



UnitedHealthcare Pharmacy  
Clinical Pharmacy Programs

Program Number	2021 P 3139-2
Program	Step Therapy
Medication	ketoprofen and ketoprofen extended-release
P&T Approval Date	5/2020, 6/2021
Effective Date	9/1/2021; Oxford only: 9/1/2021

**1. Background:**

Ketoprofen is a non-steroidal anti-inflammatory (NSAID) for the management of the signs and symptoms of rheumatoid arthritis and osteoarthritis, for the management of pain, and for treatment of primary dysmenorrhea. Ketoprofen extended-release is indicated for the management of the signs and symptoms of rheumatoid arthritis and osteoarthritis. Extended-release ketoprofen is not indicated for acute pain.

Step Therapy programs are utilized to encourage the use of lower cost alternatives for certain therapeutic classes.

**2. Coverage Criteria<sup>a</sup>:**

**A. Ketoprofen and ketoprofen extended-release** will be approved based on the following criterion:

1. History of failure, contraindication, or intolerance to **three** of the following oral products:
  - a) diclofenac
  - b) flurbiprofen
  - c) ibuprofen (prescription strength)
  - d) naproxen (prescription strength)

**Authorization will be issued for 12 months.**

<sup>a</sup> State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.

**3. Additional Clinical Programs:**

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.



- Supply limits may also be in place.

**4. References:**

1. Ketoprofen [package insert]. East Brunswick, NJ: Avet Pharmaceuticals Inc.; March 2021.
2. Ketoprofen extended-release [package insert]. Morgantown, WV: Mylan Pharmaceuticals Inc.; March 2021.

Program	Step Therapy – ketoprofen and ketoprofen extended-release
<b>Change Control</b>	
5/2020	New program.
6/2021	No updates to criteria. Updated references.