

# Choosing a Quality Skilled Nursing Facility

We believe in helping UnitedHealthcare Medicare Advantage members receive the resources they need to successfully recover from an acute hospital event and return home. To help you and our members make more informed choices, we've compiled a list of high-performing skilled nursing facilities that may demonstrate improved patient outcomes based on quality and cost efficiency criteria. Skilled nursing facilities offer services to aid in patient recovery, like rehabilitation therapy and care from nurses and specialty care providers.

## Quality Assessment

We've created designations based on quality and performance metrics sourced from the UnitedHealthcare Medicare Advantage population and traditional Medicare members from the Centers for Medicare & Medicaid Services (CMS) Nursing Home Compare database. Additional considerations included skilled nursing facilities in active value-based contracts or the presence of an on-site clinician, which resulted in a high-performing provider designation.

We hope this information helps you when assisting members during the discharge planning process. To help answer your questions about the high-performing skilled nursing facilities, we've attached a list of frequently asked questions at the end of this document. Thank you for helping our members live their healthiest lives.

## High-Performing Skilled Nursing Facilities in Northern California

County Of SNF	SNF Name	Contact Information	County Of SNF	SNF Name	Contact Information
Alameda	Park Central Care And Rehab Center	(510) 797-5300	Fresno	Pacific Gardens Nursing And Rehabilitation Center	(559) 251-8463
	St Pauls Towers	(510) 835-4700		Palm Village Retirement Comm.	(559) 638-6933
	Bancroft Convalescent Hospital	(510) 483-1680		Sierra View Homes	(559) 638-9226
	Baywood Court Health Center	(510) 733-2102		The Terraces At San Joaquin Gardens Village	(559) 430-8202
	Bellaken Skilled Nursing Center	(510) 536-1838		Willow Creek Healthcare Center	(559) 323-6200
	East Bay Post-acute	(510) 351-3700	Lake	Rocky Point Care Center	(707) 263-6101
	Elmwood Care Center	(510) 665-2800	Marin	Aldersly Skilled Nursing Facility	(415) 453-5686
	Excell Health Care Center	(510) 261-5200	Mendocino	Northbrook Healthcare Center	(707) 459-5592
	Fremont Healthcare Center	(510) 792-3743	Merced	Franciscan Convalescent Hospital	(209) 722-6231
	Jones Convalescent Hospital	(510) 483-6200	Merced	La Sierra Care Center	(209) 723-4224
	Marina Garden Nursing Center	(510) 523-2363	Monterey	Cypress Ridge Care Center	(831) 373-3716
	Masonic Home	(510) 471-3434	Monterey	Pacific Coast Post Acute	(831) 424-8072
	McClure Post Acute	(510) 836-3677	Monterey	Westland House	(831) 658-3737
	Mocho Park Care Center	(925) 447-2280	Nevada	Spring Hill Manor	(530) 273-7247
	Oakland Healthcare & Wellness Center	(510) 250-8000	Placer	Rock Creek Care Center	(530) 885-7051
	Oakland Heights Nursing And Rehab	(510) 534-3637	Placer	Siena Skilled Nursing And Rehabilitation Center	(530) 889-0707
	Piedmont Gardens Health Facility	(510) 654-7172	Sacramento	Acc Care Center	(916) 393-9020
	Pleasanton Nursing And Rehab Center	(925) 462-2400		Mountain Manor Senior Residence	(916) 488-7211
	San Leandro Healthcare Center	(510) 357-4015		Woodside Healthcare Center	(916) 927-1337
	St Christopher Convalescent Hospital	(510) 537-4844		Capital Transitional Care	(916) 391-6011
St John Kronstadt Convalescent Center	(510) 889-7000	Folsom Care Center		(916) 985-3641	
Valley Pointe Nursing & Rehab Center	(510) 538-8464	Manorcare Health Services (Citrus Heights)		(916) 967-2929	
Windsor Gardens Care Center Of Hayward	(510) 582-4636	Mckinley Park Care Center		(916) 452-3592	
Windsor Park Care Center Of Fremont	(510) 793-7222	Mid-town Oaks Post-acute		(916) 321-9440	
Windsor Post-acute Care Ctr Of Hayward	(510) 782-8424	Rosewood Post Acute Rehabilitation		(916) 483-8103	
Silver Oak Manor	(925) 447-2280	Sacramento Post-acute		(916) 331-4590	
Calaveras	Avalon Health Care - San Andreas	(209) 754-3823	University Post-acute Rehab	(916) 452-6631	
Contra Costa	Shields Nursing Center	(510) 525-3212	Windsor Elk Grove Care And Rehab Center	(916) 685-9525	
	Bayberry Skilled Nursing & Healthcare Center	(925) 825-1300	San Francisco	Lawton Skilled Nursing & Rehab Center	(415) 566-1200
	Danville Rehabilitation	(925) 837-4566		The Avenues Transitional Care Center	(415) 661-8787
	Diamond Ridge Healthcare Center	(925) 427-4444		Tunnell Skilled Nursing & Rehabilitation Center	(415) 673-8405
	Greenridge Senior Care	(510) 758-9600	Victorian Post Acute	(415) 922-5085	
	Legacy Nursing And Rehab Center	(925) 228-8383			
	Lone Tree Convalescent Hospital	(925) 754-0470			
	Manorcare Health Services - Rossmoor	(925) 975-5000			
	Manorcare Health Services - Tice Valley	(925) 906-0200			
	Pleasant Hill Post Acute	(925) 935-5222			
	San Pablo Healthcare & Wellness Center	(510) 235-3720			
	The Reutlinger Community	(925) 648-2800			
	Windsor Rosewood Care Center	(925) 935-6630			
El Dorado	The Pines At Placerville Healthcare Center	(530) 622-3400			



