behavioral Counseling to Prevent . Sexually Transmitted Infections
- . Chlamydia Infection Screening
- Gonorrhea Screening •
- Hepatitis **B Virus Infection** . Screening
- Hepatitis C Virus Infection • Screening
- HIV (Human Immunodeficiency Virus) Screening for Adolescents and Adults
- Syphilis Screening

Bright Futures Anemia Screening in Children **Procedure Code(s):** Anemia Screening in Children: Ages prenatal to 21 (ends on 22nd (Bright Futures) Anemia Screening in Children: birthday). No frequency limit. 85014, 85018

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Preventive Benefit Instructions

Requires one of the diagnosis codes listed in this row in the primary position.

Note: Prior authorization requirements may apply, depending on plan. Refer to the Medical Benefit Drug Policy titled Long-Acting Injectable Antiretroviral Agents for HIV.

Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
	<i>Blood Draw:</i> 36415, 36416 Diagnosis Code(s): Z00.110, Z00.111, Z00.121, Z00.129, Z13.0	Requires one of the diagnosis codes listed in this row. <i>Blood Draw:</i> Ages prenatal to 21 (ends on 22 nd birthday). Required to be billed with 85014 or 85018 and one of the diagnosis codes listed in this row.
Hearing Tests Bright Futures (April 2017): Hearing Tests: Recommended at ages: Newborn; between 3-5 days to 2 months; 4 years; 5 years, 6 years; 8 years; 10 years; once between age 11-14 years; once between age 15- 17 years; once between age 18-21 years; also recommended for those that have a positive risk assessment. <i>Risk Assessment</i> : Recommended at ages: 4 mo, 6 mo, 9 mo, 12 mo, 15 mo, 18 mo, 24 mo, 30 mo, 3 years, 7 years, and 9 years.	 Procedure Code(s): Hearing Tests: 92551, 92552, 92553, 92558, 92587, 92588, 92650, 92651, V5008 Diagnosis Code(s): Examination of Hearing:Z01.10 Routine Child: Z00.121, Z00.129 General Exam (for 18-21years): Z00.00, Z00.01 Note: A risk assessment is included in the code for a wellness examination visit; see the codes in the <u>Wellness</u> <u>Examinations</u> row above. 	Ages 0-90 days: Does not have diagnosis code requirements for the preventive benefit to apply. Ages 91 days to 21 years (ends on 22 nd birthday). Requires one of the diagnosis codes listed in this row. Limit of once per year.
Screening for Visual Impairment in Children (Bright Futures)	See row above for <u>Screening for Visual</u> Impairment in Children.	See row above <u>Screening for Visual</u> Impairment in Children.
 Formal Developmental/ Autism Screening Bright Futures: A formal, standardized developmental screen is recommended during the 9 month visit. A formal, standardized developmental screen is recommended during the 18 month visit, including a formal autism screen. A formal, standardized autism screen is recommended during the 24 month visit. 	Procedure Code(s): 96110 Diagnosis Code(s): Z00.121, Z00.129, Z13.40, Z13.41, Z13.42, Z13.49	Ages prenatal to 2 years (ends on 3 rd birthday). No frequency limit. Requires one of the diagnosis codes listed in this row.

