

**An Important Message from
The Texas Health and Human Services Commission (HHSC)**

HHSC to Host Virtual Brain Injury Awareness Month Conference

Background:

The Texas Health and Human Services Commission is hosting a free virtual conference on March 30-31 to raise awareness about brain injuries and educate health care providers across the state on treatment options. The 2022 Texas Brain Injury Awareness Month Conference, “Resiliency and Recovery: Bouncing Forward,” highlights the achievements of people living with a brain injury and provides education about brain injuries, overcoming adversity, developing a resilient mindset, and improving outcomes.

“This conference celebrates personal experiences from inspirational speakers and professional achievements in the field of brain injury and allows people who attend to learn more about resiliency, recovery and bouncing forward,” said HHSC’s Brain Injury Programs Manager Christine Medeiros.

Every year, 144,000 Texans experience a brain injury. These types of injuries can result from falls and crashes, as well as brain conditions such as strokes or Parkinson’s disease. [Gov. Greg Abbott issued a proclamation](#) to recognize March 2022 as Brain Injury Awareness Month in Texas.

Key Details:

This year’s conference is being held from Wednesday, March 30, through Thursday, March 31. Speakers, including national experts and HHSC staff, will focus on resiliency, becoming an effective advocate, adapting to life with traumatic brain injury, employment after experiencing a brain injury, the importance of peer support, and innovative treatment options. Survivors and family members will also talk about their experiences and recovery.

WHAT: “Resiliency and Recovery: Bouncing Forward” Texas Brain Injury Awareness Month Conference to celebrate the achievements of people living with brain injuries and provide education on overcoming adversity, developing a resilient mindset, and improving outcomes.

WHEN: Day 1: Wednesday, March 30, 2022

- 9:00 a.m. to 4:00 p.m.

[View the schedule and register](#)

Day 2: Thursday, March 31, 2022

- 9:00 a.m. to 3:30 p.m.

[View the schedule and register](#)

WHERE: This will be a [virtual](#) conference.

Additional Information About Brain Injury Programs:

The Texas Health and Human Services Brain Injury Programs include [Comprehensive Rehabilitation Services](#) and the [Office of Acquired Brain Injury](#). These programs connect brain injury survivors to resources and person-centered services and supports, and they raise awareness about how to prevent brain injuries.

Additional Information About National Brain Injury Awareness Month:

The Centers for Disease Control and Prevention recognizes Brain Injury Awareness Month each March as an important opportunity to bring attention to the prevention of traumatic brain injury (TBI) and to promote strategies to improve the quality of life for people living with TBI and their families.

HHSC appreciates your time and participation.