We recognize your efforts to encourage your patients who are UnitedHealthcare Medicare Advantage and Prescription Drug plan members\(^1\) to take a more active role in their health care. We’re always looking for opportunities to help so we can meet quality care standards and improve health outcomes — together. One of the ways we’ve had success with member engagement is through our Renew by UnitedHealthcare Health & Wellness Experience.\(^2\)

**What is Renew by UnitedHealthcare?**
Renew’s goal is to help inspire, educate and reward plan members for taking charge of their health, while reinforcing the care you provide. It’s offered at no additional cost to members in select UnitedHealthcare Medicare Advantage plans, and provides access to a wide range of online tools and resources including:

- Educational health and wellness articles and videos
- Interactive quizzes and brain games
- Healthy recipes
- A fitness program for body and mind\(^3\)
- Self-paced learning courses and lessons on topics such as eating healthy, finding happiness and managing chronic conditions like diabetes

Our materials can help plan members know the importance of getting their preventive screenings and tests, better understand their health conditions, and much more.

Plan members also receive *Renew* magazine with even more health and wellness information, and can earn rewards\(^4\) for completing certain health care activities.

**How can plan members access Renew?**
It’s easy — to get started, all they need to do is sign in to their health plan website listed on their member ID card. Once there, plan members can click on “Health & Wellness” at the top of the home page.

\(^1\) UnitedHealthcare Medicare Advantage members who meet certain criteria defined by UnitedHealthcare. For more information about a specific member’s eligibility, please call the Customer Service number on their member ID card.

\(^2\) Renew by UnitedHealthcare is not available in all plans.

\(^3\) Participation in the Renew Active™ by UnitedHealthcare program is voluntary. Members are advised to consult a doctor prior to beginning an exercise program or making changes to lifestyles or health care routines. Equipment and classes may vary by location. Services, including equipment, classes, personalized fitness plans provided by fitness centers, and brain activities provided by BrainHQ, are provided by third parties not affiliated with UnitedHealthcare. UnitedHealthcare does not endorse and is not responsible for the services or information provided by this program. Availability of the Renew Active program varies by plan/area. Renew Active is not a standard benefit available on all plans. Some plans require the purchase of an additional fitness rider.

\(^4\) Available in select UnitedHealthcare Medicare Advantage plans. For more information about the Renew Rewards program, please contact your UnitedHealthcare representative.
How does Renew help me?
When your patients understand the importance of taking charge of their health, it can make it easier for you to schedule them for necessary preventive care. Ultimately, this can help you meet or exceed Healthcare Effectiveness Data and Information Set (HEDIS®) and Consumer Assessment of Healthcare Providers and Systems (CAHPS®) quality of care performance measures.
For care providers participating in an incentive program, that may translate to a bonus for your practice.

How can I help?
We appreciate your support with reminding UnitedHealthcare Medicare Advantage and Prescription Drug plan members about the different ways to participate in Renew. Please direct them to the website on their member ID card.

Contact us to learn more. For more information about how our programs can help support your patients who are UnitedHealthcare Medicare Advantage plan members, please contact your UnitedHealthcare representative. Thank you.