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

Service		
A date in this column is when the listed		
rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
A formal, standardized		Freventive Denent Instructions
developmental screen is		
recommended during the 30		
month visit.		
Lead Screening	Procedure Code(s):	Lead Screening:
Bright Futures:	Lead Screening:	Ages 6 months through age 6 years (ends
Screening Lab Work: Conduct risk	83655	on 7 th birthday). No frequency limit.
assessment or screening, as	Blood Draw:	Requires one of the diagnosis codes
appropriate, at the following	36415, 36416	listed in this row.
intervals: 12 mo and 24 mo.		Blood Draw:
Risk Assessment, and Screening if	Diagnosis Code(s):	Ages 6 months through age 6 years (ends on 7 th birthday).
<i>positive</i> : Recommended at 6 mo, 9	200.121,200.129, 277.011	
mo, 12 mo, 18 mo, 24 mo, 3 years, 4		Required to be billed with 83655 and one of the diagnosis codes in this row.
years, 5 years and 6 years.		
Tuberculosis (TB) Testing	Procedure Code(s):	Ages prenatal to 21 (ends on 22 nd
Bright Futures	Screening:	birthday). Note : For age 18 years and older, also
For age 18 years and older, also	86580	refer to the USPSTF recommendation
refer to the USPSTF	Follow-Up Visit to Check Results:	above for Latent Tuberculosis Infection:
recommendation above for Latent	99211	Screening, Adults
Tuberculosis Infection: Screening, Adults.	Diagnosis Code(s):	No frequency limit.
<u>Addits</u> .	R76.11, R76.12, Z20.1, Z00.121,	
	Z00.129, Z11.1, Z11.7	CPT code 86580 requires one of the diagnosis codes listed in this row.
	Note for age 18 years and older: In	diagnosis codes listed in this row.
	addition to these codes, the preventive	CPT code 99211 requires diagnosis code
	benefit also applies to all codes listed in	R76.11, R76.12, or Z11.1.
	the USPSTF recommendation above for	
	Latent Tuberculosis Infection: Screening, Adults.	
Dyslipidemia Screening	Procedure Code(s):	Duclinidamia Saraaning Lah Wark:
Joinplaenna Scieenniy	<i>Dyslipidemia Screening Lab Work:</i>	<i>Dyslipidemia Screening Lab Work:</i> Ages 24 months to 21 years (ends on 22 nd
Bright Futures (April 2014):	80061, 82465, 83718, 83719, 83721,	birthday). Requires one of the diagnosis
Risk Assessment. Recommended at	83722, 84478	codes listed in this row.
24 mo, 4 years, 6 years, 8 years, 12		Pland Draw:
years, 13 years, 14 years, 15 years, 16 years.	Blood Draw:	<i>Blood Draw:</i> Ages 24 months to 21 years (ends on 22 nd
	36415, 36416	birthday).
Screening Lab Work. Conduct if risk	Diagnosis Code(s):	
assessment is positive, or, at the following intervals: once between	Z00.121, Z00.129, Z13.220	Requires one of the listed Dyslipidemia Screening procedure codes listed in this
age 9-11 years; once between age	Note: A risk assessment is included in	row and one of the diagnosis codes listed
17-21 years	the code for a wellness examination	in this row.

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

	to the pharmacy plan administrator.	
Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
	visit; see the <u>Wellness Examinations</u> row above.	
Tobacco, Alcohol, or Drug Use Assessment Bright Futures (April 2017): Bright Futures recommends tobacco, alcohol, or drug use assessment from age 11-21 years.	 See codes in the rows above: Primary Care Interventions To Prevent Tobacco Use in Children and Adolescents Screening and Behavioral Counseling Interventions in Primary Care to Reduce Unhealthy Alcohol Use in Adults Unhealthy Drug Use Screening (Adults) 	 See the rows above: Primary Care Interventions To Prevent Tobacco Use in Children and Adolescents Screening and Behavioral Counseling Interventions in Primary Care to Reduce Unhealthy Alcohol Use in Adults Unhealthy Drug Use Screening (Adults)
Behavioral/Social/ Emotional ScreeningBright Futures (July 2022):Bright Futures recommends behavioral/social/emotional screening annually from newborn to 21 years.Also see the rows for Screening for Anxiety (HRSA); Screening for Depression in Adults (USPSTF); Perinatal Depression – Preventive Interventions (Counseling) (USPSTF); and Depression and Suicide Risk Screening (Bright Futures).	An assessment is included in the code for a wellness examination visit; see the codes in the <u>Wellness Examinations</u> row above.	See the <u>Wellness Examinations</u> row above.
 Depression and Suicide Risk Screening Bright Futures (July 2022): Bright Futures recommends screening adolescents age 12-21 years for depression and suicide risk, making every effort to preserve confidentiality of the adolescent. Bright Futures (February 2017): Maternal Depression Screening: Routine screening for postpartum depression should be integrated into well-child visits at 1, 2, 4, and 6 months of age. 	See the codes in the <u>Depression in</u> <u>Children and Adolescents (Screening)</u> row above.	See the <u>Depression in Children and</u> <u>Adolescents (Screening)</u> row above.

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Also see the Expanded Women's Preventive Health section.

Certain codes may not be payable in all circumstances due to other policies or guidelines.

For preventive care medications, refer to the pharmacy plan administrator.