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San Joaquin	Creekside Center	(209) 478-6488
	Fairmont Rehabilitation Hospital	(209) 368-0693
	Lincoln Square Post Acute Care	(209) 466-5341
	Lodi Nursing & Rehabilitation	(209) 334-3825
	St Jude Care Center	(209) 823-1788
San Mateo	Vienna Nursing And Rehabilitation Center	(209) 368-7141
	St. Francis Convalescent Pavilion	(650) 994-3200
	Linda Mar Care Center	(650) 359-4800
	Pacifica Nursing And Rehab Center	(650) 993-5576
	Peninsula Post-acute	(650) 696-3560
Santa Clara	St. Francis Heights Convalescent Hospital	(650) 755-9515
	Cedar Crest Nursing And Rehabilitation Center	(408) 738-4880
	Courtyard Care Center - Santa Clara	(408) 249-0344
	Empress Care Center Llc	(408) 287-0616
	Grant Cuesta Sub-acute And Rehabilitation Center	(650) 968-2990
	Los Altos Sub-acute And Rehabilitation Center	(650) 941-5255
	Manorcare Health Services (Sunnyvale)	(408) 735-7200
	Mission Skilled Nursing & Subacute Center	(408) 248-3736
	Mountain View Healthcare Center	(650) 961-6161
	Pacific Hills Manor	(408) 779-7346
	Palo Alto Sub-acute And Rehabilitation Center	(650) 327-0511
	Plum Tree Care Center	(408) 356-8181
	San Jose Healthcare & Wellness Center	(408) 295-2665
	San Tomas Convalescent Hospital	(408) 248-7100
	Saratoga Retirement Community Health Center	(408) 741-7100
	Stonebrook Health And Rehabilitation	(408) 356-9151
	Sunny View Manor	(408) 253-4300
	The Terraces At Los Altos Health Facility	(650) 948-8291
	The Terraces Of Los Gatos	(408) 356-1006
Vista Manor Nursing Center	(408) 272-1400	
White Blossom Care Center	(408) 998-8447	
Woodlands Healthcare Center	(408) 356-8136	
Santa Cruz	Pacific Coast Manor	(831) 476-0770
Shasta	Copper Ridge Care Center	(530) 222-2273
Solano	Springs Road Healthcare	(707) 643-2793
	Fairfield Post-acute Rehab	(707) 425-0623
	Vacaville Convalescent & Rehab	(707) 449-8000
Sonoma	Spring Lake Village	(707) 538-8400
	Cloverdale Healthcare Center	(707) 894-5201
	Healdsburg Senior Living Community	(707) 433-4877
	Petaluma Post-acute Rehabilitation	(707) 765-3030
Stanislaus	Summerfield Health Care Center - Sonoma	(707) 539-1515
	Brandel Manor	(209) 410-7200
	Covenant Village Care Center - Stanislaus	(209) 664-5300
	English Oaks Convalescent & Rehabilitation Hospita	(209) 577-1001
Tehama	Garden City Healthcare Center	(209) 524-4817
	Red Bluff Health Care Center	(530) 527-6232
Tulare	Kaweah Delta Skilled Nursing Center	(559) 624-6037
Yolo	Stollwood Convalescent Hospital	(530) 662-9674
	Woodland Skilled Nursing Facility	(530) 662-9643

# Frequently Asked Questions

## What is the purpose of the high-performing skilled nursing facility evaluation?

We've identified high-performing skilled nursing facilities to help discharge planners and UnitedHealthcare Medicare Advantage plan members make more informed health care choices. Physicians may also use these high-performing care providers when referring members who are in need of skilled nursing services. These designations are reviewed on a semi-annual basis.

## What are the criteria used to evaluate skilled nursing facilities?

We created designations based on quality and performance metrics of UnitedHealthcare Medicare Advantage members and traditional Medicare members from the CMS Nursing Home Compare database.

The skilled nursing facility analysis uses a combination of average length of stay, acute readmission rate, presence of a value-based contract and on-site clinical presence, based on the UnitedHealthcare Medicare Advantage membership. In addition, we consider the following metrics from the CMS Nursing Home Compare database:

- Overall CMS star rating
- CMS health inspection rating
- Registered nurse staffing hours
- Overall CMS short term quality rating
- Percentage of re-hospitalizations after a skilled nursing facility admission

Based on analysis of UnitedHealthcare and CMS data, along with local market input, providers were identified as higher-performing and will be suggested for discharge planning recommendations.

## Can members select any skilled nursing facility that's part of the UnitedHealthcare network?\*

Yes. Regardless of whether a skilled nursing facility is identified as high-performing, members can choose from all participating skilled nursing facilities in the UnitedHealthcare network. Just because a skilled nursing facility isn't on this list doesn't mean that the facility can't provide quality health care services. Members can learn more by checking their benefits plan and asking their health care professionals.

## Who should I contact if I have questions about high-performing skilled nursing facilities?

If you have questions, please contact your Provider Advocate or call Provider Services at **877-842-3210**.

The information included in this document isn't an endorsement of a particular health care provider's suitability for the health care needs of any particular member and shouldn't be the sole factor in selecting a skilled nursing facility. UnitedHealthcare doesn't practice medicine or provide health care services. Healthcare professionals are solely responsible for medical judgments and treatments supplied. Selecting a skilled nursing facility from this list doesn't guarantee the quality of health care services members will receive from a skilled nursing facility and doesn't guarantee the outcome of any health care services members will receive.

Likewise, the fact that a skilled nursing facility isn't on this list doesn't mean that the skilled nursing facility doesn't provide quality health care services. \*Regardless of whether a skilled nursing facility is on this list, members have access to all skilled nursing facilities in the UnitedHealthcare network, as further described under the member's benefit plan.