Overview
Diabetic sensory neuropathy, or peripheral neuropathy, is the most common factor leading to amputation in people with diabetes. In diabetes, sensory neuropathy is an anatomically diffuse process primarily affecting autonomic and sensory fibers; however, distal motor findings may be present in advanced cases. Long nerves are affected first, with symptoms typically beginning insidiously in the toes and then advancing proximally. This leads to loss of protective sensation (LOPS), whereby a person is unable to feel minor trauma from chemical, mechanical, or thermal sources. When foot lesions are present, the reduction in autonomic nerve functions may also inhibit wound healing.

Guidelines
Diabetic sensory neuropathy with LOPS is a localized illness of the feet and falls within the regulation's exception to the general exclusionary rule (see 42 CFR §411.15(l)(1)(i)). Foot exams for people with diabetic sensory neuropathy with LOPS are reasonable and necessary to allow for early intervention in serious complications that typically afflict diabetics with the disease.

Medicare covers, as a physician service, an evaluation (examination and treatment) of the feet no more often than every six months for individuals with a documented diagnosis of LOPS and diabetic sensory neuropathy, as long as the beneficiary has not seen a foot care specialist for some other reason in the interim. LOPS shall be diagnosed through sensory testing with the 5.07 monofilament using established guidelines, such as those developed by the National Institute of Diabetes and Digestive and Kidney Diseases guidelines. Five sites should be tested on the plantar surface of each foot, according to the National Institute of Diabetes and Digestive and Kidney Diseases guidelines. The areas must be tested randomly since the loss of protective sensation may be patchy in distribution, and the patient may get clues if the test is done rhythmically. Heavily callused areas should be avoided. As suggested by the American Podiatric Medicine Association, an absence of sensation at two or more sites out of 5 tested on either foot when tested with the 5.07 Semmes-Weinstein monofilament must be present and documented to diagnose peripheral neuropathy with loss of protective sensation.

The examination includes:
- A patient history
- A physical examination that must consist of at least the following elements:
  - Visual inspection of forefoot and hindfoot (including toe web spaces)
  - Evaluation of vascular status and skin integrity
  - Evaluation of the need for special footwear
  - Evaluation of protective sensation
Evaluation of foot structure and biomechanics
• Patient education

Treatment includes, but is not limited to:
• Local care of superficial wounds
• Trimming and debridement of nails
• Debridement of corns and calluses

The diagnosis of diabetic sensory neuropathy with LOPS should be established and documented prior to coverage of foot care. Other causes of peripheral neuropathy should be considered and investigated by the primary care physician prior to initiating or referring for foot care for persons with LOPS.

APPLICABLE CODES

The following list(s) of codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this guideline does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>G0245</td>
<td>Initial physician evaluation and management of a diabetic patient with diabetic sensory neuropathy resulting in a loss of protective sensation (LOPS) which must include: (1) the diagnosis of LOPS, (2) a patient history, (3) a physical examination that consists of at least the following elements: (a) visual inspection of the forefoot, hindfoot, and toe web spaces, (b) evaluation of a protective sensation, (c) evaluation of foot structure and biomechanics, (d) evaluation of vascular status and skin integrity, and (e) evaluation and recommendation of footwear, and (4) patient education</td>
</tr>
<tr>
<td>G0246</td>
<td>Follow-up physician evaluation and management of a diabetic patient with diabetic sensory neuropathy resulting in a loss of protective sensation (LOPS) to include at least the following: (1) a patient history, (2) a physical examination that includes: (a) visual inspection of the forefoot, hindfoot, and toe web spaces, (b) evaluation of protective sensation, (c) evaluation of foot structure and biomechanics, (d) evaluation of vascular status and skin integrity, and (e) evaluation and recommendation of footwear, and (3) patient education</td>
</tr>
<tr>
<td>G0247</td>
<td>Routine foot care by a physician of a diabetic patient with diabetic sensory neuropathy resulting in a loss of protective sensation (LOPS) to include the local care of superficial wounds (i.e., superficial to muscle and fascia) and at least the following, if present: (1) local care of superficial wounds, (2) debridement of corns and calluses, and (3) trimming and debrideement of nails</td>
</tr>
</tbody>
</table>