A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
Also see the rows for <u>Screening for</u> <u>Anxiety</u> (HRSA); <u>Depression in</u> <u>Children and Adolescents</u> (<u>Screening</u>) (USPSTF); and <u>Perinatal</u> <u>Depression – Preventive</u> <u>Interventions (Counseling)</u> .	0006(3)	
Sexually Transmitted Infections (STI)	See the codes in the <u>Chlamydia</u> Infection Screening and <u>Gonorrhea</u> Screening rows above.	See the <u>Chlamydia Infection Screening</u> and <u>Gonorrhea Screening</u> rows above.
Bright Futures (April 2017): Bright Futures recommends the following: <i>STI Risk Assessment</i> : Conduct risk assessment at each of the recommended visits between 11 years – 21 years. <i>STI Lab Work</i> : Conduct if risk assessment is positive.		
HIV Screening Bright Futures (April 2023): HIV Risk Assessment: Conduct risk assessment at age 11 years, 12 years, 13 years, 14 years, 19 years, 20 years and 21 years. HIV Screening Lab Work: Conduct at least once between age 15-21 years. Also recommended anytime between ages 11-14 years, when a risk assessment is positive. And, after initial screening, youth at increased risk of HIV infection should be retested annually or more frequently if at high risk.	See the codes in the <u>HIV (Human</u> <u>Immunodeficiency Virus) Screening for</u> <u>Adolescents and Adults</u> row above.	See the <u>HIV (Human Immunodeficiency</u> <u>Virus) Screening for Adolescents and</u> <u>Adults</u> row above.
Sudden Cardiac Arrest (SCA) and Sudden Cardiac Death (SCD) – Risk Assessment and ECG Screening Bright Futures (July 2022): All children should be evaluated for conditions predisposing to SCA and SCD in the course of routine health care. A thorough and detailed	ECG Screening for those at Risk Procedure Code(s): 93000, 93005, 93010 Diagnosis Code(s): Required Screening Diagnosis Codes (requires at least one): Adult: Z00.00, Z00.01 Child: Z00.121, Z00.129	<i>ECG Screening for those at Risk:</i> Limited to ages 11 years to 21 years (ends on 22 nd birthday). Requires one of the Screening Diagnosis Codes listed in this row and one of the Additional Diagnosis Codes listed in this row.

Also see the Expanded Women's Preventive Health section.

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For preventive care medications, refer to the pharmacy plan administrator.

Service A date in this column is when the listed rating was released, not when the benefit is effective.	Code(s)	Preventive Benefit Instructions
history, family history, and physical examination are necessary to begin assessing SCA and SCD risk. The ECG should be the first test ordered when there is a concern for SCA risk. The ECG should be interpreted by a physician trained in recognizing electrical heart disease (i.e., a pediatric cardiologist or pediatric electrophysiologist).	And requires one of the following Additional Diagnosis Codes (requires at least one): 142.0, 142.1, 142.2, 145.81, 149.8, 149.9, R55, R06.00, R06.09, R53.83, R00.2, R01.0, R01.1, R03.0, Q87.40, Q87.410, Q87.418, Q87.42, Q87.43, Q87.85, Q93.52, Z82.41, Z84.81, Z82.49 Risk Assessment A risk assessment is included in the code for a wellness examination visit; see the codes in the <u>Wellness</u> <u>Examinations</u> row above.	
 Hepatitis B Virus Infection Screening Bright Futures (July 2022): Bright Futures recommends screening between the ages 0- 21years (perform risk assessment 	See the codes in the <u>Hepatitis B Virus</u> <u>Infection Screening</u> row above.	See the <u>Hepatitis B Virus Infection</u> <u>Screening</u> row above.

Expanded Women's Preventive Health

These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the <u>Preventive Care Services</u> section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

Service A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions
Well-Woman Preventive Visits	Procedure Code(s):	
HRSA Requirement (Dec. 2021): WPSI Recommends that women receive at least one preventive care visit per year beginning in adolescence and continuing across the lifespan to ensure the provision of all recommended preventive services, including preconception and many services necessary for prenatal and interconception care, are obtained. The primary purpose of these visits should be the delivery	Well-Woman Visits: See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section. <i>Prenatal Office Visits:</i> Evaluation and Management (Office Visits): 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463	 Well-Woman Visits: See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section. Prenatal Office Visits: Requires a <u>Pregnancy Diagnosis Code</u>.
	<i>Pelvic Examination (add-on code):</i> 99459	<i>Pelvic Examination add-on code 99459:</i> Preventive care services benefits may apply to 99459 when the related

Preventive Care Services

UnitedHealthcare West Medical Management Guideline

These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the <u>Preventive Care Services</u> section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

