



UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2021 P 1280-3
Program	Prior Authorization/Notification
Medication	Inbrija <sup>®</sup> (levodopa inhalation powder)
P&T Approval Date	5/2019, 5/2020, 5/2021
Effective Date	8/1/2021; Oxford only: N/A

**1. Background:**

Inbrija<sup>®</sup> (levodopa inhalation powder) is an aromatic amino acid indicated for the intermittent treatment of OFF episodes in patients with Parkinson's disease treated with carbidopa/levodopa.

Inbrija should only be administered with the Inbrija inhaler.<sup>1</sup>

Coverage will be provided for members who meet the following criteria.

**2. Coverage Criteria:**

**A. Initial Authorization**

1. **Inbrija** will be approved based on **ALL** of the following criteria:

a. Diagnosis of Parkinson's disease

- AND -

b. Used as intermittent treatment for OFF episodes

- AND -

c. Patient is currently on and will continue to receive treatment with a carbidopa/levodopa-containing medication

**Authorization will be issued for 6 months.**

**B. Reauthorization**

1. **Inbrija** will be approved based on the following criteria:

a. Documentation of positive clinical response to **Inbrija** therapy

- AND -

b. Patient will continue to receive treatment with a carbidopa/levodopa-containing



medication

**Authorization will be issued for 12 months.**

**3. Additional Clinical Rules:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limits and/or Step Therapy may be in place.

**4. References:**

1. Inbrija [package insert]. Ardsley, NY: Acorda Therapeutics, Inc.; August 2020.

Program	Prior Authorization/Notification - Inbrija <sup>®</sup> (levodopa inhalation powder)
<b>Change Control</b>	
5/2019	New program
5/2020	Annual review. Updated reference.
5/2021	Annual review. Updated reference.