

**Clinical Guidelines: Bipolar Disorder (Adults)**

**Description**

This guideline outlines the treatment recommendations and psychiatric management for patients 18 years of age and older with bipolar disorder. Clinical guidelines are not used within UnitedHealthcare to decide benefit coverage. Benefit coverage decisions are based upon language in the member specific benefit plan document.

<b>To Review Guideline</b>	
<b>Name of Guideline</b>	<b>Source/Location</b>
Practice Guideline for the Treatment of Patients with Bipolar Disorder, 2nd Edition (2002)	American Psychiatric Association: <a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf</a>
Guideline Watch (November 2005)	American Psychiatric Association: <a href="http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar-watch.pdf">http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar-watch.pdf</a>