Service

A date in this column reflects when the		
listed rating was issued.	Code(s)	Preventive Benefit Instructions
and coordination of recommended preventive services as determined by age and risk factors. These services may be completed at a single or as part of a series of visits that take		evaluation and management (office visit) code is applied to the preventive care services benefit. CPT code 99459 may not be payable in all circumstances due to other policies or guidelines.
place over time to obtain all necessary services depending on a woman's age, health status, reproductive health needs,	<i>Physician Prenatal Education, Group Setting:</i> 99078	<i>Physician Prenatal Education, Group Setting: Requires a <u>Pregnancy Diagnosis Code</u>.</i>
pregnancy status, and risk factors. Well-women visits also include pre- pregnancy, prenatal, postpartum and interpregnancy visits.	<i>Prenatal Care (Antepartum) Visits:</i> 59425, 59426	<i>Prenatal Care (Antepartum) Visits:</i> Does not have diagnosis code requirements for the preventive benefit to apply.
Also see <u>Wellness Examinations</u> and <u>Preeclampsia Screening</u> in the <i>Preventive Care Services</i> section.	<i>Global Obstetrical Codes:</i> 59400, 59510, 59610, 59618	<i>Global Obstetrical Codes:</i> The routine, low-risk, prenatal visits portion of the code is covered as preventive. Does not have diagnosis code
	Postpartum Care Visits (outpatient):	requirements for the preventive benefit to apply. Postpartum Care Visits (outpatient):
	59430	Does not have diagnosis code requirements for the preventive benefit to apply.
	Diagnosis Code(s): Pregnancy Diagnosis Codes	See above services that require a pregnancy diagnosis code.
Screening for Diabetes in Pregnancy HRSA Requirement (Jan. 2023): Recommends screening pregnant women for gestational diabetes mellitus after 24 weeks of gestation (preferably between 24 and 28 weeks of gestation) to prevent adverse birth outcomes. WPSI recommends screening pregnant women with risk factors for type 2 diabetes or GDM before 24 weeks of gestation – ideally at the first prenatal visit.	Procedure Code(s): Diabetes Screening: 82947, 82948, 82950, 82951, 82952, 83036 Blood Draw: 36415, 36416 Diagnosis Code(s): Pregnancy Diagnosis Codes	 Diabetes Screening: Requires a Pregnancy Diagnosis Code (regardless of gestational week). Blood Draw: Requires one of the diabetes screening procedure codes listed in this row and one of the Pregnancy Diagnosis Codes. Note: If a diabetes diagnosis code is present in any position, the preventive benefit will not be applied. See the Diabetes Diagnosis Code List.
Also see the <u>Screening for Pre-</u> <u>Diabetes and Type 2 Diabetes</u> and		

Service		
A date in this column reflects when the		
listed rating was issued.	Code(s)	Preventive Benefit Instructions
Gestational Diabetes Screeningsections of the Preventive CareServices section, and the Screeningfor Diabetes After Pregnancysection.Screening for Diabetes AfterPregnancy	Procedure Code(s): Diabetes Screening:	<i>Diabetes Screening:</i> Requires one of the Required Screening
 HRSA Requirement (Jan. 2023): Recommends screening for type 2 diabetes in women with a history of gestational diabetes mellitus (GDM) who are not currently pregnant and who have not previously been diagnosed with type 2 diabetes. Initial testing should ideally occur within the first year postpartum and can be conducted as early as 4-6 weeks postpartum. Women who were not screened in the first year postpartum or those with a negative initial postpartum screening test result should be screened at least every 3 years for a minimum of 10 years after pregnancy. For those with a positive screening test result in the early postpartum period, testing should be repeated at least 6 months postpartum to confirm the diagnosis of diabetes regardless of the type of initial test (e.g., fasting plasma glucose, hemoglobin A1c, in the first 6 months postpartum. Also see <u>Gestational Diabetes</u> Screening and Screening for Pre-Diabetes and Type 2 in the <i>Preventive Care Services</i> section, and the <u>Screening for Diabetes in Pregnancy</u> section. 	82947, 82948, 82950, 82951, 82952, 83036 Blood Draw: 36415, 36416 Diagnosis Code(s): Required Screening Diagnosis Codes (requires at least one): Z00.00, Z00.01, Z13.1 And requires the following additional code: Additional Diagnosis Code Required: Z86.32 (personal history of gestational diabetes)	diagnosis codes listed in this row and Z86.32. No age limit. <i>Blood Draw:</i> Requires one of the Diabetes Screening procedure codes listed in this row and one of the Required Screening diagnosis codes listed in this row and Z86.32. Note: If a diabetes diagnosis code is present in any position, the preventive benefit will not be applied. See the Diabetes Diagnosis Code List.

