

Observation Services

Guideline Number: MMG181.A
 Effective Date: May 1, 2021

[Instructions for Use](#)

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| Related Policies |
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| None |

Coverage Rationale

Observation services are considered medically necessary for a member who requires the following in any location within a hospital:

- Short-term monitoring that is not expected to exceed 24 hours but would generally be no longer than 48 hours and
- Acute treatment and reassessment are required or
- Monitoring of an event (e.g., cardiac dysrhythmia) or response to therapy (e.g., from drug ingestion) that may require immediate intervention or
- Diagnostic evaluation to establish a treatment plan

Observation services are considered medically necessary when they meet the criteria above and include one of the following conditions (List is not all-inclusive):

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| <ul style="list-style-type: none"> • Abdominal pain • Allergic reaction (generalized) • Altered mental status (confusion) • Asthma • Back pain • Bronchiolitis • Bronchitis • Cellulitis • Chest pain • Croup • Dehydration • Diabetes mellitus | <ul style="list-style-type: none"> • Epistaxis • Febrile illness • Gastroenteritis • Hemoptysis • Migraine • Poisoning/Toxic ingestions • Renal colic, kidney stone • Seizures • Syncope • Transient ischemic attack (TIA) • Urinary tract infection • Vaginal bleeding (non-obstetrical) |
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Observation services are not medically necessary for the convenience of the hospital, physicians, patients, or patient's families, or while awaiting placement to another health care facility.

Note: This policy does not apply to obstetric conditions.

References

Baugh CW, Graff L IV. Observation medicine and clinical decision units (overview). Rosen's Emergency Medicine. 9th ed. Philadelphia, PA: Elsevier; 2018:

GINA Report, Global Strategy for Asthma Management and Prevention. 2020

InterQual® Criteria 2020 Release. Level of Care Adult and Level of Care Pediatric.

Medicare Benefit Policy Manual. Chapter 6 -20.5-Outpatient Observation Services. Rev. 10541, 12-31-20.

Southerland LT, Vargas AJ, Nagaraj L, et al. An emergency department observation unit is a feasible setting for multidisciplinary geriatric assessments in compliance with the Geriatric Emergency Department Guidelines. Academic Emergency Medicine 2018;25(1):76-82.

Sun BC, McCreath H, Liang LJ, et al. Randomized clinical trial of an emergency department observation syncope protocol versus routine inpatient admission. Ann Emerg Med. 2014 Aug;64(2):167-75.

Wheatley MA, Ross MA. Care of Neurologic Conditions in an Observation Unit. Emerg Med Clin North Am. 2017 Aug;35(3):603-623.

Guideline History/Revision Information

| Date | Summary of Changes |
|------------|--|
| 05/01/2021 | <ul style="list-style-type: none">New Medical Management Guideline |

Instructions for Use

This Medical Management Guideline provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the member specific benefit plan document must be referenced as the terms of the member specific benefit plan may differ from the standard plan. In the event of a conflict, the member specific benefit plan document governs. Before using this guideline, please check the member specific benefit plan document and any applicable federal or state mandates. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Management Guideline is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual® criteria, to assist us in administering health benefits. UnitedHealthcare West Medical Management Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.

Member benefit coverage and limitations may vary based on the member's benefit plan Health Plan coverage provided by or through UnitedHealthcare of California, UnitedHealthcare Benefits Plan of California, UnitedHealthcare of Oklahoma, Inc., UnitedHealthcare of Oregon, Inc., UnitedHealthcare Benefits of Texas, Inc., or UnitedHealthcare of Washington, Inc.