

# National Diabetes Prevention Program Overview

## Achieving Health Goals through Actionable Solutions

Having the right support in your corner can make all the difference in achieving one's health goals. That's why UnitedHealthcare Community Plan of New York is part of a collaborative effort to help prevent type 2 diabetes for our members. The National Diabetes Prevention Program (NDPP) is an evidence-based, educational and support program, taught by trained lifestyle coaches designed to help prevent or delay the onset of type 2 diabetes.

On **Feb. 1, 2020**, the NDPP was included in the Medicaid Managed Care (MMC) benefit package. This applies to plans including, but not limited to, other MMC plans, HIV Special Needs Plans (HIV SNPs) and Health and Recovery Plans (HARPs).

### How it Works

Through this initiative, the benefit will cover 22 NDPP in-person group training sessions over the course of a calendar year, and is taught using a trained lifestyle coach.

### How This Affects You – Care Provider Incentive

We know how hard you work to provide quality services for your patients, who are UnitedHealthcare members. With this benefit program, you can submit claims to Medicaid and receive reimbursement — up to **\$551** — when your patients attend up to 22 group-based sessions over the course of 1 year of sessions. Medicaid NDPP service care providers will also be awarded a one-time, \$70 incentive payment for UnitedHealthcare Community Plan members who achieve at least a 5% weight loss from their baseline over the course of the program.

### NDPP Care Provider Eligibility Criteria

To be recognized as a NDPP care provider, you must complete the following:

- Receive recognition from the Centers for Disease Control and Prevention (CDC)
- Enroll with the New York State Medicaid program as an NDPP care provider.

### NDPP Member Eligibility Criteria

Members may be eligible for diabetes prevention services if they have a recommendation by a physician or other licensed practitioner and are:

- At least 18 years old
- Not currently pregnant
- Overweight
- Have not been previously diagnosed with type 1 or type 2 diabetes

Additionally, members must meet **one** of the following criteria:

- Received a blood test result in the prediabetes range within the past year
- Previously diagnosed with gestational diabetes
- Scores 5 or higher on the American Diabetes Association Prediabetes Risk Test

### Program Advantages

Patients will learn how to:

- ✓ Eat healthy, without giving up all the foods they love
- ✓ Add physical activity into their busy schedules
- ✓ Deal with stress
- ✓ Cope with challenges that can derail their hard work — like how to choose healthy food when eating out
- ✓ Get back on track if they stray from their plan
- ✓ Plus more

# Program Verification and Billing

## Member Medicaid Eligibility Verification Process

Care providers are responsible for verifying member eligibility and must establish that the member is actively enrolled in Medicaid, prior to rendering services for each date of service.

You can use the following methods to confirm if a member is actively enrolled with UnitedHealthcare Community Plan:

- Log in to New York State Medicaid site [eMedNY](#), to look up the member's information.
- Call UnitedHealthcare's Provider Services at **866-362-3368**, 8 a.m. – 6 p.m., Monday – Friday.



## Billing UnitedHealthcare Community Plan

Only Medicaid enrolled NDPP service care providers may bill for NDPP services rendered to Medicaid members. Services must be billed on a [Professional/837P claim form](#). NDPP enrolled care providers cannot bill for any non-NDPP services. A claim may not include both NDPP services and other Medicaid services on the same form. Claims must contain the following:

- The date of service for each group session
- The UnitedHealthcare member ID number (located on the member's UnitedHealthcare member ID card, and other demographic information needed to submit the NDPP claim to Medicaid)
- The billing provider national provider identifier (NPI), which is the NPI enrolled with New York State Medicaid as a NDPP service care provider
- The rendering provider NPI, which is the lifestyle coach that rendered the NDPP service to the Medicaid member
- Valid NDPP Healthcare Common Procedure Coding System (HCPCS) Codes for the services rendered:
  - 0403T: Should be billed for in-person NDPP group counseling sessions
  - G9880: This is a one-time per NDPP incentive payment awarded for members who have achieved at least 5% weight loss from their baseline during the 12-month program.
- The service location of where the NDPP services were actually rendered. The locator code and zip+4 submitted on the Medicaid claims are required to match the provider enrollment files.
- A valid diagnosis code (DX) code

## Contact

If you have questions on how to contract with UnitedHealthcare Community Plan as a NDPP care provider, please do the following:

For physician/nurse practitioner, clinic, or facility:

- In-network: contact your Network Representative directly.
- Out-of-network: please call UnitedHealthcare Community Plan at **888-362-3368**.

For community-based organizations:

- Please send an email to [nyhp\\_hcbspra@uhc.com](mailto:nyhp_hcbspra@uhc.com) and a Provider Advocate will contact you.

## Resources

For more information about this program:

- Visit the National Diabetes Prevention Program Customer Service Center at [nationaldppcsc.cdc.gov/](http://nationaldppcsc.cdc.gov/). Or, go to [emedny.org](http://emedny.org) > Provider Enrollment > NDPP.
- Visit [UHCprovider.com/NYcommunityplan](http://UHCprovider.com/NYcommunityplan).
- For more information regarding Medicaid enrollment, please visit [emedny.org/](http://emedny.org/).