Service

Service A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions
Screening for Urinary Incontinence The Women's Preventive Services Initiative recommends screening women for urinary incontinence annually.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.
Counseling for Sexually Transmitted Infections (STIs) HRSA Requirement (Dec. 2021): WPSI recommends directed behavioral counseling by a health care clinician or other appropriately trained individual for sexually active adolescent and adult women at an increased risk for STIs. WPSI recommends that clinicians review a woman's sexual history and risk factors to help identify those at an increased risk of STIs. Risk factors include, but are not limited to, age younger than 25, a recent history of an STI, a new sex partner, multiple partners, a partner with concurrent partners, a partner with an STI, and a lack of or inconsistent condom use. For adolescents and women not identified as high risk, counseling to reduce the risk of STIs should be considered, as determined by clinical judgment.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the Wellness Examinations row in the Preventive Care Services section above.
Screening for Human Immunodeficiency Virus Infection (HIV) HRSA Requirement (Dec. 2021): The Women's Preventive Services Initiative (WPSI) recommends all adolescent and adult women, ages 15 and older, receive a screening test for human immunodeficiency virus (HIV) at least once during their lifetime. Earlier or additional screening should be based on risk,	Education and Risk Assessment See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above Screening Tests See the <u>HIV (Human Immunodeficiency</u> <u>Virus) Screening for Adolescents and</u> <u>Adults</u> row in the <i>Preventive Care</i> <i>Services</i> section above	Education and Risk Assessment See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above. Screening Tests See the <u>HIV (Human Immunodeficiency</u> <u>Virus) Screening for Adolescents and</u> <u>Adults</u> row in the <i>Preventive Care Services</i> section above.

These are the requirements of the Health Resources and Services Administration (HRSA). For additional services covered for women, see the <u>Preventive Care Services</u> section above. Certain codes may not be payable in all circumstances due to other policies or guidelines.

Service A date in this column reflects when the listed rating was issued. Code(s) and rescreening annually or m often may be appropriate beg at age 13 for adolescent and a women with an increased risk infection. The WPSI recomme assessment and prevention education for HIV infection be at age 13 and continuing as determined by risk. A screenir for HIV is recommended for al pregnant women upon initiation prenatal care with rescreening pregnancy based on risk facto Rapid HIV testing is recomme for pregnant women who pres labor with an undocumented status. Contraceptive Methods (Including Sterilizations)

HRSA Requirement (Dec. 20 WPSI recommends that adole and adult women have access full range of contraceptives ar contraceptive care to prevent unintended pregnancies and improve birth outcomes. Contraceptive care includes screening, education, counse and provision of contraceptive (including in the postpartum p Contraceptive care also includ follow-up care (e.g., managem evaluation and changes, inclu the removal, continuation, and discontinuation of contracept WPSI recommends that the fu range of U.S. Food and Drug Administration (FDA)-approve -granted, or -cleared contrace effective family planning pract and sterilization procedures b available as part of contracep care. The full range of contract includes those currently listed

	00uc(3)	r reventive benefit instructions
more ginning adult k of HIV ends risk		
eginning		
ing test all ion of g during cors. ended esent in HIV		
	Code Group 1 Procedure Code(s):	Code Group 1:
)	Sterilizations:	Does not have diagnosis code
021): escent	Tubal Ligation, Oviduct Occlusion:58600, 58605, 58611, 58615, 58670, 58671, A4264	requirements for preventive benefits to apply.
ss to the Ind t	(See <u>Code Group 4</u> below for Tubal Ligation Follow-Up)	
	Contraceptive Methods:	
	Diaphragm or Cervical Cap: 57170, A4261, A4266	
eling, /es	IUD (copper): J7300	
period).	IUD (Skyla®): J7301 IUD (Liletta®): J7297	
ides ment.	IUD (Kyleena [®]): J7296	
uding d	(See <u>Code Group 2</u> below for additional IUD codes)	
tives).	Code Group 2 Procedure Code(s):	Code Group 2:
ull	Contraceptive Methods:	Requires one of the Code Group 2 diagnosis codes listed in this row.
əd,	Implantable Devices: J7306, J7307	
eptives, ctices,	11976 (capsule removal)	
oe otive	11981 (implant insertion) 11982 (implant removal) 11983 (removal with reinsertion)	
ceptives d in the	IUDs:	
	J7298 (Mirena [®])	

