UnitedHealthcare encourages our plan members to take charge of their health and wellness, which includes being screened regularly for colorectal cancer. We understand the process can take time or be intimidating — which is why we offer several screening options.

The following offers more information about which colorectal cancer screening services are available to UnitedHealthcare plan members and how to record completion of this Healthcare Effectiveness Data and Information Set (HEDIS®) measure. We appreciate the role you play every day in reinforcing the importance of these services with your patients.

**Colorectal screening options for UnitedHealthcare plan members**

We offer several testing options to help plan members complete your recommended care at the right time. The frequency for each method differs.

- **Colonoscopy (preferred method)** — One test for every 10-year measurement period if the member has an initial negative result
- **Fecal occult blood test (iFOBT)** — One test per measurement year
- **FIT-DNA test** — One test for every three-year measurement period
- **Flexible sigmoidoscopy** — One test for every five-year measurement period if the member has an initial negative result

The U.S. Preventive Services Task Force (USPSTF) added CT colonography for colorectal cancer screening in July 2016. However, Medicare hasn’t approved coverage for this colorectal cancer screening test, and UnitedHealthcare’s benefit coverage may vary by line of business and/or plan type. **If you administer or refer out for this test, please confirm a member’s eligibility and benefit coverage.**

- **Computed tomography (CT) colonography** — One test for every five-year measurement period (not covered for UnitedHealthcare Medicare Advantage plan members)

For more details about the colorectal cancer screening measure including codes to address this care opportunity, please refer to the PATH Reference Guide for Adult Health or ask your UnitedHealthcare representative.
Colorectal Cancer Screenings

HEDIS measure for colorectal screening
This measure is defined as the percentage of members ages 50 to 75 who have had an appropriate screening for colorectal cancer.

Submitting HEDIS measure data
We appreciate your help in making sure the data for this measure is submitted correctly. Completion rates are determined through:

- **Administrative data:** The member meets the requirements of the measure if claim/encounter data shows they’ve had one of the recommended screenings.

- **Medical record documentation:** Documentation in a member’s medical record must include a note with the date, specific colorectal cancer screening test performed and the result of the screening.
  - A result and screening date aren’t required if the documentation is clearly part of the medical history in the medical record. If this documentation isn’t clear, please include the result of the screening.
  - The result is important because it helps ensure the screening was performed and not merely ordered.

Contact us to learn more. For more information about how our programs can help support your patients who are UnitedHealthcare plan members, please contact your UnitedHealthcare representative. Thank you.