Coding Clarification: This diagnosis code list pertains to diabetic sensory neuropathy with LOPS (HCPCS code G0245, G0246, and G0247). Diabetic sensory neuropathy with LOPS is a localized illness of the feet and falls within the regulation’s exception to the general exclusionary rule (see 42 CFR §411.15(l) (1) (i)). Foot exams for people with diabetic sensory neuropathy with LOPS are reasonable and necessary to allow for early intervention in serious complications that typically afflict diabetics with the disease. For additional information, please reference the NCD 70.2.1 Diabetic Neuropathy Policy Guideline.

<table>
<thead>
<tr>
<th>ICD-10 Diagnosis Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>E08.40</td>
<td>Diabetes mellitus due to underlying condition with diabetic neuropathy, unspecified</td>
</tr>
<tr>
<td>E08.42</td>
<td>Diabetes mellitus due to underlying condition with diabetic polyneuropathy</td>
</tr>
<tr>
<td>E09.40</td>
<td>Drug or chemical induced diabetes mellitus with neurological complications with diabetic neuropathy, unspecified</td>
</tr>
<tr>
<td>E09.42</td>
<td>Drug or chemical induced diabetes mellitus with neurological complications with diabetic polyneuropathy</td>
</tr>
<tr>
<td>E10.40</td>
<td>Type 1 diabetes mellitus with diabetic neuropathy, unspecified</td>
</tr>
<tr>
<td>E10.41</td>
<td>Type 1 diabetes mellitus with diabetic mononeuropathy</td>
</tr>
<tr>
<td>E10.42</td>
<td>Type 1 diabetes mellitus with diabetic polyneuropathy</td>
</tr>
</tbody>
</table>
ICD-10 Diagnosis Code | Description
--- | ---
E10.43 | Type 1 diabetes mellitus with diabetic autonomic (poly)neuropathy
E10.44 | Type 1 diabetes mellitus with diabetic amyotrophy
E10.49 | Type 1 diabetes mellitus with other diabetic neurological complication
E10.610 | Type 1 diabetes mellitus with diabetic neuropathic arthropathy
E11.40 | Type 2 diabetes mellitus with diabetic neuropathy, unspecified
E11.41 | Type 2 diabetes mellitus with diabetic mononeuropathy
E11.42 | Type 2 diabetes mellitus with diabetic polyneuropathy
E11.43 | Type 2 diabetes mellitus with diabetic autonomic (poly)neuropathy
E11.44 | Type 2 diabetes mellitus with diabetic amyotrophy
E11.49 | Type 2 diabetes mellitus with other diabetic neurological complication
E11.610 | Type 2 diabetes mellitus with diabetic neuropathic arthropathy
E13.40 | Other specified diabetes mellitus with diabetic neuropathy, unspecified
E13.41 | Other specified diabetes mellitus with diabetic mononeuropathy
E13.42 | Other specified diabetes mellitus with diabetic polyneuropathy
E13.43 | Other specified diabetes mellitus with diabetic autonomic (poly)neuropathy
E13.44 | Other specified diabetes mellitus with diabetic amyotrophy
E13.49 | Other specified diabetes mellitus with other diabetic neurological complication
E13.610 | Other specified diabetes mellitus with diabetic neuropathic arthropathy

PURPOSE

The Medicare Advantage Policy Guideline documents are generally used to support UnitedHealthcare Medicare Advantage claims processing activities and facilitate providers’ submission of accurate claims for the specified services. The document can be used as a guide to help determine applicable:

- Medicare coding or billing requirements, and/or
- Medical necessity coverage guidelines; including documentation requirements.