Preventive Benefit Instructions

Service		
A date in this column reflects when the		
		Preventive Benefit Instructions
listed rating was issued. FDA's Birth Control Guide: (1) sterilization surgery for women, (2) implantable rods, (3) copper intrauterine devices, (4) intrauterine devices with progestin (all durations and doses), (5) injectable contraceptives, (6) oral contraceptives (combined pill), (7) oral contraceptives (progestin only), (8) oral contraceptives (extended or continuous use), (9) the contraceptive patch, (10) vaginal contraceptive rings, (11) diaphragms, (12) contraceptive sponges, (13) cervical caps, (14) condoms, (15) spermicides, (16) emergency contraception	Code(s) S4989 58300, S4981 (insertion) 58301 (removal) (See Code Group 1 above for additional IUD codes) <i>Injections:</i> 96372 (administration) J1050 (injection) Code Group 2 Diagnosis Code(s): These are required for Code Group 2. <i>Contraceptive Management:</i> Z30.012, Z30.013, Z30.014, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.430, Z30.431, Z30.432, Z30.433, Z30.46, Z30.49, Z30.8, Z30.9	Preventive Benefit Instructions
(levonorgestrel), and (17) emergency	Code Group 3 Procedure Code(s):	Code Group 3:
 contraception (ulipristal acetate), and any additional contraceptives approved, granted, or cleared by the FDA. Notes: Coverage includes member reimbursement for the cost of FDA-approved, cleared, or granted mobile device applications for use as contraception consistent with the FDA-approved, cleared, or granted indication. For counseling and follow-up 	Anesthesia for Sterilization: 00851, 00940, 00942, 00950, 00952, 01960, 01961, 01965, 01966, 01967, 01968 Sterilization - Laparoscopy with Removal of Adnexal Structures: 58661 Code Group 3 Diagnosis Code(s): This code is required for all Code Group 3 Procedure Codes: Sterilization: Z30.2	Requires one of the Code Group 3 diagnosis code listed in this row.
care, see the <u>Wellness</u> <u>Examinations</u> row in the <i>Preventive Care Services</i> section above.	<i>Tubal Ligation Follow-Up Hysterosalpingogram</i> Code Group 4 Procedure Code(s) :	Code Group 4: Requires one of the Code Group 4 diagnosis code listed in this row.
 Certain employers may qualify for an exemption from covering contraceptive methods and sterilizations on account of religious objections. Refer to the plan's pharmacy benefit plan administrator for 	Catheterization and Introduction of Saline or Contrast Material: 58340 Hysterosalpingography: 74740	
details on pharmacy	<i>Contrast Material:</i> Q9967	

Service

Service A date in this column reflects when the		
listed rating was issued.	Code(s)	Preventive Benefit Instructions
contraceptives available under the plan's preventive benefit.	Code Group 4 Diagnosis Code(s): <i>Tubal Ligation Status:</i> Z98.51	
	Code Group 5 Procedure Code(s): <i>IUD Follow-Up Visit:</i> 99211, 99212 <i>Pelvic Examination (add-on code):</i> 99459 Code Group 5 Diagnosis Code(s): Z30.431	Code Group 5: Requires one of the Code Group 5 diagnosis code listed in this row. <i>Pelvic Examination add-on code 99459:</i> Preventive care services benefits may apply to 99459 when the related evaluation and management (office visit) code is applied to the preventive care services benefit. CPT code 99459 may not be payable in all circumstances due to other policies or guidelines.
	Code Group 6 Procedure Code(s): Impacted IUD removal 58562 Code Group 6 Diagnosis Code(s): Z30.432, Z30.433	Code Group 6: Requires one of the Code Group 6 diagnosis codes listed in this row.
	Code Group 7 Procedure Code(s): Related Visits: Related Evaluation and Management Office/Outpatient Visits for Contraception or Sterilization: 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, G0463 Pelvic Examination (add-on code): 99459 Also see coding in the Wellness Examinations row above. Related Pregnancy Tests: Pregnancy Tests When Related to Contraception or Sterilization: 81025, 84702, 84703 Code Group 7 Diagnosis Codes: Tubal Ligation Status: Z98.51 Sterilization: Z30.2 Contraceptive Management: Z30.012, Z30.013, Z30.014, Z30.017, Z30.018,	Code Group 7: Requires one of the Code Group 7 diagnosis codes listed in this row. <i>Pelvic Examination add-on code 99459:</i> Preventive care services benefits may apply to 99459 when the related evaluation and management (office visit) code is applied to the preventive care services benefit. CPT code 99459 may not be payable in all circumstances due to other policies or guidelines.

Service		
A date in this column reflects when the listed rating was issued.	Code(s)	Preventive Benefit Instructions
insteu rating was issueu.	Z30.019, Z30.09, Z30.40, Z30.42, Z30.430, Z30.431, Z30.432, Z30.433, Z30.46, Z30.49, Z30.8, Z30.9	
Breastfeeding Services and	Counseling and Education	Counseling and Education
Supplies HRSA Requirement (Dec. 2021): WPSI recommends comprehensive lactation support services including consultation; counseling; education by clinicians and peer support services; and breastfeeding equipment and supplies) during the antenatal, perinatal, and postpartum periods to optimize the successful initiation and maintenance of breastfeeding. Breastfeeding equipment and supplies include, but are not limited to, double electric breast pumps (including pump parts and maintenance) and breast milk storage supplies. Access to double electric pumps should be a priority to optimize breastfeeding and should not be predicated on prior failure of a manual pump. Breastfeeding equipment and supplies as clinically indicated to support dyads with breastfeeding difficulties and those who need additional services.	 Procedure Code(s): 98960, 98961, 98962, 99242*, 99243*, 99244*, 99245*, 99341, 99342, 99344, 99345, 99347, 99348, 99349, 99350, S9443 Also see the codes in the Wellness Examinations row in the Preventive Care Services section above. Diagnosis Code(s): B37.89, N61.1, N64.4, N64.51, N64.52, N64.53, N64.59, N64.89, O91.011, O91.012, O91.013, O91.019, O91.02, O91.03, O91.111, O91.112, O91.113, O91.213, O91.219, O91.22, O91.23, O92.011, O92.012, O92.013, O92.019, O92.02, O92.03, O92.111, O92.112, O92.113, O92.119, O92.12, O92.13, O92.20, O92.29, O92.3, O92.4, O92.5, O92.70, O92.79, Q83.1, Q83.2, Q83.3, Q83.8,Z39.1, Z39.2 * For additional information on the reimbursement of consultation codes 99242-99245, refer to the Reimbursement Policy titled Consultation Services. 	Requires one of the diagnosis codes listed in this row for 98960-98962, 99242- 99245, 99341-99345, and 99347-99350. Does not have diagnosis code requirements for preventive benefits to apply for S9443.
	Breastfeeding Equipment & Supplies Procedure Code(s): Personal Use Electric Breast Pump: E0603 Breast Pump Supplies: A4281, A4282, A4283, A4284, A4285, A4286, A4287 Diagnosis Code(s): Pregnancy Diagnosis Codes or Z39.1.	Breastfeeding Equipment & Supplies E0603 is limited to one purchase per birth. E0603 and A4281-A4287require at least one of the diagnosis codes listed in this row.

Service		
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listed rating was issued.	Code(s)	Preventive Benefit Instructions
Screening and Counseling for	See the Wellness Examinations row in	See the Wellness Examinations row in the
Interpersonal and Domestic	the Preventive Care Services section	Preventive Care Services section above.
Violence	above.	
HRSA Requirement (Dec. 2016):		
Recommends screening adolescents		
and women for interpersonal and domestic violence, at least annually,		
and, when needed, providing or		
referring for initial intervention		
services. Interpersonal and domestic		
violence includes physical violence,		
sexual violence, stalking and		
psychological aggression (including coercion), reproductive coercion,		
neglect, and the threat of violence,		
abuse, or both. Intervention services		
include, but are not limited to,		
counseling, education, harm		
reduction strategies, and referral to		
appropriate supportive services.		
Also see the Screening for Intimate		
Partner Violence row in the		
Preventive Care Services section		
above.		
Breast Cancer Screening for	See the Screening Mammography row	See the Screening Mammography row in
Average-Risk Women	in the <i>Preventive Care Services</i> section	the Preventive Care Services section
HRSA Requirement (Dec. 2016):	above.	above.
Recommends that average-risk		
women initiate mammography		
screening no earlier than age 40 and		
no later than age 50. Screening		
mammography should occur at least		
biennially and as frequently as		
annually. Screening should continue		
through at least age 74 and age alone should not be the basis to		
discontinue screening. These		
screening recommendations are for		
women at average risk of breast		
cancer. Women at increased risk		
should also undergo periodic		
mammography screening; however,		
recommendations for additional		