UnitedHealthcare follows Medicare guidelines such as LCDs, NCDs, and other Medicare manuals for the purposes of determining coverage. It is expected providers retain or have access to appropriate documentation when requested to support coverage. Please utilize the links in the References section below to view the Medicare source materials used to develop this resource document. This document is not a replacement for the Medicare source materials that outline Medicare coverage requirements. Where there is a conflict between this document and Medicare source materials, the Medicare source materials will apply.

REFERENCES

**CMS National Coverage Determination (NCD)**

NCD 70.2.1 Services Provided for the Diagnosis and Treatment of Diabetic Sensory Neuropathy with Loss of Protective Sensation (aka Diabetic Peripheral Neuropathy)

**CMS Benefit Policy Manual**

Chapter 15: § 290 Foot Care
Chapter 16, § 30 Foot Care

**CMS Claims Processing Manual**

Chapter 23; § 30 Services Paid Under the Medicare Physician’s Fee Schedule
Chapter 26; § 10.8 Requirements for Specialty Codes
Chapter 30, § 20.2.1 Categorical Denials
Chapter 32; § 80 Billing of the Diagnosis and Treatment of Peripheral Neuropathy with Loss of Protective Sensation in People with Diabetes

**CMS Transmittal**

Transmittal 1388, Change Request 8691, Dated 05/23/2014 (ICD-10 Conversion/Coding Infrastructure Revisions/ICD-9 Updates to National Coverage Determinations (NCDs)--Maintenance CR)

**MLN Matters**

Article SE1113, Foot Care Coverage Guidelines
GUIDELINE HISTORY/REVISION INFORMATION

Revisions to this summary document do not in any way modify the requirement that services be provided and documented in accordance with the Medicare guidelines in effect on the date of service in question.

<table>
<thead>
<tr>
<th>Date</th>
<th>Action/Description</th>
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<tbody>
<tr>
<td>11/13/2019</td>
<td>• Annual review, Local Coverage Determinations (LCDs) and Articles removed, see Podiatry policy guideline</td>
</tr>
</tbody>
</table>

TERMS AND CONDITIONS

The Medicare Advantage Policy Guidelines are applicable to UnitedHealthcare Medicare Advantage Plans offered by UnitedHealthcare and its affiliates.

These Policy Guidelines are provided for informational purposes, and do not constitute medical advice. Treating physicians and healthcare providers are solely responsible for determining what care to provide to their patients. Members should always consult their physician before making any decisions about medical care.

Benefit coverage for health services is determined by the member specific benefit plan document* and applicable laws that may require coverage for a specific service. The member specific benefit plan document identifies which services are covered, which are excluded, and which are subject to limitations. In the event of a conflict, the member specific benefit plan document supersedes the Medicare Advantage Policy Guidelines.

Medicare Advantage Policy Guidelines are developed as needed, are regularly reviewed and updated, and are subject to change. They represent a portion of the resources used to support UnitedHealthcare coverage decision making. UnitedHealthcare may modify these Policy Guidelines at any time by publishing a new version of the policy on this website. Medicare source materials used to develop these guidelines include, but are not limited to, CMS National Coverage Determinations (NCDs), Local Coverage Determinations (LCDs), Medicare Benefit Policy Manual, Medicare Claims Processing Manual, Medicare Program Integrity Manual, Medicare Managed Care Manual, etc. The information presented in the Medicare Advantage Policy Guidelines is believed to be accurate and current as of the date of publication, and is provided on an "AS IS" basis. Where there is a conflict between this document and Medicare source materials, the Medicare source materials will apply.

You are responsible for submission of accurate claims. Medicare Advantage Policy Guidelines are intended to ensure that coverage decisions are made accurately based on the code or codes that correctly describe the health care services provided. UnitedHealthcare Medicare Advantage Policy Guidelines use Current Procedural Terminology (CPT®), Centers for Medicare and Medicaid Services (CMS), or other coding guidelines. References to CPT® or other sources are for definitional purposes only and do not imply any right to reimbursement or guarantee claims payment.

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*For more information on a specific member’s benefit coverage, please call the customer service number on the back of the member ID card or refer to the Administrative Guide.