Service A date in this column reflects when the		
listed rating was issued. services are beyond the scope of this	Code(s)	Preventive Benefit Instructions
recommendation. Screening for Cervical Cancer HRSA Requirement (Dec. 2016): Recommends cervical cancer screening for average-risk women aged 21 to 65 years. For women aged 21 to 29 years recommends cervical cancer screening using cervical cytology (Pap test) every 3 years. Co- testing with cytology and human papillomavirus testing is not recommended for women younger than 30 years. Women aged 30 to 65 years should be screened with cytology and human papillomavirus testing every 5 years or cytology alone every 3 years. Women who are at average risk should not be	Human Papillomavirus DNA Testing (HPV) See the <u>Cervical Cancer Screening</u> row in the Preventive Care Services section above. Cervical Cytology (Pap Test) See the <u>Cervical Cancer Screening</u> row in the Preventive Care Services section above.	Human Papillomavirus DNA Testing (HPV)See the Cervical Cancer Screening row in the Preventive Care Services section above.Cervical Cytology (Pap Test)See the Cervical Cancer Screening row in the Preventive Care Services section above.See the Cervical Cancer Screening row in the Preventive Care Services section above.
screened more than once every 3 years. Screening for Anxiety	Procedure Code(s):	Requires the diagnosis code listed in this
 HRSA Requirement (Dec. 2019): The Women's Preventive Services Initiative recommends screening for anxiety in adolescent and adult women, including those who are pregnant or postpartum. Optimal screening intervals are unknown and clinical judgement should be used to determine screening frequency. Given the high prevalence of anxiety disorders, lack of recognition in clinical practices, and multiple problems associated with untreated anxiety, clinicians should consider screening women who have not been recently screened. Also see the rows for <u>Anxiety</u> <u>Disorder in Adults Screening</u> (USPSTF); <u>Screening for Anxiety in Children and Adolescents</u> (USPSTF); <u>Screening for Depression in Adults</u> (USPSTF); <u>Depression in Children</u> 	Procedure Code(s): 96127 Diagnosis Code(s): Encounter for Screening Examination for Other Mental Health and Behavioral Disorders: Z13.39	row.

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Service A date in this column reflects when the		
listed rating was issued.	Code(s)	Preventive Benefit Instructions
and Adolescents (Screening) (USPSTF); <u>Perinatal Depression –</u> <u>Preventive Interventions (Counseling)</u> (USPSTF); and <u>Depression and</u> <u>Suicide Risk Screening</u> (Bright Futures) in the <i>Preventive Care</i> <i>Services</i> section above.		
Obesity Prevention in Midlife Women (Counseling) HRSA Requirement (Dec. 2021): WPSI recommends counseling midlife women aged 40 to 60 years with normal or overweight body mass index (BMI) (18.5-29.9 km/m2) to maintain weight or limit weight gain to prevent obesity. Counseling may include individualized discussion of healthy eating and physical activity.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.	See the <u>Wellness Examinations</u> row in the <i>Preventive Care Services</i> section above.

Diagnosis Codes

Preventive Care Services: ICD-10 Diagnosis Codes

Preventive Vaccine Codes

Preventive Care Services: Vaccine Codes

Benefit Considerations

Certain plans are not required to include coverage for the services identified by the federal Patient Protection and Affordable Care Act (PPACA). Refer to the member-specific benefit plan document for coverage details.

Clinical Evidence

Refer to the Service column in the Applicable Codes section for the recommendation statements supporting this policy.

References

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Guideline History/Revision Information

Date	Summary of Changes
04/01/2024	Applicable Codes
	Preventive Care Services
	Hepatitis B Virus Infection Screening
	Added CPT codes 86704 and 86706
	HIV (Human Immunodeficiency Virus) Screening for Adolescents and Adults
	• Added CPT codes 87534, 87535, 87536, 87537, 87538, and 87539
	Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis
	Revised service description:
	 Removed Jun. 2019 USPSTF "A" rating
	 Added Aug. 2023 USPSTF "A" rating to indicate the USPSTF recommends that clinicians
	prescribe preexposure prophylaxis using effective antiretroviral therapy to persons who are at
	increased risk of HIV acquisition to decrease the risk of acquiring HIV
	Supporting Information
	 Archived previous policy version MMG108.VV

Instructions for Use

This Medical Management Guideline provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this guideline, please check the member specific benefit plan document and any applicable federal or state

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